



**MANIPAL COLLEGE OF NURSING**  
**MANIPAL**  
*(A constituent unit of MAHE, Manipal)*

# e-Newsletter

(A half-yearly e-newsletter of Manipal College of Nursing, MAHE, Manipal)

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Established: 1990  
 Students: 488  
 Faculty: 52  
 No. of courses: 10  
 Alumni: 2955  
 Publications\*: 243  
 Ongoing funded projects: 14  
\* scopus indexed, till May 2021

Established in 1990, MCON provides Nursing education on par with International standards. It offers undergraduate, postgraduate and doctoral level programs in Nursing. With its strong focus in research, MCON is the only nursing college in the country with 52 percent of its faculty possessing doctoral level qualification.

### EDUCATION WORLD INDIA - HIGHER EDUCATION RANKING 2021-2022



## Ranked #4

among India's top 10 undergraduate Courses & Institutes for BSc Nursing

Rank		Competence of faculty (200)	Faculty welfare & development (100)	Curriculum and pedagogy (digital readiness) (100)	Placement (100)	Infrastructure and facilities (100)	Leadership / governance quality (100)	TOTAL SCORE (700)
1	All India Institute of Medical Sciences (AIIMS), Delhi	186	88	85	86	84	90	619
2	Christian Medical College, Vellore	182	86	83	84	82	88	605
3	College of Nursing, Jawaharlal Institute of Postgraduate Medical Education & Research (JIPMER), Puducherry	178	83	81	84	83	86	595
4	<b>Manipal College of Nursing</b>	<b>179</b>	<b>83</b>	<b>82</b>	<b>83</b>	<b>81</b>	<b>84</b>	<b>592</b>
5	Armed Forces Medical College, Pune	177	81	81	82	80	82	583
		175	78	80	80	82	83	578
		173	80	79	79	80	80	571

[www.manipal.edu/mcon](http://www.manipal.edu/mcon)

## ACADEMICS

### Valedictory Program of Certificate Course on Oncology Nursing

The valedictory program of the Certificate Course on Oncology Nursing offered by the Medical-Surgical Nursing Department of Manipal College of Nursing (MCON), MAHE, Manipal, to staff nurses of Kasturba Hospital, Manipal from 1<sup>st</sup> September 2021 to 30<sup>th</sup> November 2021 was held on 27<sup>th</sup> December 2021 at the conference hall of Shirdi Saibaba Block, K H, Manipal.



Services, K H Manipal was the Guest of Honor.



Dr Avinash Shetty, Medical Superintendent of Kasturba Hospital was the Chief Guest for the program, and Dr. Suba Sooria, Head of Nursing

### SCHOOL HEALTH AWARENESS PROGRAM

The school health awareness program was conducted by the faculty members of the Department of Community Health Nursing and students of second year PBBSc Nursing, Manipal College of Nursing, MAHE, Manipal on January 11, 2022 from 11 am to 12.30 pm at Sri Ganapathi Aided Lower Primary School, Patla, Udupi.

The program began with an invocation by Ms. Veneesa and team, followed by a welcome address by Ms. Pratheeksha. Mr. Vishwanath Nayak, Trustee, Sri Ganapathi Aided Lower Primary School, Patla delivered a speech on the importance of personal hygiene. Mr. Dinesh Nayak, Management Trustee of the School, addressed the gathering on the importance of health. Dr. Narasimha Nayak, Administrative Medical Officer, PHC Hirebettu, emphasized the prevention of COVID-19.

Nursing students performed a role play on measures to prevent COVID-19 and the importance of personal hygiene. An action dance on hand hygiene was performed, various games were conducted for students, and prizes were distributed to the winners. Physical assessment and screening tests for symptoms of COVID-19 if any were conducted for all students and the suspected ones were referred to the PHC. Fifty students and 6 teachers attended the program.





**AWARENESS PROGRAM ON GENERAL SAFETY MEASURES**

Second year BSc Nursing students along with the faculty members from the Department of Community Health Nursing, MCON, MAHE, Manipal organized an awareness program on general safety measures on 20th January 2022 at Patla, Hirebettu Village, Udupi Taluk.

The program began with a prayer song by Ms. Anagha, Jaya and Riya. Ms. Priyanka SL, second year BSc Nursing student addressed the gathering on the importance of practicing safety measures in day-to-day life which was followed by a welcome speech by Mr. Clive Elton Martis, a second year BSc Nursing student. A role play on different types of accidents and how one should be prepared to handle the emergencies was performed. The handling and management of emergencies were iterated through charts and posters. The program concluded with a vote of thanks by Ms. Glanceetha, second year BSc Nursing student.



**National Girl Child Day - 2022**

Department of Community Health Nursing along with students of fourth year BSc Nursing organized National Girl Child Day in different settings such as CHC Brahmavara, and schools in Athrady, Hirebettu, and Marne.

The schoolteachers extended their support, enjoyed the competition, and requested to have more programs of this type.



**Radio Awareness Program on World Leprosy Day - 2022**

World Leprosy Day (WLD) was celebrated on 30th January 2022. This International Day was an opportunity to remember those people who have experienced leprosy, raise awareness of the disease, and call for an end to leprosy-related stigma and discrimination.

The day was observed by the faculty members of the Department of Community Health Nursing and students of second year PBB-Sc Nursing, Manipal College of Nursing, MAHE, Manipal by conducting a radio awareness program for the public. The program was broadcasted by Community radio, Manipal at FM 90.4 on January 30, 2022, from 4.00 pm onwards and re-telecasted on January 31st, 2022, at 12 noon.



### Lamp Lighting Ceremony 2021-2022

The lamp lighting ceremony for the 32nd batch of BSc Nursing students of Manipal College of Nursing, MAHE, Manipal was held on 31st January 2022 at the Dr. TMA PAI Lecture Hall, KMC, Manipal.

The lamp Lighting Ceremony an auspicious occasion in every nurse's life is held as a tribute to Florence Nightingale. The budding nurses, adorned in their uniforms for the first time, formally mark their entry into the nursing profession. It is an important event where the lamp symbolizes the light that a nurse becomes to her patients as a symbol of hope and comfort to those who are suffering. Students light this lamp as a commitment and recite the nursing pledge of the service. Ninety seven first-year BSc Nursing students received the light from the chief guest, Dr. Suja Karkada, Principal, CSI Lombard Memorial College of Nursing, Udupi, Dr. P Suba Sooria, Head of Nursing Services, Kasturba Hospital Manipal, Dr. Judith A. Noronha, Dean, Manipal College of Nursing, Manipal and Dr. Tessy Treesa Jose, Associate Dean, Manipal College of Nursing, Manipal. This was followed by the oath-taking ceremony of the novice nurses.



### World Cancer Day 2022-2024 Theme "Close the Care Gap"

World Cancer Day is celebrated every year on the 4th of February to create awareness on cancer and its prevention. The Department of Community Health Nursing and students of 4th year BSc Nursing, Manipal College of Nursing, MAHE, Manipal conducted a radio awareness program on cancer and its prevention on 4th February 2022. The program was broadcasted by Community radio, Manipal at 90.4 MHz on February 4th, 2022, from 4.00 pm onwards, and re-telecasted on February 5th, 2022.

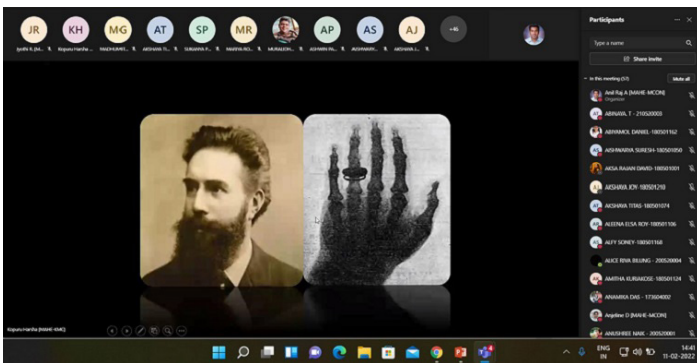
The department also organized a cancer awareness program on 5th February 2022 at Community Health Center, Brahmavara. The program was inaugurated by Dr. Ajith, Medical Officer CHC Brahmavara, who deliberated on cancer and its causes to the participants, followed by a talk by Dr. Pradeep Poojary, Dental Surgeon, CHC Brahmavar addressed on oral cancer and its prevention. After the inaugural session, posters were displayed at OPD of the CHC on causes of cancer, signs and symptoms, diagnostic measures, and prevention of cancer. A total of 60 people participated in the event. The fourth year BSc Nursing students presented posters. Educational pamphlets and masks also were distributed to the participants.





**Guest Lecture on “Interpretation of Radiological Images”**

Department of Medical-Surgical Nursing, Manipal College of Nursing, Manipal organized a Guest Lecture on “Interpretation of Radiological Images” on February 11, 2022, between 2.30 pm and 4.30 pm to students of BSc Nursing, Nurse Practitioner in Critical Care (NPCC) Residential Program and MSc Nursing n microsoft teams. Dr. Kopuru Harsha, Senior Resident, Dept. of Radiology, KMC Manipal spoke on the topic. A total of 65 participants including BSc, MSc, and NPCC students and faculty members of MCON participated in the session.



**Virtual Seminar on “Pediatric Hemato Oncology Disorders: Better Survival through Your Hands”**

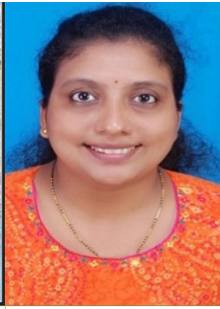
A virtual seminar on “Pediatric Hemato Oncology Disorders: Better Survival Through Your Hands” was organized as part of International Childhood Cancer Day 2022, by second year MSc Nursing students and faculty members of Department of Child Health Nursing, Manipal College of Nursing, MAHE, Manipal on 15th February 2022 between 9:00 am & 1:00 pm through MS teams’ platform. The main aim of this seminar was to enhance the knowledge and skills of nurses on pediatric hemato-oncology disorders. Dr. Baby S Nayak, Professor, and Head of the Department of Child Health Nursing, MCON, Manipal welcomed the chief guest and the participants for the seminar. The chief guest for the inaugural program was Dr. Vasudeva Bhat, Associate Professor and In-charge Head, Division of Pediatric Hematology and Oncology, Deputy Coordinator, Manipal Comprehensive Cancer Care Centre, Kasturba Medical College, Manipal. He emphasized the role of nurses in providing comprehensive care for children with hemato-oncological disorders. Dean, Dr. Judith A Noronha iterated that collaborative care is important for the care of children with cancer.

Four sessions were organized followed by the inaugural program. Dr. Archana M. V. Assistant Professor in the Division of Pediatric Hematology and Oncology, Kasturba Medical College, Manipal deliberated on common pediatric hemato-oncological disorders. Pharmacological and non-pharmacological methods of pain management in children with cancer were explained by Dr. Krithika S. Rao, Assistant Professor, Department of Palliative Medicine and Supportive Care, Kasturba Medical College Manipal. The last session on pediatric drug and fluid calculations was delivered by Dr. Mamatha Shivananda Pai, Professor, Department of Child Health Nursing, MCON, Manipal, and Mrs. Smitha J Saldanha, second year MSc Nursing student. Different methods of calculating fluid and drugs were highlighted. A total of 190 participants participated in the event.





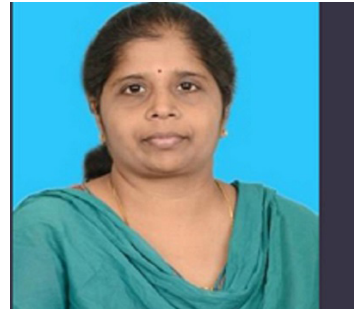
Dr. Anjanil D'Souza  
Assistant Professor  
MCON, MAHE, Manipal



Dr. Archana M V  
Assistant Professor  
Division of Pediatric Hematology &  
Oncology  
Kasturba Medical College, Manipal



Dr. Krithika S. Rao  
Assistant Professor  
Department of Palliative Medicine and  
Supportive Care  
Kasturba Medical College Manipal.



Dr. Mamatha S Pai



Ms. Smitha J. Saldanha

Topic: Pediatric Drug & Fluid Calculations

### First Aid Program-Med Orient 2022

The faculty members of Manipal College of Nursing MAHE conducted first aid training program for the first year MBBS students of KMC Manipal on February 14 and 15, 2022 from 11.00 am to 1.00 pm at the Dr. TMA Pai Hall, first floor, MAHE, Manipal.

The program was designed to enable students to develop an understanding of the scientific reasoning justifying first aid measures for common medical ailments and equip them with the necessary skills and attitude in providing first aid for victims in any emergency.

The two days program included 144 students (72 students each day). The program highlighted the scope and principles of first aid including first aid for sprain, dislocation, trauma, fracture, wounds and bleeding, snakebite, epistaxis, burns, and seizures. Students were divided into four groups and were taught different techniques of bandaging.



### Morbidity Clinic Report

The Department of Community Health Nursing coordinated with the Department of Community Medicine, KMC, Manipal for conducting these clinics. On the Second Wednesdays of every month clinics are conducted in Thirlapalke, Moodubelle, and on the fourth Wednesdays in Athrady.

