

Awareness Session on behalf of Poshan Maah and World Rabies Day

Organized by: Department of Community Medicine, Kasturba Medical College (KMC)
Mangalore, Manipal Academy of Higher Education

Date: 13/09/2022

Time: 10.00 to 11.30 am

Venue: Government Primary School, Nadugodu

Resource person:

1. Dr. Mithun, Assistant Professor, Department of Community Medicine
2. Dr Paarth Garg, Postgraduate, Department of Community Medicine

Members of the team:

1. Mrs. Kavitha Shetty, Health Educator, Rural Health Training Centre Kateel, Department of Community Medicine
2. Mr. Rahul, Health Inspector, Rural Health Training Centre Kateel, Department of Community Medicine
3. Dr. Mohammad Sinanuddeen and Dr. Anchal Goyal, Medical Interns, Kasturba Medical College, Mangalore.

Target audience: Students of 1st to 7th standard of Government Primary School.

Total Number of students: 60

Summary of the programme:

Awareness Session about Nutrition on behalf of Poshan Maah and World Rabies Day was conducted by the Department of Community Medicine for students of 1st to 7th standard of Government Primary School, Nadugodu, Kateel on 13th September 2022. The session started with a formal introduction by the Head Mistress of the Institution followed by invocation song by the students.

Dr. Mithun, Assistant Professor gave an educative and interactive talk on nutrition and its importance along with importance of handwashing. Dr. Paarth, Postgraduate along with Medical interns of Dept of Community Medicine gave hands on training on handwashing techniques to all the students followed by the repetition and demonstration of proper handwashing techniques by students.

An activity to identify healthy and unhealthy food was arranged by Mrs Kavitha and Mr Rahul for the students, where students participated actively.

An awareness talk on First Aid during Animal bite was given by Dr. Mithun where he discussed briefly about various types of animal bite, first aid during animal bite and various preventive measures for the same. The session concluded with a vote of thanks from the principal of the school.



Photo 1- Prayer by Students



Photo 2- Talk by Dr.Mithun on Nutrition and Rabies



Photo 3- Handwashing technique by Dr. Paarth garg and medical interns



Photo 4- Game on Healthy and unhealthy foods



Photo 5- Vote of Thanks by Principal



Photo 6- Group Photo with Principal, teachers, and staff with team members from KMC, Mangalore