Services provided in these clinics are general health screening including height and weight monitoring, BP assessment GRBS testing, and drugs are provided free of cost for one month and based on the requirement follow-up services are also provided.





### Interprofessional Advanced Wound Care - HBS Kollagen Workshop for Medical and Nursing Interns

One-day workshop on Interprofessional Advanced Wound Care - HBS Kollagen was conducted on 28th Feb 2022 as a sign of the Interprofessional journey towards wound care sponsored by HBS Kollagen India which was attended by MBBS and Nursing Interns. A total of 9 MBBS Interns and 10 Nursing Interns along with one research staff of KMC attended this workshop. The workshop was graced by Dr. Naveen S Salins, Professor and Head of Palliative Medicine and Supportive Care, KMC, MAHE Manipal as the Chief Guest.



### Annual Day and Lamp Lighting 2022: MSON, MAHE, Manipal

The annual day and lamp lighting of Manipal School of Nursing (MSON) MCON, Manipal Academy of Higher Education, Manipal were held on Friday, 4th March 2022.

Dr. Flavia Castelino, Professor and Principal, Sri Adarsha College of Nursing, Udupi, the Chief Guest for the day's program congratulated the students who lit the lamp. She addressed the importance of lighting the lamp and said, "care is the core of profession and empathy is your personality".

Dr. Judith A. Noronha, Dean, Manipal College of Nursing, MAHE, Manipal in her presidential address, said "nurse is the only one who can give care to an individual next to the mother".

Meritorious students of various batches were awarded. Ms. Gonsalves Reshma Daisy Victor was awarded Topper award in DNM 2017 – 2020 and Ms. Deekshitha was awarded the best outgoing student award.

Mrs. Bharathi R Nayak, Assistant Professor welcomed the gathering and introduced the Chief Guest. Dr. Leena Sequeira Principal, MSON, presented the Annual report of the school. Mr. Manoj proposed the vote of thanks. The formal function was followed by an entertainment program by the students and faculty of the school. The program concluded with the national anthem.



### Annual sports meet 2021-2022: MCON, MAHE, MANIPAL

The Annual Sports Meet of Manipal College of Nursing, MAHE was held on Saturday 05th March 2022, with great passion and enthusiasm. The inauguration began at 8.30 am at MIT Athletic Ground. Dr. Judith A Noronha, Dean, MCON welcomed and introduced the Chief Guest, Dr. Ullas Kamath, Dean, Melaka Manipal Medical College, MAHE, Manipal to the gathering. All four groups marched coupled with thrilling music performed by the band of T.A. Pai English Medium High School, Kunjibettu, Udupi. The Chief Guest took the salute of the impressive march passed by the students. The college flag was held by the student Sports Chairperson, Ms. Tenzin Dekhyi, who led all four march-past groups. Five of the best athletes of MCON took part in the lamp lighting ceremony. The best march past trophy was awarded to the group Emerald. Dr. Melita Sheilini, faculty Sports Advisor, MCON proposed the vote of thanks for the inaugural program.

The valedictory program was conducted at 4 pm. Dr. Tessa Treesa Jose, Associate Dean, MCON welcomed and introduced the Chief Guest, Dr. Shobha M Erappa, Joint Secretary, Sports Council, MAHE to the gathering. The overview of the sports activities of 2021-22 was briefed by Ms. Tenzin Dekhyi, the student Sports Chairperson. The individual championship was awarded to Mr. Joel Johnson, first year BSc (N) student from the Topaz group, and Ms. Swidal Mendonca, fourth year BSc (N) student from the Sapphire group. The overall championship was awarded to the group Emerald. Mrs. Sweety J Fernandes, faculty sports co-advisor, MCON delivered the vote of thanks. The event successfully ended at 5 pm with the National Anthem sung by the entire audience.



### International Women's Day- 2022 Theme: Break the Bias.

#### Outreach Program and Health Camp at Milagres Cathedral Tri-Centenary Hall, Kallianpur

The Department of Obstetrics and Gynaecological Nursing, Manipal College of Nursing, MAHE, Manipal, in collaboration with Ave Maria Women's cell of Milagres Cathedral, Kallianpur organized an outreach program and health camp on the occasion of International Women's Day, on 6<sup>th</sup> March 2022, from 9.30 - 11:00 am for women at Milagres Tri-centenary Hall, Kallianpur.

The inauguration ceremony was carried out with a prayer song and welcome speech. Thereafter, the rector of Milagres Cathedral, Kallianpur, Rev. Fr Valerian Mendonca spoke on the importance of womanhood and stated that females have to be respected. The Resource Person for the first session was Mrs. Sweety J Fernandes, Assistant Professor, Department of OBG Nursing. She addressed the gathering on "Diagnostic Tests on Cervical Cancer". The second session was deliberated by Dr. Maria Pais, Assistant Professor – Senior Scale, Department of OBG Nursing, who discussed "Management of Cervical Cancer." Before the formal program, a health camp was conducted, where the participants' blood pressure was measured by Ms. Joyce Sangeetha Henry and Ms. Henita Joshna Menezes, Ph.D. Research Scholars of Manipal College of Nursing. There was also a random blood sugar check by the staff of Infinity Laboratory, Santhekatte, Kallianpur led by Mrs. Sunitha Fernandes. Fifty women attended the program and benefited from these sessions and health camp.



### Webinar on the theme “Break the Bias”

As a part of International Women’s Day 2022 a webinar on “Break the Bias” was organized by the Department of Obstetrics and Gynecological Nursing, Manipal College of Nursing, MAHE, Manipal on 8<sup>th</sup> March 2022 virtually on Microsoft Teams Platform. Ms. Ida D’Souza, Assistant Professor, Department of Global Health, PSPH, MAHE, Manipal, who was the resource person for this webinar focused on the need to celebrate International Women’s Day and briefed on how women can be self-empowered. Around 103 participants benefited from this program.

### Radio Program

A radio program on “Gender Bias” was broadcasted on 8 March 2022 at 5.00 pm and rebroadcasted on 9 March 2022 at 12 noon through 90.4 FM Radio Manipal. The program was conducted by faculty members and Ph.D. scholars of the OBG Nursing Department and coordinated by Mrs. Shoba, Lecturer, MCON, MAHE, Manipal. The program presented a short skit and gave a social message that stressed gender bias as well as the importance of education to the girl child.

### Poster Competition

The Department of Obstetrics and Gynecological Nursing, Manipal College of Nursing, MAHE, Manipal organized an e- poster competition on the theme “Break the Bias” as part of the International Women’s Day celebration 2022, for the faculty members and students of MAHE, Manipal.

There were 17 participants in the competition. The evaluators for the e-poster competition were Mrs. Tenzin Phagdol, Ph.D. Scholar, Department of Child Health Nursing, and Mrs. Reshma, Lecturer, Department of Community Health Nursing, Manipal College of Nursing, MAHE, Manipal. The first place was secured by Dr. Maria Pias, Assistant Professor- Senior Scale, Department of OBG Nursing MCON Manipal, and the second place was secured by Ms. Sunitha Solomon, Nagelli, Ph.D. Scholar, Department of Child Health Nursing, Manipal College of Nursing, MAHE, Manipal. The result was declared during the Webinar on “Break the Bias” which was conducted online on Microsoft Teams on 8<sup>th</sup> March 2022.

### Outreach Program at St. Pius Church, Palimar

The department of Obstetrics and Gynaecological Nursing, Manipal College of Nursing, Manipal Academy of Higher Education, Manipal, in collaboration with the women’s cell of St. Pius Church, Palimar organized an outreach program on the occasion of International Women’s Day as well as, as part of ‘Azadi Ka Amrith Mahotsav’ on 13<sup>th</sup> March 2022, from 10:30 - 12:00 pm at Church Hall, St. Pius Church, Palimar.

Mrs. Celine Cutinho welcomed the gathering during the inaugural session. The Rector of St. Pius Church, Palimar, Rev. Fr Rock D’Souza spoke on the importance of recognizing the achievements of women and he congratulated the team of women’s cell of the church for organizing the program. The Resource Person for the first session was Mrs. Clara D’Souza, Assistant Lecturer, School of Nursing. She addressed adolescent girls and females on “Menstrual Hygiene”. Mrs. Pratibha, Assistant Professor Department of OBG Nursing deliberated the second session, she addressed the gathering on “Reproductive Cancers”, She stressed on who is at risk of getting cancer, existing preventive measures, and about availability of screening tests for early detection.

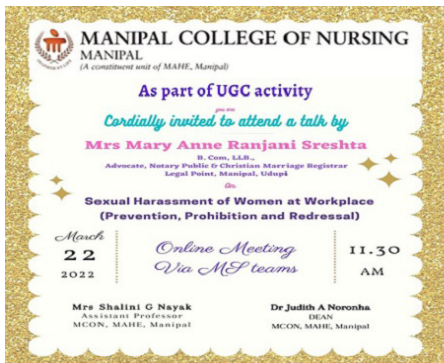
A total of 50-60 women attended the program and benefited from this. The program ended with vote of thanks by Mrs. Janet Cutinho and the entire program was hosted by Ms. Jecinta Suvares and Mrs. Rufina Mendonca.



## Webinar on “Sexual Harassment of Women at Workplace” (Prevention, Prohibition and Redressal)

Manipal College of Nursing, MAHE, Manipal had organized a webinar on the topic “Sexual Harassment of Women at Workplace” (Prevention, Prohibition and Redressal), on March 22, 2022, between 11.30 am and 12.30 noon. Mrs. Mary Anne Ranjani Shresta, Advocate, Notary Public and Christian Marriage Registrar, Legal Point, Manipal, Udupi shared her expertise on the topic. She highlighted the laws and guidelines to protect women, the different physical, verbal and nonverbal forms of sexual harassment at the workplace, various committees and their roles, inquiry into complaints, and inquiry reports.

The session was conducted in a blended mode. 124 students attended the session offline and the session was delivered as a webinar in Microsoft Teams which was attended by 18 participants through online mode, thus a total of 142 participants from Manipal College of Nursing benefited from this. This online seminar was as per the Circular from University Grant Commission (UGC) dated December 7, 2021.



## Awards and Annual Day 2021-22

The 32nd Awards & Annual Day of Manipal College of Nursing (MCON), Manipal Academy of Higher Education (MAHE), Manipal was held on Saturday, 26th March 2022.

“Excellence in education, excellence in practice, and excellence in retention are very evident in MAHE. So I stress that it is MA – means ‘mother’ and HE – means ‘is there’,” said the Chief Guest of the function, Mrs. Evelyn P Kannan, Secretary-General, Trained Nurses Association of India, New Delhi. Dr. Vincia Pandian, Associate Professor and Assistant Dean, Immersive learning and Digital innovations, John Hopkins School of Nursing, Baltimore, Maryland, was the Guest of Honor of the event. Dr. Venkatraya M Prabhu, Pro Vice-Chancellor Health Sciences, MAHE, Manipal, in his presidential address said he is proud of the fact that MCON is doing excellent in Research & Teaching. Meritorious students of BSc, PBBS, MSc, MPhil Nursing, Nurse Practitioner in Critical Care, and Ph.D. & faculty members were awarded for their various achievements. Ms. Viola Josna Mathias, BSc Nursing batch of 2017-21 was awarded the Best outgoing student.

Dr. Tessy Treasa Jose, Associate Dean and Professor & Head, Department of Psychiatric (Mental Health) Nursing, MCON, Manipal, welcomed the gathering and introduced both the Chief Guest and the Guest of Honor. Dr. Judith A Noronha, Dean, MCON, Manipal presented the Annual report of the college. Mrs. Sheela Shetty, Assistant Professor and Convener of the Annual Day program proposed the vote of thanks. Mrs. Flavia Noronha, the Lecturer, compered the formal program.





World TB Day is observed on March 24 each year to raise public awareness and understanding about one of the infectious diseases - Tuberculosis. As per the WHO report the incidence of TB in 2019 was 192/ 100000 population. The patients who are affected by TB suffer physically, emotionally, socially, and economically. There is a need for creating awareness among the public and health care professionals on tuberculosis management and its prevention.

In this regard, the Department of Community Health Nursing and Department of Medical-surgical Nursing, Manipal College of Nursing Manipal, observed world TB Day on 23rd and 24th March 2022 based on the theme “Invest to End TB. Save lives.” As per the theme, the following activities were carried out.

### World TB Day Symposium 2022

The symposium was jointly organized by Manipal Centre for Infectious Diseases, PSPH, MAHE, Manipal, Department of Community Health Nursing, MCON, MAHE, Manipal, and Kasturba Medical College, MAHE, Manipal, in association with District Health Society, District TB Centre, Department of Health and Family Welfare, Udipi on 23rd March 2022.

The event was conducted in hybrid mode, with both online and onsite participants being invited. The Resource Persons were Dr. Kiran Chawla, Professor, Department of Microbiology, and Dr. Ashwini Kumar, Professor and Head, Department of Community Medicine, KMC, Manipal, and The Chairpersons were Dr. Leslie Edward S Lewis, Professor, and Head, Department of Paediatrics, Dr. Manu Mohan K, Associate Professor, Department of Respiratory Medicine.

The first session was delivered by Dr. Kiran Chawla on the topic “Challenges in contact tracing and diagnostics in pediatric TB” and was moderated by Dr. Leslie Lewis. She highlighted the statistics of pediatric TB and diagnostic tests’ importance in the diagnosis of pediatric TB. The second session was delivered by Dr. Ashwini Kumar on the topic “Programmatic Management of TB”. The session was moderated by Dr. Manu K Mohan and he highlighted the TB control programs and the importance of notification in TB Control. A total of 187 participants attended onsite and 58 participants attended online.

### Roleplay and poster display

World TB Day was organized by the Department of Community Health Nursing and students of fourth year BSc Nursing in Community Health Center, Brahmavara on 24th March 2022 as part of Bharath Ka Amruthh Mahotsav. The program was encompassed with the introduction of the topic and theme for TB Day 2022 by Dr. Ajith Kumar Shetty, Chief Medical Officer, CHC (Community Health Center) Brahmavar. A 15-minute informative role play was performed by the students in front of 36 ASHA workers, and OPD patients were available for this event.

### Radio Talk

Department of Medical-Surgical Nursing, Manipal College of Nursing, MAHE arranged a radio talk on Tuberculosis to raise public awareness based on the theme ‘Invest to End TB. Save Lives.’

The Radio talk was recorded on March 22nd, 2022, at the MIC Radio station, MAHE, Manipal. Information was given by Dr. Soumya Christabel, Assistant Professor (Sr Scale), and Mrs. Janet Alva Assistant Professor, Department of Medical-Surgical Nursing, MCON, MAHE, Manipal along with Ms. Poojashree and Mr. Sreenidhi Jogi, 2nd year MSc Nursing Students. Radio talk was broadcasted on March 24th, 2022, at 5 pm on FM 90.4 Hz, and a repeat broadcast on March 25th, 2022, at noon.



### MSON ANNUAL SPORTS MEET – 2022

Manipal School of Nursing, MCON, MAHE, Manipal organized annual sports meet on 17th March 2022. The Chief Guest of the program was Dr. Raghavendra P Prabhu, Deputy Registrar-Administration, MAHE, Manipal.

The program commenced with a march past by students and the introduction of the Teams to the Chief Guest by Ms. Shanti P, Asst Director, Physical Education Department, KMC, MAHE, Manipal. Dr. Leena Sequira, Principal, MSON, MCON, MAHE welcomed and introduced the Chief Guest, Dr. Raghavendra P Prabhu, Deputy Registrar-Administration, MAHE, Manipal. The Chief Guest declared the sports meet -2022 open and spoke about his experience in sports from his childhood and motivated the students to participate in events to enhance socialization skills. Then, the event progressed with a torch ceremony by students. The oath-taking was led by Mr. Wilson D’ Souza, sports secretary, III-year Diploma student, MSON. Finally, the program ended with the felicitation of the band set students and their teacher by the Chief Guest. Mrs. Soumya, Asst. lecturer delivered the vote of thanks. Ms. Clara Pramila Dsouza was the master of ceremony of the program.

Athletic events such as 100mts, 200mts, 400mts, 800mts, shot put, discus throw, and javelin throw started soon after the inaugural ceremony. In addition, a few events were conducted for faculty as well.

The valedictory ceremony began at 4.00 pm. Dr. Tessy Treesa Jose, Associate Dean was the Chief Guest. Mrs. Bharathi R Nayak, Assistant Professor, MSON, welcomed the gathering. The Chief Guest addressed the gathering and congratulated the students for their enthusiastic participation. She also felicitated the winners of the sports meet. The program ended with a vote of thanks by Mr. Rakesh, II-year Diploma student, MSON. Ms. Bharathi, Assistant Lecturer, was the master of ceremony for the evening program.



### Blood donation Drive

To motivate young students to come forward and donate blood, the Health and Social Welfare Committee of Student Nurses’ Association, Manipal College of Nursing, Manipal Academy of Higher Education, Manipal, organized a blood donation Drive at KH Manipal, on 30th March 2022 between 9.00 am & 6.00 pm.

The blood donation drive was open to all. The students of Manipal College of Nursing, Manipal actively participated in this Drive. A total of 126 students from MCON and 10 staff from constituent institutions volunteered to donate blood and among them, after screening 111 donated blood.

This event was coordinated by Ms. Sona Sabu and Ms. Sruthi Jose from 3rd year BSc Nursing and Ms. Deeksha and Mr. Philips from 4th year BSc Nursing, under the guidance of Mrs. Prima J J D’Souza, Assistant Professor and Faculty Advisor of Health and Social Welfare Committee.





### Report of Training of Nurses (ToN)

The General Health Services, Nursing Division, MOHFW organized a Nationwide Virtual training program for Capacity building of Nurses On ‘Comprehensive management of Variant of Concern (Omicron), Revised treatment Protocols and Post-COVID-19 Sequelae’ in collaboration with Manipal College of Nursing (MCON), Manipal Academy of Higher Education (MAHE), Manipal and Leelabai Thackersey College of Nursing, S.N.D.T. Women’s University, Mumbai on 28 March 2022 from 12.30 pm to 4.30 pm.

Dr. Mamatha S Pai, the organizing secretary from MCON, and mentor for the COVID training for the Karnataka state welcomed the guests and the participants. Dr. Rathi Balachandran, ADG (Nursing Division) Dte. GHS, MoHFW Govt. of India explained the need for training the nurses. Dr. Sandhya Gupta, Chairperson, training oriented the participants about the training and stressed the importance of knowledge updates for the participants to care for the patients. Dr. Suba Sooria, Head, Nursing Services, Kasturba Hospital, Manipal, and the facilitator of this training in her message urged the participants to participate actively and use their knowledge in day-to-day patient care. Dr. Judith A Noronha, Professor, and Dean, MCON, and the Guest of Honor thanked the organizers for hosting this training and explained the importance of preparing the COVID warriors for the effective management of COVID and Omicron as a priority. The Chief Guest of the inaugural program Prof Ruby Ojha, Pro VC, SNDT Women’s University, Mumbai highlighted the importance of such training in the preparedness for COVID-19 sequelae and Omicron and urged the participants to make use of the training sessions. The Inaugural program was concluded with vote of thanks by Dr. Nancy Fernandes, Principal, LT CON, SNDT Women’s University, Mumbai, and the advisor of this program.

### AUDIO VISUAL EXHIBITION

The first-year MSc Nursing students of MCON, MAHE, Manipal organized an exhibition on Audio-visual aids as part of the Nursing Education curricular requirement. It was inaugurated by Dr. Judith A Noronha, Dean, MCON, Manipal. The students showcased their creativity in preparing different audio-visual aids based on teaching-learning principles.

A total of 10 first-year MSc Students participated in the AV Aids exhibition. The AV Aids included charts, posters, flip charts, flashcards, handouts, booklets, pamphlets, comics, cartoons, photographs, specimens, objects, diagrams, puppets, computer and CD-ROM, television and video films, magnetic boards, bulletin boards, OHP and LCD. The models exhibited were well appreciated by the evaluators as well as the faculty members.



## World Health Day-2022

The Department of Community Health Nursing, Manipal College of Nursing, MAHE, Manipal observed World Health Day-2022 as part of Azadi Ka Amruth Mahotsav, by organizing various activities such as a poster competition, and health talk, and a role play by IV-year BSc Nursing students at CHC Brahmavara and a webinar on the theme of World Health Day - 2022.

The poster competition was held on 5-4-2022 at MCON, Manipal. Dr. Judith A Noronha, Dean, MCON Manipal inaugurated the program. A total of 18 posters from students and faculty of different fields of health science, MAHE was displayed. The three best posters were awarded, and prizes were distributed. The program was organized by Mr. Vinish V, Assistant Professor, Department of Community Health Nursing, MCON, MAHE, Manipal.

The IV-year BSc Nursing students of the college organized an awareness program on 7th April 2022 at Community Health Center, Brahmavara. The program was inaugurated by Dr. Ajith Kumar Shetty, Administrative Medical Officer, CHC Brahmavara, addressing the audience on the theme and the importance of inculcating healthy lifestyles and behaviors to save our health and planet. Dr. Mahabaleshwara KS, Pediatrician, CHC Brahmavara stressed healthy environmental hygiene and its importance in maintaining children's health and suggested growing vegetables and fruits in their kitchen garden. Dr. Deekshitha, Obstetrician, CHC Brahmavar briefed on the responsibilities of women in keeping environmental hygiene inside and outside their house and also maintaining personal hygiene to avoid health issues in female children and women. This was followed by Dr. Pradeep Poojary, Dental surgeon, and Dr. Mahesh Aithal, Senior Medical officer, CHC Brahmavar addressing oral hygiene and hand hygiene respectively. Dr. Ansuaya, Assistant Professor, and Mrs. Reshma R Kotian, Lecturer, MCON, MAHE coordinated the event.

The seminar on the topic 'Health Care Waste Management and 'Environment and Health' was organized on April 07, 2022, at 2 pm through online (Microsoft Team platform) and blended mode to the students, faculty of MCON, MSON, and other colleges of MAHE. The Resource Persons were Mrs. Prescilla, Infection Control Nurse, Kasturba Hospital, Manipal, and Mr. Gururaj A G, District Consultant for Quality Assurance, NHM, Udupi. Mrs. Prescilla highlighted the importance of student nurses' role in the control of cross-infection during their clinical posting. Mr. Gururaj, in his address, explained the hazards and effects of biomedical waste. A total of 150 participants from different fields of health science attended the session online and in offline mode. Mrs. Jeyalaxmi, Mrs. Manjula, and Mr. Vinish V, Assistant Professors, MCON, MAHE coordinated the event.



## Outreach program on "Safe Motherhood Day"

The Department of Obstetrics and Gynaecological (OBG) Nursing, Manipal College of Nursing (MCON), Manipal Academy of Higher Education (MAHE), Manipal organised an outreach program on "Safe Motherhood Day" for the young couples on 'planned parenthood counseling for future couples' in association with the family commission of Udupi diocese, Udupi on 9th April 2022. Ten couples actively participated in the program. Mr. Lesly Aroza, Director of the family commission of Udupi diocese, Udupi welcomed the gathering. Dr. Sonia R B D'Souza, Professor and Head, Obstetrics and Gynecological Nursing, MCON, Manipal was the Resource Person for the session.





### Poster Competition and Guest Lecture

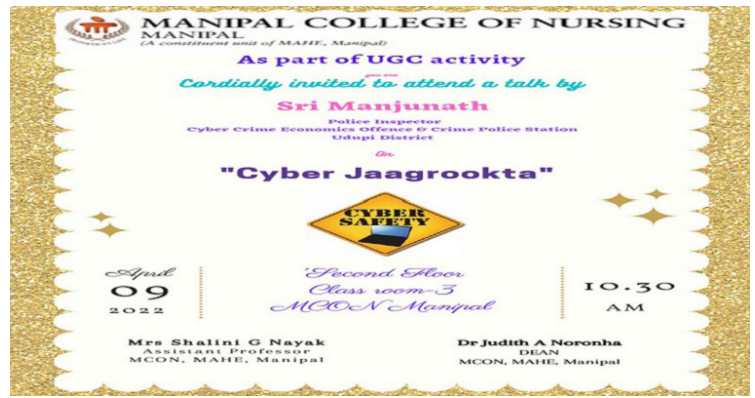
Department of Obstetrics & Gynecological Nursing, Manipal College of Nursing, and Manipal Academy of Higher Education organized a one-day guest lecture session virtually as part of the Safe Motherhood 2022 celebration through Microsoft Teams platform. The session began at 2 pm, and around 160 participants attended the session. The moderator welcomed the participants and introduced Dr. Shashikala Bhat, the speaker for the first session. Dr. Shashikala Bhat deliberated on the theme “Safe Motherhood 2022”. Dr. Savita Pramilda D’Souza took the second session. She talked about the incidence of maternal mortality in India and was briefed on the directive care undertaken by the National Health Mission.

On 11<sup>th</sup> April 2022 Poster competition was Inaugurated by Dr. Judith A Noronha, Dean, Manipal College of Nursing Manipal, and the posters were evaluated by Dr. Binil V, Associate Professor, Department of Psychiatric (Mental Health) Nursing, and Dr. Soumya Christabel, Assistant Professor Senior scale, department of Medical-surgical Nursing MCON, Manipal. The moderator announced the prize winners for the poster competition conducted as part of Safe motherhood day. Ms. Seelia Peeter, Ph.D. scholar, MCON Manipal bagged the best poster award, and Mrs. Bharathi Nayak, Asst professor of Senior Scale, School of Nursing Manipal, bagged the second-best poster. There were 17 posters, and the participation was by undergraduates, Postgraduates, Ph.D. scholars, and faculties of MCON Manipal.



### An awareness session on “Cyber Jaagrookta”

Manipal College of Nursing, MAHE, Manipal has organized an awareness session on the topic “Cyber Jaagrookta” on April 9, 2022, between 10.30 am and 12.15 noon. Mr. Manjunath, Inspector, Cyber Crime Economic offenses and Narcotic cell, Udupi District shared his expertise on the topic. He highlighted the applications, laws, and guidelines to protect from cyber exploitation. 88 students and two faculty from Manipal College of Nursing attended the session. This program was related to the circular from University Grant Commission (UGC) dated November 17, 2021, and was coordinated by Ms. Shalini G Nayak, Assistant Professor, Manipal College of Nursing, MAHE, Manipal.



### Collaboration Series- 5 “Blended learning: Student perspectives”

Department of Fundamentals of Nursing, Manipal College of Nursing (MCON), MAHE, Manipal and Department of Nursing, Edge Hill University, UK organized Academic Student Collaboration Series- 5 on “Blended Learning: Student Perspectives” on 22<sup>nd</sup> April 2022 between 3.30 pm and 5.30 pm through MS Teams Virtual Platform.

Ms. Mable Mary Mathews, 2nd semester BSc Nursing student, MCON welcomed the gathering. The event started with the keynote address from Dr. Radhika R Pai, Assistant Professor from MCON who gave a brief orientation on the teaching-learning activity schedule from the pandemic to date at MCON, and Dr. Toni Bewley, Senior Lecturer, Department of Nursing, Edge Hill University, briefed on online learning at EHU and gave an introduction to the shortlisting of both universities for student Times partnership award at the UK. Experience sharing from the MCON students’ side included Mr. Bony P Thomas, Mr. Jessal Gladwin, Ms. Jhanvi Mathur, and Ms. Crystal Venessa Noronha and Ms. Rowan, Ms. Joanne, Ms. Hannah, and Ms. Danielle from Edgehill University shared their experiences.

The closing remark was given by Dr. Toni Bewley and Mr. Ross, a student from Edge Hill University. They thanked everyone for contributing to this knowledge-sharing event. A total of 31 participants from MAHE and Edge Hill University participated in this event.



### Session on “Promoting Well-Being by Understanding Core Values”

The Health and Social Welfare Committee of Student Nurses Association, Manipal College of Nursing, MAHE, Manipal organized a session on the topic, “Promoting Well-Being by Understanding Core Values” as part of 75 years of India’s independence - Azadi ka Amruth Mahotsav for undergraduate students of Manipal College of Nursing, Manipal on 28 April 2022 from 3:00 pm – 4:00 pm.

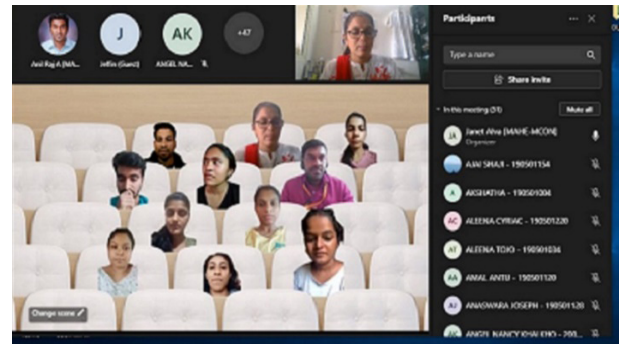
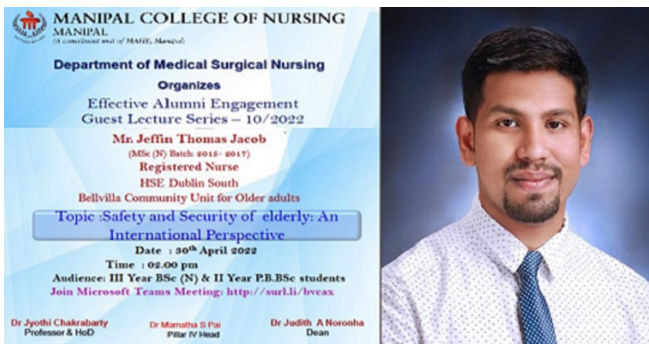
Ms. Shobhana Balasundaram, clinical psychologist, student support center, MAHE, Manipal was the speaker for the session. A total of 90 second-year BSc Nursing students participated in the session. Ms. Judy extended a warm welcome to the speaker and introduced her to the gathering. Students were guided by Mrs. Prima J J D’Souza, Assistant Professor from Manipal College of Nursing.





### Guest Lecture on “Safety and security of elderly: An International Perspective”

Department of Medical-Surgical Nursing, Manipal College of Nursing, MAHE, Manipal organized an effective alumni engagement Guest Lecture series on “Safety and security of elderly: An International Perspective” on 30<sup>th</sup> April 2022 between 02.00 pm and 03.00 pm to III year BSc Nursing and II-year PBBSc Nursing students through Microsoft Teams Platform. Mr. Jeffin Thomas Jacob (BSc 2010-2014 and MSc: 2015- 2017 batch), Registered Nurse, HSE Dublin South, Bellville Community Unit for Older adults, Ireland spoke on the topic. A total of 57 participants including students and faculty members were present.



### World Hand Hygiene Day – 2022

World hand hygiene day is dedicated to increasing awareness and understanding of its importance. Department of Fundamentals of Nursing, Manipal College of Nursing, MAHE, Manipal has observed World Hand Hygiene Day on 5<sup>th</sup> May 2022 by organizing a poster competition on the theme “Unite for Safety: Clean Your Hands”. 12 students participated in the poster competition. The first prize for the poster was secured by Ms. Bensa Sara Abraham, the second prize by Ms. Nethravathi, and the third prize by Ms. Neha Sreekumar from first-year BSc Nursing.

Approximately 200 patients benefitted from the awareness program. The awareness session was delivered by Dr. Sulochana, Associate Professor, Manipal College of Nursing, MAHE, Manipal. The program was coordinated by Dr. Linu Sara George, Professor & Head, Department of Fundamentals of Nursing, Manipal College of Nursing.



## Indo-UK - Innovations in Mental Health and Career Development Program

Innovation in mental health and career development program was organized as part of collaboration with NHS team UK, on 30 April 2022, by Manipal College of Nursing Manipal and Manipal College of Health Professionals Manipal MAHE. Dr. Tessa Treasa Jose, Associate Dean and Head of the Department of Mental Health Nursing MCON Manipal welcomed the gathering, Dr. John Philip, Physician, Mental Health Department, Navigo, UK briefed about the program for the day, and Mr. Mike Reeve NHS Mental Health Nurse, UK and Ms. Jolee Carrington Mental Health Physician, UK discussed the various ways of collaborating and getting to the UK, Dr. Vinita Acharya, Associate Professor and Head, Department of Occupational Therapy, KMC, Manipal gave the closing remarks. A total of 150 participants were present for the session from third year BSc Nursing, I year MSc Nursing MHN specialty of MCON Manipal and students from Occupation therapy from MCHP Manipal. Students and staff cleared up their doubts and collected contact information from the respective NHS team. The session ended at 11:00 am.



## International Day of the Midwives - 2022

Department of Obstetric and Gynaecological Nursing, Manipal College of Nursing, MAHE, Manipal celebrated the “International Day of the Midwives 2022” on 5<sup>th</sup> May 2022. The theme for this year provided by the International Confederation of Midwives (ICM) was “100 years of Progress.” As part of this day, various activities and programs were scheduled for three days from 4 to 6 May 2022, which included a reflective writing competition, a collage competition, and a webinar.

Reflective writing competition on “Midwifery experience” was conducted for the Staff Nurses of the OBG unit of Kasturba Hospital, Manipal on 4th May 2022 with 11 entries. The participants had to express their experiences related to midwifery and provide anecdotes. Mrs. Roshni Martis, a staff nurse from the WH3 ward secured first place and Mrs. Latha Kumari, Staff Nurse, Women and Child OT secured second place.

A collage competition on ‘Midwives are women’s rights advocates’ was held on 5th May with 24 participants (12 Teams). Ms. Lavita Reshma D’Souza and Ms. Venessa Sanchia Rodrigues secured first place. Ms. Prathiksha N Kunder and Ms. Swathi secured second place.

A webinar on “Role of Midwives in Postnatal Care” was organized on 6th May 2022 between 09.00 am & 10.00 am on Microsoft Teams Platform. Ms. Smitha Priya Rodrigues, Registered Nurse, BUPA Care Services, Christchurch, New Zealand, focused on the role of midwives in postnatal care including postnatal assessment, newborn assessment, postnatal care, newborn care, and breastfeeding. Mrs. MST Mousomy Perveen, II MSc Nursing student, Department. of OBG (N) MCON, MAHE Manipal, gave a welcome address and moderated the webinar. Mrs. Ranjani P, Assistant Professor Senior Scale, Department. of OBG (N) MCON, MAHE Manipal, introduced the speaker. Ms. Dafinia Lamare, II MSc Nursing student, Department. of OBG (N) MCON, MAHE Manipal, rendered the vote of thanks. Around 70 participants, including students, benefited from this program.





## International Nurses Day - 2022

Manipal College of Nursing and Manipal School of Nursing Manipal observed the International Nurses' Week- 2022 from 7th May to 12th May 2022 on the birth anniversary of Florence Nightingale, the founder of modern nursing. The theme chosen by the International Council of Nurses for the year 2022 is "Nurses: A Voice to Lead - Invest in Nursing and Respect Rights to Secure Global Health".

Various activities such as a quiz and poem writing competition, radio talk, awareness program, workshop, and seminar based on the ICN theme were organized by the different functional departments of MCON. Faculty from the Department of Manipal school of Nursing distributed a card with a note of thanks to all the nurses in KH hospital, Manipal as a token of love and appreciation.

The Department of Medical-Surgical Nursing organized a quiz competition for the staff nurses of Kasturba Hospital, Manipal, students of Manipal College of Nursing & Manipal School of Nursing, MAHE, Manipal. 28 participants attended the preliminary round of the quiz competition which was conducted on 2<sup>nd</sup> May 2022. The top 10 participants in 5 groups attended the final round of the quiz that was held on 7<sup>th</sup> May 2022.

The Department of Community Health Nursing organized a radio talk to sensitize the community on the weaning diet. The talk highlighted the importance of continuing breastfeeding during weaning, steps for weaning the infant, and preparation of the weaning diet. The talk was broadcasted on Radio Manipal (Frequency - 90.4) on 7/05/2022 at 6.30 pm and 08/05/2022 at 1.30 pm and a repeat broadcast on 12/05/2022 at 5 pm on 13/05/2022 at 2 pm.

The Department of OBG Nursing organized a poem writing competition on the theme: "Nurses: A voice to lead Global Health" for the Faculty & Ph.D. Scholars of MCON and the best two poems were awarded during the formal program on 12th May 2022.

The Department of Child Health Nursing, in association with RSB Mahila Vedike Manipal, organized the sessions on "Nursing as a Profession and its Scope" on 10<sup>th</sup> May 2022 between 5.30 & 6.30 pm through google meet with a view create an awareness about the nursing profession among younger generation and community. Mrs. Anusuya V Prabhu, Assistant Professor, MCON Manipal highlighted the different levels of available nursing courses, career opportunities, and the importance of nurses in the health care field. The admission process and scholarship facilities for nursing students were discussed by Mrs. Janet Alva, Assistant Professor, MCON Manipal. A total of 29 women with their families and nine faculty members participated in this program.

The Department of Fundamental of Nursing organized a workshop on "Medical Technology Innovation and Paradigm Shift and Healthcare" for the Faculty, Research Scholars and Master's students of MCON on May 11, 2022. A total of 25 participants got benefitted from this informative workshop. The session on "Med-Tech Innovation – Bench to Bedside" was deliberated by Mr. Manjunatha Maiya, Project Leader, Central Research Board Philips, and Dr. Sulochana B, Associate Professor, Fundamental of Nursing, discussed "Paradigm Shift in Healthcare" to the audience.

The Department of Mental Health Nursing organized a seminar based on the ICN theme during the International Nurses' Day – 2022 on 12<sup>th</sup> May 2022 to the Nursing students & faculty of MCON & MSON, MAHE, Manipal. Dr. Jyothi Chakrabarty, Professor & HoD, Medical-Surgical Nursing deliberated a session on "Nurses' Rights to a Safe Working Environment" & Dr. Sushmitha Karkada, Assistant Professor (Sr. Scale), OBG Nursing shared a session on "Strategic Leadership to Advance the Working Performance". A total of 350 participants attended the program.

The formal program was organized on 12<sup>th</sup> May 2022 at the Dr. TMA Pai Hall, 2nd floor, KMC, Manipal. Dr. Judith A Noronha, Dean, Manipal College of Nursing welcomed the gathering. Dr. Soumya Christabel, Convenor, of International Nurses Day shared a brief report of the week-long activities conducted. Chief Guest, Mr. C G Muthana, Chief Operating Officer, Kasturba Hospital Manipal during the inaugural address said that the nurses require competencies to handle various situations like finance, effective communication, and material management including patient care.

On this occasion, eminent nurses Mrs. BV Sumangala, Primary Health Nursing Officer, Primary Health Centre, Hirebettu, and Mrs. Precilla Noronha, Infection Control Nurse, Kasturba Hospital Manipal, were felicitated for their contribution to the welfare of the patient and Dr. Elsa Sanatombi Devi, Professor, Department of Medical-Surgical Nursing, Manipal College of Nursing was felicitated for being the recipient of National Florence Nightingale award for her contribution to the Nursing profession. Dr. Tessy Treasa Jose, Associate Dean, highlighted the achievements of these three nurses who were felicitated during the occasion. Awards

instituted by Dr. Kasturi R Adiga for Excellence in clinical practice were received by Mrs. Sulatha, Staff Nurse, Kasturba Hospital Manipal, Mr. Kenet Marvin Saldanha, final year PBBSc Nursing, MCON, Ms. Deekshitha, and Ms. Gonsalves Reshma Daisy Victor, MSON Manipal.

Mrs. Jeyalakshmi K Co-convener proposed the vote of thanks to all participants.



**Oration in memory of Prof. (Late) P. P. Bhanumathi and Dr. (Late) Aparna Bhaduri – 2022**

Manipal College of Nursing (MCON), Manipal organized Oration - 2022 on 19th and 20th January 2022, in memory of the legends in Nursing, Prof. (Late) P. P. Bhanumathi, the founder Dean of MCON and Dr. (Late) Aparna Bhaduri, a world-renowned nurse researcher, and the PG Coordinator at MCON MAHE. The oration was conducted during the Manipal International Nursing Research Conclave – Virtual which was organized by Manipal College of Nursing, Manipal Academy of Higher Education, Manipal from 19 to 22 January 2022.

**Oration Topic: Research Innovation in Nursing**



**Orator**  
**Dr. Simi Jesto Joseph**  
Advanced Practice Provider & Researcher  
Northwestern Medicine Chicago, Former  
Director of Clinical Operations, GI Solutions of  
IL, Chicago, USA



**Moderator**  
**Dr. Anice George**  
Professor  
Dept. of Child Health (Paediatric) Nursing,  
MCON, MAHE, Manipal, India

**Benchmarking: adapting best practices to improve organizational quality**



**Orator**  
**Prof. Madhu Veeraraghavan**  
Director,  
TA Pai Institute, Manipal, India



**Moderator**  
**Dr. Elsa Sanatombi Devi**  
Professor  
Dept. of Medical Surgical Nursing  
MCON, MAHE, Manipal, India

Oration in memory of Late Dr. Aparna Bhaduri on the topic, “Research Innovation in Nursing” was presented by Dr. Simi Jesto Joseph, who is the alumna of MCON, Manipal, now the Advanced Practice Provider and Researcher, North-western Medicine Chicago, Former Director of Clinical Operations, GI Solutions of IL, Chicago, USA on 19th January 2022. Dr. Anice George, Professor, Department of Child Health (Paediatric) Nursing, MCON, MAHE, Manipal, moderated the oration by introducing Dr. (Late) Aparna Bhaduri, her contribution to nursing at MCON and in India, and the speaker.

Oration in memory of Prof. (Late) P. P. Bhanumathi was orated by Prof. Madhu Veeraraghavan, Director, TA Pai Institute, Manipal, India on the topic “Benchmarking: Adapting Best Practices to Improve Organizational Quality” on 20<sup>th</sup> January 2022 at 1.00 pm. Dr. Elsa Sanatombi Devi, Professor, Department of Medical-Surgical Nursing, MCON, MAHE, Manipal moderated this oration by introducing Prof. (Late) P. P. Bhanumathi and her contribution to the growth of the institution and speaker. A total of 236 participants (57 students and 179 faculty) from national and international locations participated in the oration

The proceedings of the day were hosted by Ms. Edith Jovita Bangera, Assistant Lecturer, Manipal School of Nursing, MCON, MAHE, Manipal, and Mrs. Prima Jenevive Jyothi D’Souza, Assistant Professor, Department of Fundamentals of Nursing, MCON, MAHE, Manipal.



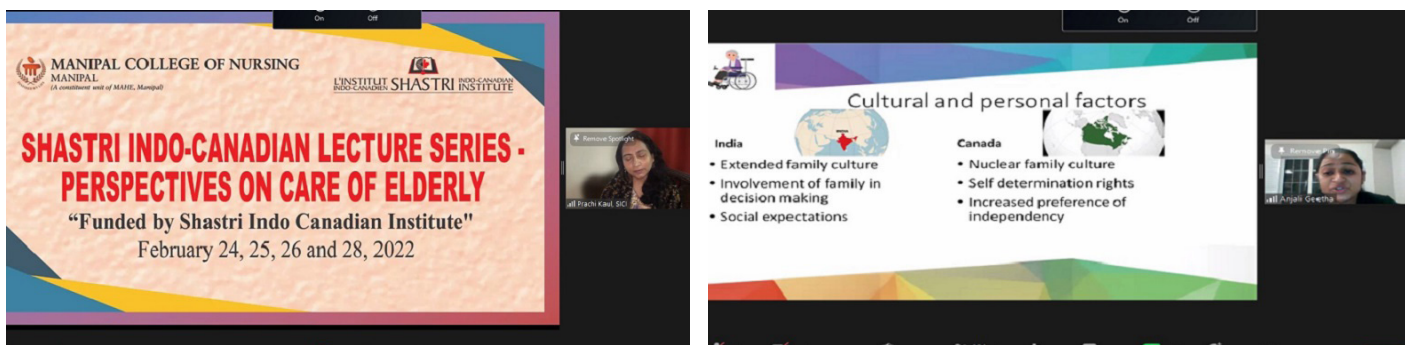
## INTERNATIONAL

**Shastri Indo-Canadian Lecture Series-Perspectives on the Care of Elderly**

Manipal School of Nursing, MCON, MAHE, Manipal had organized, Shastri Indo Canadian lecture series, on the topic “Perspectives on the Care of Elderly” funded by Shastri Indo Canadian Institute. The inaugural ceremony was organized on 24<sup>th</sup> February 2022 at 9 am, followed by the first-day session. The lecture series continued for three days on the 25<sup>th</sup>, 26<sup>th</sup>, and 28<sup>th</sup> of February 2022.

The program commenced with a welcome address by Dr. Leena Sequira, Principal, Manipal School of Nursing, MCON, MAHE Manipal. Following this, the chief guest of the program, Dr. Prachi Kaul, Director, Shastri Indo-Canadian Institute addressed the gathering. She focused on the role of Shastri –Canadian institute in the facilitation of collaboration between the institutes of India and Canada and the establishment of person-to-person contact between the countries. In addition, she also motivated young researchers to produce an argument on ideas beneficial at the global level.

An overview of the lecture series was presented by Dr. Shashidhara Y N, Professor and Head, Department. of Community Health Nursing. The inaugural session ended with a vote of thanks by Dr. Binil V, Associate Professor, Department of Mental Health Nursing, MCON, MAHE, Manipal.



Inaugural ceremony was followed by lecture series-1 on Indo- Canadian Perspectives: Care of the Elderly delivered by the speaker Mrs. Anjali Kochukuttan Pillai Geetha, Registered Nurse in Adult Mental Health Unit, Civic Hospital, Brampton, Ontario, Canada. A total of 130 participants attended the session. The program was hosted by Ms. Edith Jovita Bangera, Asst. lecturer, MSON, MCON, MAHE, Manipal.

**5-Day Virtual Lecture Series on “Translating Research into Practice (TRIP): Shifting Paradigm for Clinical Practice”**

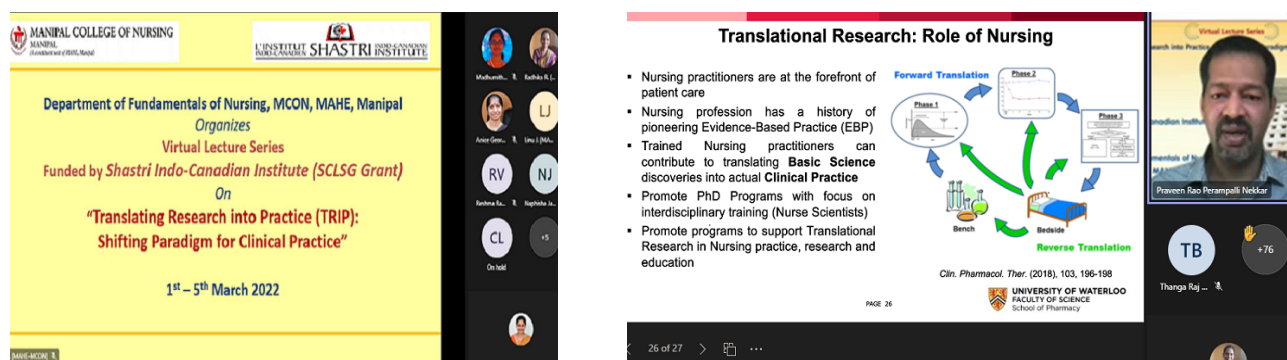
The Department of Fundamentals of Nursing, Manipal College of Nursing, MAHE, Manipal organized a 5-day Virtual Lecture Series on “Translating Research into Practice (TRIP): Shifting Paradigm for Clinical Practice”. This was funded by Shastri Indo-Canadian Institute (SCLS Grant). The inaugural program of this 5-day virtual lecture series was held on 1<sup>st</sup> March 2022 between 3.30 & 4.00 pm followed by the first-day session. Dr. Prachi Kaul, Director, Shastri Indo-Canadian Institute, New Delhi, the Chief Guest for the program addressed the participants during the inaugural program. The lecture series aimed to emphasize the efficient translation of research into clinical practice for the benefit of patient care by enhancing the knowledge of Translational Research, its processes, models, challenges, and strategies.

Lecture series 1 on “Translation Research: Overview” was delivered by Dr. Anice George, Professor and Head of Research and Collaborations, Department. of Child Health Nursing, Manipal College of Nursing, on 1<sup>st</sup> March 2022 between 4.00 & 5.00 pm.

The second lecture series on “The Process of Translational Research” was conducted on March 2<sup>nd</sup>, 2022, between 4.00 & 5.00 pm. Prof. (Dr.) Manju Chhugani, Dean, School of Nursing Science and Allied Health, Head of Department – Obstetrics and Gynecology Nursing, Jamia Hamdard University, New Delhi, discussed translation science as a relatively young area of investigation which is rapidly growing. The lecture series 3 on “Models of Translational Research” was delivered by Dr. Mahadev Rao, Professor & Head,

Department of Pharmacy Practice, Co-ordinator, Center for Translational Research, Manipal College of Pharmaceutical Sciences, MAHE, Manipal, on 3<sup>rd</sup> March 2022 between 4.00 & 5.00 pm.

The fourth lecture series on “Challenges and Strategies in Translational Research Practice” was held on 4<sup>th</sup> March 2022 between 6.30 to 7.30 pm. Dr. Praveen P Nekkar Rao, Assistant Professor, Pharmaceutical Science, School of Pharmacy, Health Sciences Campus, University of Waterloo, Waterloo, Canada was the speaker. The lecture series 5 on “Nurse-led Translational Research studies: Learning from experts” was delivered by Dr. Sandhya Gupta, Health Consultant, Former Principal (Actg), and Associate Professor, College of Nursing, All India Institute of Medical Sciences (AIIMS), New Delhi, on 5<sup>th</sup> March 2022 between 6.00 & 7.00 pm. An average of 85 participants including national and international delegates attended the lecture series.



### International Virtual Tour

An international virtual visit to Manipal College of Nursing (MCON), Manipal by the students of Florence Nightingale Faculty of Nursing, Midwifery & Palliative Care, King's College London was organized on 18<sup>th</sup> March 2022. The visit's purpose was to provide an opportunity to interact with international students and share the experience of health care service delivery, Ayurveda, and women's health. The program commenced with the welcome address by Dr. Elsa Sanatombi Devi followed by an introduction on the virtual tour by Dr. Jacqui Boulton faculty of King's College London, who gave glimpses of previous virtual tours and expressed the previous year's success of winning awards and MCON as a partner. Dr. Judith A Noronha, Dean, MCON briefed about achievements of MCON and courses available at MCON, Manipal. Dr. Raghu A Radhakrishnan, Director – International Affairs and Collaborations, MAHE addressed the gathering.

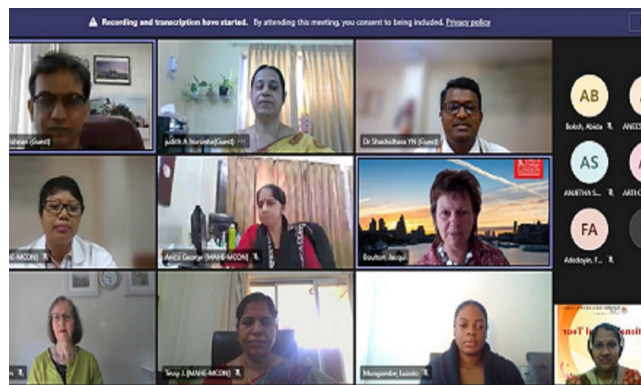
Following the college orientation, to provide an opportunity to interact with the international students, eight breakout room discussions were performed by 58 UK students and 33 MCON students. Students had a great opportunity to share their knowledge and experiences on the courses being studied, the clinical environment, students' requirements and roles, and also cultural aspects. Dr. Jacqui, Dr. Jaqualyn Moore, Dr. Anice George, Dr. Shashidhara YN, and the faculty members of Community Health Nursing Department facilitated the discussions.

Following the breakout discussions, the first session on “Women's health- Indian perspectives” was presented by Dr. Sushmitha R Karkada Assistant Professor, Department. of OBG Nursing Manipal College of Nursing.

The second session was presented by Dr. Basavaraj S Hadapad Prof. and Head, Division of Ayurveda Centre for Integrative Medicine, and Research, MAHE, and Dr. Anupama V Nayak, Lecturer, Division of Ayurveda Centre for Integrative Medicine, and Research, MAHE on Ayurveda and Women's Health - an Indian Perspective. They also briefed on AYUSH and the importance of Ayurveda in women's health and focused on tips for a healthy life.

The closing remarks and vote of thanks were given by the MCON and King's College students who appreciated the efforts taken by the Manipal College of Nursing in organizing such events. There were 88 participants in the meeting from both institutions and the faculty members of the Department of Community Health Nursing also were part of the event. Mrs. Reshma, Lecturer, Department of Community Health Nursing led the program as Master of Ceremony.





## RESEARCH

### Manipal International Nursing Research Conclave – Inauguration

Manipal International Nursing Research Conclave (MINRC) – Virtual was organized by Manipal College of Nursing (MCON), Manipal Academy of Higher Education (MAHE), Manipal from 19 to 22 January 2022. The event is being conducted as a mega event as part of 75 years of India's Independence- the 'Bharat ka Amruth Mahotsav' activity calendar.

The inauguration of the conference was held on 19th January 2022 at 2.00 pm at the Dr. TMA Pai Auditorium, KMC, Manipal in blended mode. The Chief Guest of the program Dr. Punitha Ezhilarasu, Consultant, Indian Nursing Council, Former Dean & Professor, College of Nursing, Christian Medical College, Vellore, in her address, highlighted translational research in various sectors by adopting best practices and implementing high-quality research.

Lt. Gen. (Dr.) M.D. Venkatesh, Vice-Chancellor, MAHE, Manipal in his presidential address, accentuated the need for research in academic institutions, especially in the health care sciences.

Dr. Judith Angelitta Noronha, Dean and Organizing Chairperson – MINRC, MCON, MAHE, Manipal presented the welcome address and introduced the Chief Guest Dr. Punitha Ezhilarasu, and the Presiding Officer of the conference Lt. Gen. (Dr.) M.D. Venkatesh. Following the traditional lamp lighting by the dignitaries, Dr. Mamatha S Pai, Professor and Organizing Secretary – MINRC, Department of Child Health (Paediatric) Nursing, MCON, MAHE, Manipal elucidated the overview of the conclave.

The inauguration program was concluded with vote of thanks by Mrs. Jeyalakshmi K, Assistant Professor, Department of Community Health Nursing, MCON, MAHE, Manipal. The event was hosted by Ms. Edith Jovita Bangera, Assistant Lecturer, Manipal School of Nursing, MCON, MAHE, Manipal.

The proceedings of the day were hosted by Mrs. Prima Jenevive Jyothi D'Souza, Assistant Professor, Department of Fundamentals of Nursing, MCON, MAHE, Manipal.



### **Preconference Workshops on Qualitative Systematic Review and Mixed Methods Review and International Conference on Indigenizing Systematic Review Evidence to Local Context for Informing Policy and Practice Decisions**

The SPARC-funded pre-conference workshops and International Conference were organized by Manipal College of Nursing, Manipal Academy of Higher Education, Manipal and Public Health Evidence South Asia, Prasanna School of Public Health, MAHE, Manipal in association with Social Science Research Unit, UCL Social Research Institute, University College London, UK from 15<sup>th</sup> March 2022 to 17<sup>th</sup> March 2022.

The International Conference was organized to provide opportunities for the delegates to exchange knowledge and share their experience about indigenizing/contextualizing evidence to the local context for informing policy and practice decisions in South Asia. The conference also provided a platform for participants to disseminate their research work. Also, the pre-conference workshops provided extensive information on qualitative and mixed-method systematic reviews.

### **Preconference Workshops on Qualitative Systematic Review and Mixed Methods Review**

The parallel sessions on Qualitative Systematic Review & Mixed Methods Review were scheduled from 2:00 - 5:00 pm IST/8:30 - 11:30 am GMT on 15<sup>th</sup> March 2022 through the Zoom online platform.

Preconference Workshop on Qualitative Systematic Review began with the session by Dr. Bhumika TV, Director General, Campbell South Asia (CSA), India, who deliberated on the topic “Introduction to Qualitative Systematic Review, Scope, and Methods.” The next session was on “Qualitative systematic review: Challenges and Policy Implications” which was dealt with by Dr. Kelly Dickson, Associate Professor, IOE - Social Research Institute UCL Institute of Education, London, UK. The sessions were followed by group work and discussions. The discussions were led by Mrs. Anupama D. S, Ph.D. Scholar, MCON, MAHE, Manipal. Mrs. Henita, Ph.D. scholar, MCON, MAHE was the head of the ceremony. There were 22 participants who participated in the workshop.

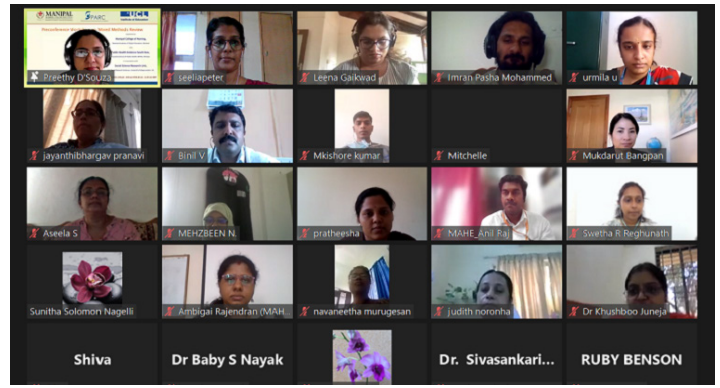
Preconference Workshop on Mixed Methods Review started with the session on “Introduction to Mixed methods Systematic Reviews” by Dr. Mukdarut Bangpan, Associate Professor, Departmental Graduate Tutor Module leader: International Development EPPI-Centre, UCL Social Research Institute, Dr. Preethy D’Souza Senior Research Fellow IOE - Social Research Institute UCL Institute of Education, London, UK deliberated a session on “Methodology and Challenges of Mixed-methods Systematic Review”. The sessions were followed by group work and discussion which was led by Mr. Siva, Ph.D. Scholar, MCON, MAHE, Manipal. Mrs. Sunitha Solomon, Ph.D. Scholar, MCON, MAHE was the master of the ceremony. There was a total of 37 participants who participated in the workshop.

### **International Conference on Indigenizing Systematic Review Evidence to Local Context For Informing**

SPARC-funded International Conference (virtual) on “Indigenizing Systematic Review Evidence to Local Context for Informing Policy and Practice Decisions” was organized by MCON, MAHE, Manipal and PHESA, PSPH, MAHE, Manipal in association with Social Science Research Unit, UCL Social Research Institute, UCL, UK on 16<sup>th</sup> and 17<sup>th</sup> March 2022 from 6:00 - 2:00 pm IST/8:30 12.30 - pm GMT. On 16<sup>th</sup> March, at 2.00 pm the conference began with the formal inauguration. Dr. Judith A Noronha, Dean, MCON, MAHE welcomed everyone, detailed introduction to the SPARC project was given by Dr. Baby S Nayak, Prof. & Head, Department of Child Health Nursing, MCON, MAHE, Manipal. Dr. H. Vinod Bhat, Executive Vice President, MAHE, Manipal was the Chief Guest. The vote of thanks was delivered by Dr. Binil, Associate Professor, Department. of MHN, MCON, MAHE, Manipal, who was the convenor of the conference.

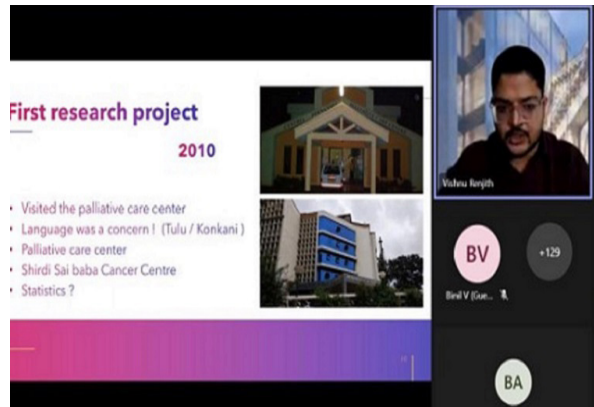
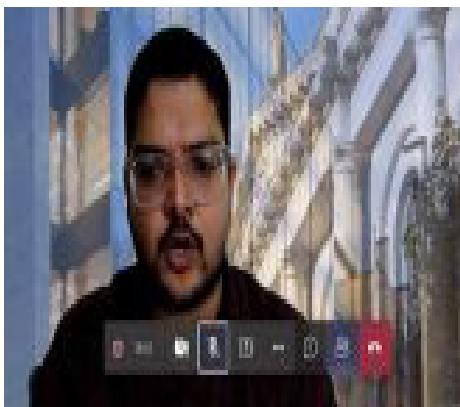
A total of 144 participants attended the conference. The participants were from different disciplines such as nursing, public health, physiotherapy, pharmacy, etc. The participants were actively involved during the session and overall feedback of the conference was good.





**MCON -SRF Webinar Series 1 on “Reflections on My First Research Project”**

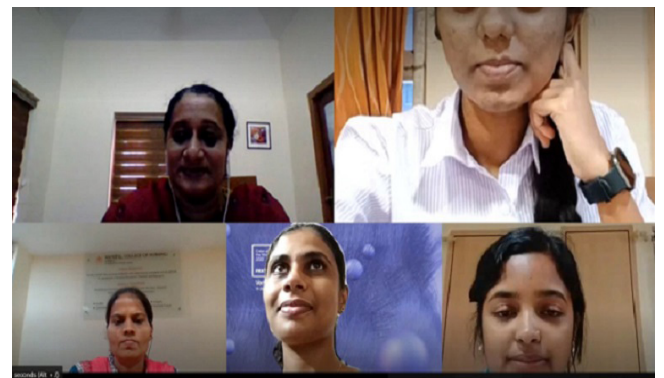
Manipal College of Nursing - Student Research Forum, MAHE, Manipal, organized the first session of the year-long webinar series on the topic – “Reflections on My First Research Project” on 26th February 2022 from 4.00 pm to 5.00 pm. The Resource Person for the session was Dr. Vishnu Renjith, Lecturer and Program Director, School of Nursing & Midwifery, Royal College of Surgeons, Dublin, Ireland. A total of 155 participants, including undergraduate and postgraduate students, Ph.D. scholars, project staff, and faculty of MCON attended the session. E-certificates were given to all the participants.



**MCON -SRF Webinar Series 2 on ‘Nursing Research and Innovation’**

Manipal College of Nursing - Student Research Forum, MAHE, Manipal, organized the second session of the year-long webinar series on the topic - ‘Nursing research and innovation’ on March 28, 2022, from 4 pm to 5 pm. The Resource Person for the session was Dr. Shejila C H, Professor-cum-Vice Principal, MIMS. College of Nursing, Puthukode, Malappuram, Kerala.

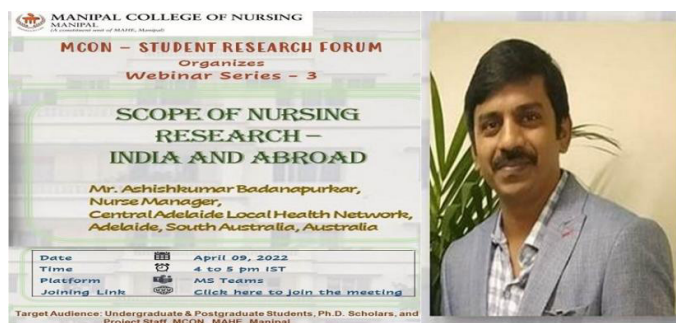
Dr. Shejila shared her knowledge on different aspects of nursing research and innovation. A total of 43 participants, including undergraduate & postgraduate students, Ph.D. scholars, project staff, and faculty of MCON attended the session. E-certificates were given to all the participants.



### MCON -SRF Webinar Series 3 - 'Scope of nursing research - India and abroad'

Manipal College of Nursing - Student Research Forum, MAHE, Manipal, organized the third session of the year-long webinar series on 'Scope of nursing research - India and abroad' on 9th April 2022, from 4 pm to 5 pm. The Resource Person for the session was Mr. Ashishkumar Badanapurkar, Nurse Manager, Central Adelaide Local Health Network, South Australia, Australia.

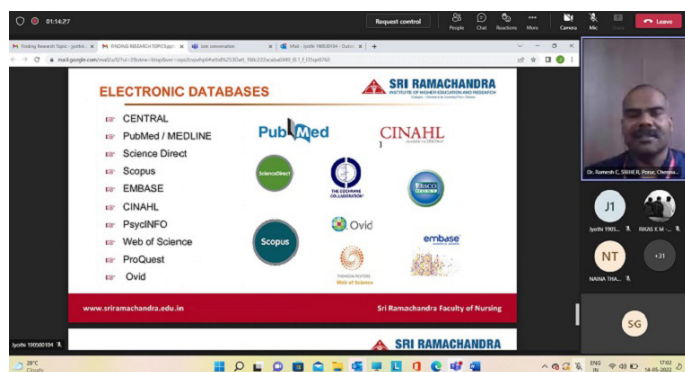
Mr. Ashishkumar shared his knowledge and personal experiences regarding different aspects of Nursing Research in India and abroad. A total of 33 participants, including undergraduate & postgraduate students, Ph.D. Scholars, and Project Staff of MCON attended the session. E-certificates were given to all the participants.



### MCON -SRF Webinar Series 4- "Finding Research Topics and Building Basic Knowledge"

Manipal College of Nursing - Student Research Forum, MAHE, Manipal, organized the fourth session of the year-long webinar series on "Finding Research Topics and Building Basic Knowledge" on 14<sup>th</sup> May 2022, from 4 pm to 5 pm. The Resource Person for the session was Dr. Ramesh C, Assistant Professor, Department. of Medical-Surgical Nursing, Sri Ramachandra Faculty of Nursing, Chennai, India.

Dr. Ramesh shared his knowledge and personal experiences regarding different aspects of finding research topics and building basic knowledge. The session was very informative and provided a well-appreciated guide for new researchers to plan research activities in nursing. A total of 39 participants, including undergraduate and postgraduate students, Ph.D. scholars, and project staff of MCON attended the session. E-certificates were given to all the participants.



### Research Publications

Varghese, E., Prashanth, K. T., Kuttikrishnan, M., & Yesodharan, R. (2022). Ratrijagarana night wakefulness and its impact on Manasika Bhava mental characteristics among industrial workers: A descriptive cross-sectional study. *Journal of Ayurveda and Integrative Medicine*, 13(2), 100505.

Mathias, E. G., Pai, M. S., Guddattu, V., & Bramhagen, A. C. (2022). Non-pharmacological interventions to reduce anxiety among children undergoing surgery: A systematic review. *Journal of Child Health Care*, 13674935211062336.



- Badagabettu, S., Archana, M. V., & Jomon, C. U. (2022). Awareness on thalassemia and opinion of carrier screening among young women from selected undergraduate colleges of Udupi district. *Clinical Epidemiology and Global Health*, 14, 100978.
- Sreenivas, S. B., Sujan, M. U., Trishala, D., Ramachandran, S., & Shashidhara, Y. N. (2022). Effectiveness of yoga on the attention of medical students: A prospective study. *Biomedicine*, 42(1), 91-97.
- Phagdol, T., Nayak, B. S., Lewis, L. E., Margaret, B., & George, A. (2022). Designing a mobile health intervention for preterm home care: Application of conceptual framework. *Public Health Nursing*, 39(1), 296-302.
- Chakrabarty, J., Christabel, S., Shanbhag, V., & George, A. (2022). Nurse Practitioner Education in India: Challenges, Opportunities, and Implications. *The Journal for Nurse Practitioners*.
- Yesodharan, R., Shehata, S. A., Jose, T. T., Hagra, A. M., & Nayak, V. (2022). Medico-legal history taking from the victims of sexual assaults: the role of nurse examiners. *Egyptian Journal of Forensic Sciences*, 12(1), 1-8.
- Varghese, S. D., Pai, R. R., & Udupa, K. (2022). Information needs assessment and development of information booklet for patients with cancer receiving chemotherapy: A cross-sectional analysis. *Cancer Research, Statistics, and Treatment*, 5(2), 240-246.
- Kundu, P., George, L. S., & Yesodharan, R. (2022). Quality of life and empowerment among women. *Journal of Education and Health Promotion*, 11.
- Nayak, S. G., Sharan, K., Chakrabarty, J., Devi, E. S., Ravishankar, N., & George, A. (2022). Psychosocial Distress of Head Neck Cancer (HNC) Patients Receiving Radiotherapy: A Systematic Review. *Asian Pacific Journal of Cancer Prevention*, 23(6), 1827-1835.
- Dsouza, J. P., Chakrabarty, J., Ramachandran, P., Guddattu, V., Nayak, B. S., & George, A. (2022). Effectiveness of a Nursing Intervention Module on Adherence, Knowledge, Quality of Life, and Complications Among Patients Receiving Anticoagulation therapy—a Randomized Controlled Trial Protocol. *Patient preference and adherence*, 16, 1723.
- Nayak, M. G. (2022). Assess Life Skills, Self-Esteem, and Self-Reported Lifestyle Practices Among Adolescents: A Descriptive Correlational Study. *Online Journal of Health and Allied Sciences*, 21(2).
- Upendra Ms, M., Nayak Dr, M. G., Kotian Ms, R. R., & YN Dr, S. (2021). Prevalence and quality of life among people with iodine deficiency disorders in selected villages of Udupi district, Karnataka. *Manipal Journal of Nursing and Health Sciences*, 8(1), 6.

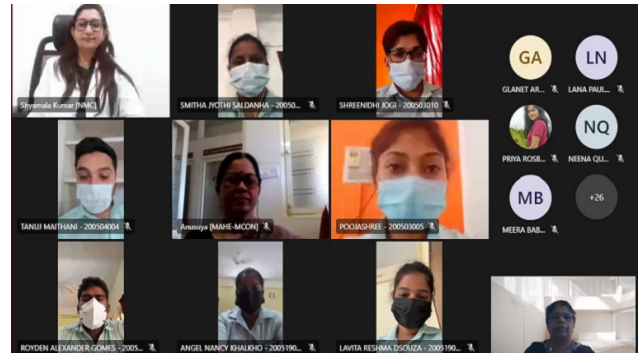
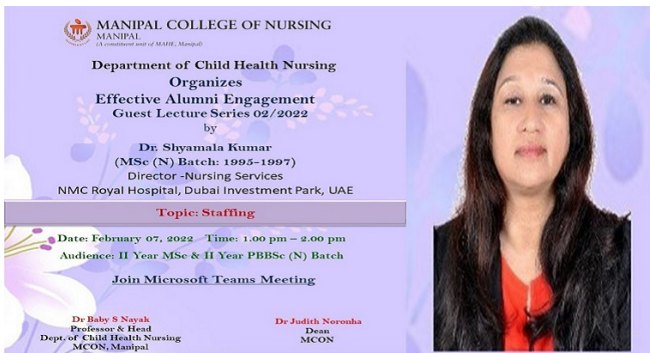
## ALUMNI RELATIONS AND EMPLOYER REPUTATION

### ALUMNI ENGAGEMENT GUEST LECTURE SERIES

#### Guest Lecture Series – 02/2022: “Staffing”

Department of Child Health Nursing Manipal College of Nursing, MAHE, Manipal organized a guest lecture on the topic “Staffing” by Dr. Shyamala Kumar, Director -Nursing Services, NMC Royal Hospital, Dubai Investment Park, UAE on 07 February 2022 at 1:00 pm through MS Teams platform.

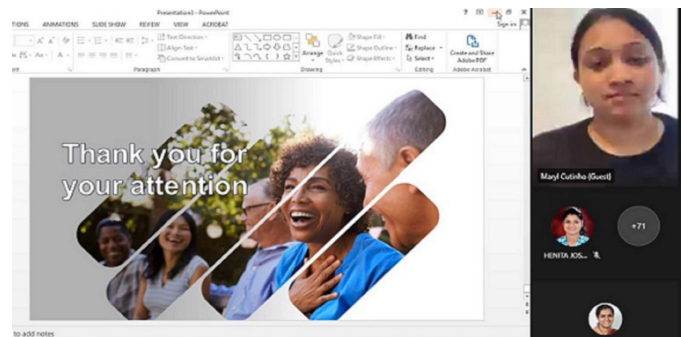
Dr. Shyamala Kumar stressed the importance of safe staffing and forecasting the staff. She also explained methods to establish staffing policies, assessing patient needs to be based on equity, dependency and workload, patient flow, and variability, match staffing to patient needs, communicate staffing changes throughout the organization and assess nurses to care for patients based on the complexity of care needs and continuity of care. A total of 19 second-year P.B.BSc Nursing students, 17 second-year MSc Nursing students, and nine faculty members attended the session. It was a useful and interactive session.



**Guest Lecture Series – 03/2022: “Colorectal Cancer & Stoma Care: An International Perspective”**

Department of Medical-Surgical Nursing, Manipal College of Nursing, Manipal organized an effective alumni engagement Guest Lecture series on “Colorectal Cancer and Stoma Care: An International Perspective” on 26<sup>th</sup> February 2022 between 02.30 pm and 03.00 pm to third year BSc Nursing and I year PBBSc Nursing students through Microsoft Teams Platform. Ms. Maryl Candida Cutinho (MSc (N) Batch: 2015- 2017) Registered Nurse, Manchester Royal Infirmary Hospital, NHS Foundation Trust, UK spoke on the topic. A total of 102 participants including students and faculty members of the college participated in the session.

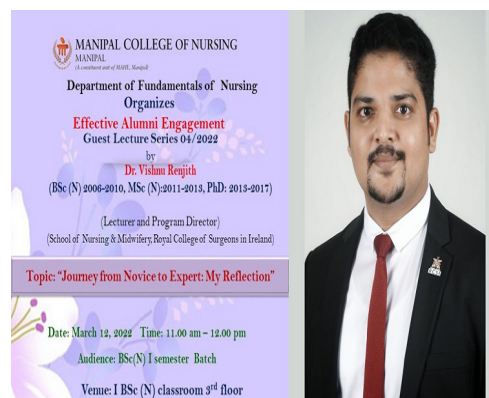
Ms. Janet Alva, Assistant Professor, Department of Medical-Surgical Nursing, MCON expressed gratitude to Ms. Maryl Candida Cutinho for accepting the invite and sharing her expertise on the subject with the students.



**Guest Lecture Series-04/2022: “Journey from Novice to Expert: My Reflection”**

A session on “Journey from Novice to Expert: My Reflection” was organized by the Department. of Fundamentals of Nursing, Manipal College of Nursing, MAHE Manipal on March 12, 2022, at 11 am in the 3<sup>rd</sup> floor I BSc classroom, MCON.

The Resource Person was Dr. Vishnu Renjith, Lecturer and Program Director at the School of Nursing & Midwifery, Royal College of Surgeons in Ireland. He shared his experiences when he was a student at MCON. A total of 99 (78 female and 21 male students) first-semester BSc Nursing students and five faculty members were part of guest lecture.





### Guest Lecture Series-05/2022: “Human Behaviour”

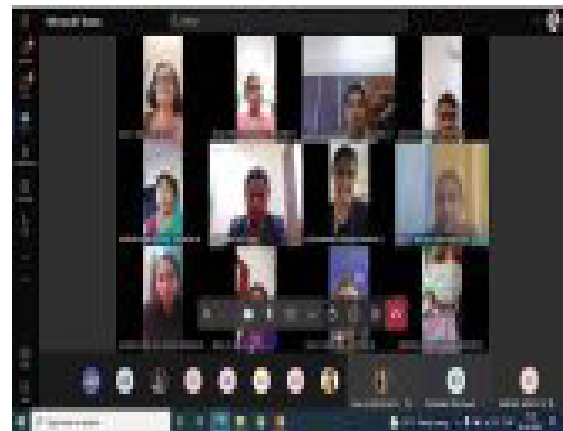
A session on “Human Behaviour” was organized by the Department. of Fundamentals of Nursing, Manipal College of Nursing, MAHE Manipal on March 21, 2022, at 2 pm for MSc Nursing students, faculty members, and Research Scholars of Manipal College of Nursing through virtual mode on Google Meet.

The Resource Person was Dr. Blessy Prabha Valsaraj, Assistant Professor, Department of Community and Mental Health, College of Nursing, Sultan Qaboos University, AL-Khoudh, Muscat. A total of 19 first-year MSc Nursing students, faculty members, and research scholars attended this session.



### Guest lecture series-06/2022: “Assertiveness in Communication”

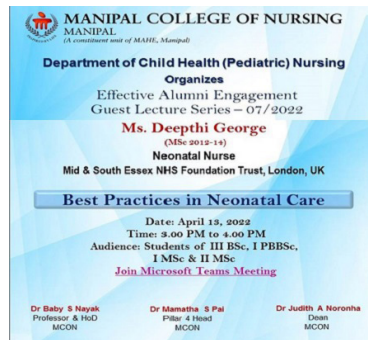
Department. of Child Health Nursing, Manipal College of Nursing, MAHE, Manipal had organized an alumni guest lecture on the topic “Assertiveness in Communication” on 28th March 2022 between 11.00 am and 12 noon. Ms. Rachana Das, Unit Nursing Lead for Nursing Quality and Nursing Education, Aster RV Hospital, Bengaluru (alumnus of MCON, Mphil Nursing 2011– 2014 batch, MSc Nursing 2008-2010 batch) explained the differences between passive, aggressive, and assertive behavior. The session was conducted as a webinar in Microsoft Teams and was attended by 97 fourth-year BSc Nursing students and four faculty members.



### Guest Lecture Series – 07/2022: “Best Practices in Neonatal Care”

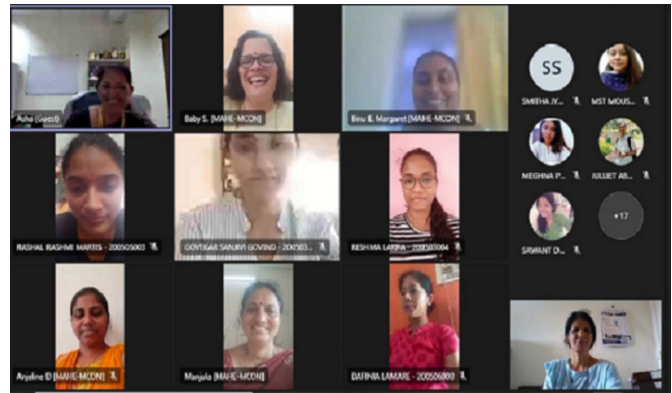
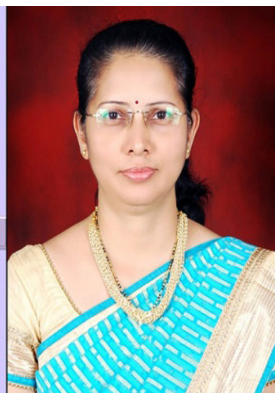
Department of Child Health Nursing, Manipal College of Nursing, Manipal Academy of Higher Education, Manipal organized an Alumni Guest Lecture on “Best Practices in Neonatal Care” on April 13, 2022, between 03.00 pm and 04.00 pm for undergraduate and postgraduate nursing students through Microsoft Teams. Ms. Deepti George, Neonatal Nurse, Mid and South Essex NHS Foundation Trust, London, UK, and alumni (MSc Graduate 2012-2014 batch) of MCON, Manipal was the speaker for the session. Ms. Deepti shared her experience of taking care of neonates and applying evidence-based practices in her workplace in the UK.

A total of 118 participants including third year BSc (73), first year PBBSc (20), MSc students (18) along with the faculty members and Research Scholars (07) of MCON, Manipal attended the guest lecture.



Guest Lecture Series – 8/2022: “Budget planning: Nursing Education and Service”

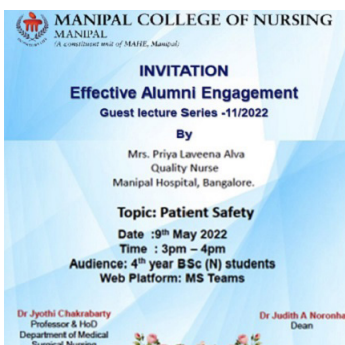
Department of Child Health Nursing, Manipal College of Nursing (MCON), Manipal Academy of Higher Education, Manipal organized an alumni guest lecture on “Budget planning: Nursing Education and Service” on April 18, 2022, between 03.00 pm and 04.00 pm for postgraduate nursing students through Microsoft Team Platform. Dr. Asha P Shetty, Principal and Professor, All India Institute of Medical Sciences (AIIMS.) College of Nursing, with the additional responsibility of Chief Nursing Officer at AIIMS., Bhubaneswar, Odisha, and alumni (MSc Graduate 1994-1996 batch) of MCON, Manipal was the speaker for the session. Dr. Asha P Shetty shared her experience of budget planning in her organization. 33 participants including second year MSc students (18) and the faculty members and research scholars (15) of MCON, Manipal attended the guest lecture.



Guest Lecture Series – 9/2022: “Patient Safety”

Department of Medical-Surgical Nursing, Manipal College of Nursing, Manipal organized a guest lecture on “Patient Safety” on May 09, 2022, between 3.00 pm to 4.00 pm to fourth year BSc Nursing internship students through blended mode. Mrs. Priya Laveena Alva, Quality Nurse, Manipal Hospital, Bangalore addressed the gathering on the topic. The session highlighted the causes of patient harm, preventive aspects, key actions, safety goals, and nurse responsibilities. A total of 98 participants including fourth year BSc Nursing internship students and faculty members of the college participated in the session.

Dr. Soumya Christabel, Assistant Professor, Department of Medical-Surgical Nursing, MCON, coordinated the session.





### Alumnus achievement

#### Dr. Treesa Scaria (BSc Nursing, Batch of 1991, Manipal College of Nursing, Manipal)

Dr. Treesa Scaria, Ph.D., PNP-BC, RNC, Assistant Professor, Dutchess Community College, NY, USA

Department Chair and Program Chair, Treesa J Scaria, MS N, CAGS (NP), CAGS (Ed), Ph.D. (c), PNP-BC, RNC, has been an RN for 25 years and a Nursing faculty for 21 years. Treesa has earned BSc N and MSc N from Manipal University, India, a Certificate of Advanced Graduate Study (PNP) from Stony Brook University, a Certificate of Advanced Graduate Study (Ed) from Pace University and is currently a Ph.D. candidate at Pace University. Her dissertation is on diversity in Nursing academia. Treesa is an Asst. Professor at Dutchess Community College since 2013. She is also an adjunct faculty at Pace University.



Treesa is currently practicing RN in a Neonatal Intensive Care Unit (NICU). In recognition of her dedication to the nursing profession, she was nominated for Hudson Valley Magazine award for nursing excellence in 2011. She also received an improvement of instruction grant from SUNY in 2014, an academic excellence award from the Honor Society (Stony Brook University), outstanding student award (Manipal University), and a Senator Patricia McGee scholarship for her Ph.D. studies.

She is one of the receivers of the NLN Foundation for Nursing Education Announces 2021 Scholarship Awards at NLN Education Summit, September 23-25, near Washington, DC.

#### Dr. Vishnu Renjith (Ph.D. in Nursing, Batch of 2017, Manipal College of Nursing, Manipal)

Dr. Vishnu Renjith has been conferred with the prestigious fellowship of the Faculty of Nursing and Midwifery (FFNMRCISI), Royal College of Surgeons in Ireland. The fellowship is one of the most prestigious professional qualifications awarded to nurses and midwives in recognition of their outstanding work and exceptional leadership in the profession.



#### Anushree Naik

Ms. Anushree Naik, Second Year NPCC student of MCON Manipal won her first Professional Boxing Bout against Maharashtra with an unanimous decision during “Tamil Nadu Proboxing series 2022” under Indian Boxing Council.



#### Stephen John (MPhil in Nursing, Batch of 2014, Manipal College of Nursing, Manipal)

Mr. Stephen John who is currently working as an Associate Professor at GIMS, GCON, Gadag is conferred with the COVID WARRIOR AWARD from Smt. Vidya S Dodmani, President, RMC in collaboration with Kannada Rakshana Sena, at RON, Karnataka. He is the recipient of the Seva Sindura award conferred by space media in collaboration with Namma Homeopathy, Bangalore.



## Testimonials

Manipal College of Nursing, according to me is a sea of knowledge and a ground for growth. As the seed sprouts from the ground and becomes a tree, I can say I have learned a lot from my postgraduate years and as a member of the faculty. I am grateful for all the teachers that taught me patience, confidence, and imbibed knowledge both theoretical and practical knowledge in me and made me competent so that I can stand in this position confidently and brightly. I am proud to say that I am a manipalite.



### Jackline Prathibha

Registered Nurse-Adult  
United Lincolnshire NHS Trust  
England, United Kingdom

MCON had a great impact on my personal and professional life. I am very grateful to all my teachers as they provided constant support for my academics as well as clinicals. The efforts they put in each class were amazing. Apart from this, we also got the opportunity to attend and organize various national and international conferences which added to our professional growth. I regret not doing my undergraduate from MCON. Research experience at MCON helped me to proceed with my career as a research assistant in ICMR, as well. And I am looking forward to joining in research team here as well. I strongly suggest Manipal College of Nursing to all upcoming nursing aspirants.



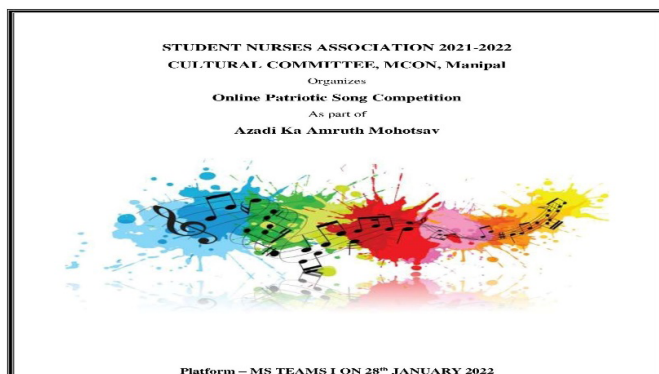
### Smita D Varghese

Band 5 Nurse  
James Paget University Hospital  
NHS Trust, Gorleston, Norfolk, UK

## STUDENT NURSES ASSOCIATION (SNA) ACTIVITIES

### Report on Online Patriotic Song Competition

The cultural committee of the Student Nurses' Association, Manipal College of Nursing, MAHE, Manipal organized an "Online Patriotic Song Competition" as part of Azadi Ka Amrith Mahotsav on 28th January 2022. The competition was supervised by Cultural committee advisor Ms. Sanju Pant and Cultural Chairperson Ms. Navya. A total of three students participated in the event. The results were announced on 31st January 2022.



### Fresher's Day 2022

Fresher's day 2022 was organized by the Cultural Committee of the Students Nurses Association on 5<sup>th</sup> February 2022. The cultural program started at 3:00 pm through virtual mode. Ms. Aksa James, fourth year BSc Nursing welcomed the gathering. Cultural performances were presented by students of various batches. Students showed their talent in singing, dancing, and poetry with great joy and enthusiasm. Dr. Judith A Noronha, Professor and Dean, MCON addressed the students with a motivational speech emphasizing the importance of health, following COVID protocols, and learning in the clinical area. Ms. Kirana R, secretary of SNA 2021-2022, delivered the thanks vote, and the program ended by 4:00 pm.





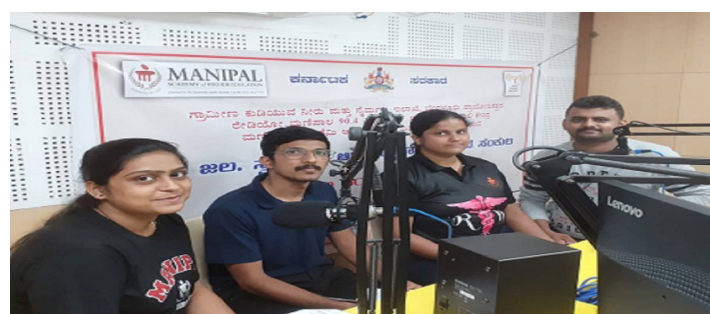
### Infant Child Nutrition Awareness Program

“Children are the future of society, and mothers are the guardians of that future.” As part of Bharath ka Amrith Mahotsav activity, the Health Education Committee of the Student Nurses Association (SNA)-2021 of Manipal College of Nursing, MAHE, Manipal, organized an awareness program on infant and child nutrition between 10.30 am & 12 noon on 18<sup>th</sup> February 2022 for the mothers and family members of antenatal and postnatal clients admitted in Women and Child Health block of Kasturba Hospital, Manipal. The sessions were delivered by Health Education Committee representatives, Mrs. Smitha Saldanha, Ms. Levia Marina Lobo, Ms. Jeena, Ms. Arpitha, and Ms. Aleena, through power point presentations, discussion and demonstration. They spoke on the importance of breastfeeding, technique, how to promote and identify the adequacy of breastfeeding, and discussed weaning and its significance. Students also emphasized exclusive breastfeeding, starting weaning at the right time, the proper methods of preparation, and early identification of malnutrition in children. This program was coordinated by Health Education Committee Chairperson Ms. Levia Marina Lobo, fourth year BSc Nursing and Mrs. Smitha Saldanha second year MSC Nursing, Child Health Nursing specialty and a total of 18 participants benefited from the program and its informative sessions.



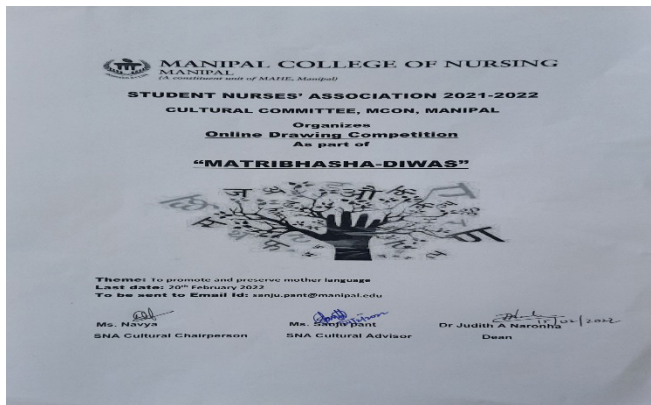
### Awareness Program on Communicable Diseases, their Prevention and Control through Radio FM

Health Education Committee of the Student Nurses Association (SNA)-2021-2022 of Manipal College of Nursing, MAHE, Manipal, organized an awareness program on infectious disease, its prevention, and control to the community population as part of Azadi ka Amruth Mahotsav. This radio talk was arranged and recorded on 3<sup>rd</sup> March 2022, at MIC, MAHE, Manipal. Radio talk was broadcasted on.17.03.2022 on Radio 90.4 FM.



## Drawing Competition on the Occasion of Matribhasha Diwas

The cultural committee of the Student Nurses' Association, Manipal College of Nursing, MAHE, Manipal organized a drawing competition as part of Azadi Ka Amruth Mahotsav, on 21<sup>st</sup> February 2022 on the day of Matribhasha Diwas. The theme for the drawing competition was "to promote and preserve mother language". The competition was held under the supervision of SNA Cultural committee members. Three students participated in the competition.



## UPCOMING EVENTS (July–December 2022)

Breastfeeding week celebration	MAHE e-Convocation
Independence Day	World Diabetes Day
Suicide Prevention Day	World AIDS day
Alzheimer's day	Imprintz
World Mental Health Day	National Handwashing Awareness Week
Newborn week celebration	Universal Health Coverage Day
Children's day	International Day of Persons with Disabilities.