

Manipal College of Health Professions

(Mangaluru Campus)

Manipal Academy of Higher Education, Manipal

Outcome-Based Education (OBE) Framework

Two Years Full Time
Postgraduate Program
(Choice - Based Credit System)

Master of Physiotherapy (Cardiopulmonary Sciences)

MPT (Cardiopulmonary Sciences)

With effect from July 2021



CONTENT PAGE

SI#	Topic/ Content	Page #
1	Nature and extent of the program	2
2	Program education objectives (PEOs)	4
3	Graduate Attributes (GAs)	5
4	Qualifications descriptors	6
5	Program outcomes (POs)	7
6	Course structure, course wise learning objective, and course outcomes (COs) Course objectives Detailed course information Course outcomes Course assessment	8
7	Mapping of program outcomes and course learning outcomes	98
8	Program Regulations	100
	Head of the Department Dean	

Deputy Registrar - Academics

Registrar



1. NATURE AND EXTENT OF THE PROGRAM

Background and need of the program:

Physiotherapy in India has a history of over 70 years. It is a changing and evolving profession which encompasses the concepts of public health and primary/secondary for work, prevention. rehabilitation and fitness self-management term conditions and the provision of palliative care for all ages. The physiotherapist works in a complex environment and with multidisciplinary teams in primary healthcare industry, schools, hospitals and private practices. This work takes place in diverse communities and cultures. In a climate of changing health needs and healthcare provision, the physiotherapist requires skills in leadership and decision making. Lifestyle changes over the years resulted in an increase in the problems of neurological, musculoskeletal and cardiopulmonary systems. This means that the services of physiotherapists are in greater demand. Here at MAHE, we constantly upgrade our education and clinical skills to keep up with the current needs. The infrastructure at Kasturba Hospital Udupi, Manipal, and Mangalore and Manipal Hospital Bangalore provide an almost unending canvas to work on.

Duration of the Program: Two years

Four Semesters (Two years) of academic program

Aim of the Program:

- To provide an opportunity for qualified physiotherapists with an undergraduate degree to practice as Cardiopulmonary Physiotherapists.
- ii. To educate and empower the students to be independent practitioners using an advanced body of knowledge in a competent manner towards those who need such services, using evidence based practice with autonomy in quality assurance while maintaining the humanitarian approach of service.
- iii. To acquire skills required to be an effective theoretical & clinical teacher in physiotherapy, be proficient in research methods and apply these in the pursuance of research in physiotherapy.
- iv. To learn elements of administration in order to be an effective physiotherapy manager.



v. To practice life-long learning, professional development, for the benefit of students, the profession and to increase the effectiveness of health and social care delivery.

Entry level Qualification:

- i. The candidate must have passed Bachelor of Physiotherapy from any recognized University in India or abroad.
- ii. The candidate should have obtained an aggregate of 50% in all subjects of Bachelor of Physiotherapy

Scope of the Program:

On completion of the M.P.T. program, the graduates will be a competent physiotherapy specialist having heightened ethical and moral responsibilities as a health professional, demonstrating strong clinical reasoning skills with evidence-based approach in assessment, clinical diagnosis and intervention of a wide range of diseases and dysfunctions in nervous system. Postgraduates will have job opportunities in various acute hospitals, rehabilitation centers, multispecialty hospitals, special schools, geriatric centers, private organizations, non-government organizations and government institutions.

- Postgraduates can also pursue doctoral studies in clinical areas of their interest and become teaching faculty in the academic institutions.
- Postgraduates may also undertake research in Physiotherapy.



2. PROGRAM EDUCATION OBJECTIVES (PEOs)

The overall objective of the learning outcome-based curriculum framework (LOCF) for MPT (Cardiopulmonary Sciences) are as follows:

PEO No.	Education Objective
PEO 1	Students will be able to apply advanced body of knowledge and
	clinical competency with evidence based practice in Physiotherapy to
	achieve professional excellence.
PEO 2	Students will execute high order skills in analysis, critical evaluation
	and/or professional application of clinical and practical skills
	in Physiotherapy
PEO 3	Students will practice the profession by ethical norms and
	communicate effectively with the multi-disciplinary team.
PEO 4	Students will acquire creative proficiency in interpersonal and
	collaborative skills to identify, assess and formulate problems and
	execute the solution.
PEO 5	Students will synthesize research ideas, develop innovations, incubate
	new concepts and encourage entrepreneurship.
PEO 6	Students will display lifelong learning process for a highly productive
	career and will be able to relate the concepts of Physiotherapy
	towards serving the cause of the society.



3. GRADUATE ATTRIBUTES

S No.	Attribute	Description
1.	Professional Knowledge	Critically appraise scientific knowledge and integrate evidence based practice as a health care professional
2.	Clinical / practical skills	Apply clinical / practical skills to prevent, assess and manage quality health care services
3.	Communication	Displays empathetic and professional communication skills to patients/clients, caregivers, other health professionals and other members of the community
4.	Cooperation/Team work	Ability to practice collaboratively and responsibly with multidisciplinary team members to deliver high quality health care
5.	Professional ethics	Ability to resolve ethical issues and practice the ethical values in the professional life
6.	Research / Innovation-related Skills	Ability to generate and investigate research questions and translate the evidence into clinical practice.
7.	Critical thinking and problem solving	Ability to reason and judge critically and provide solutions for real life situations
8	Reflective thinking	Employ reflective thinking along with sense of awareness of one self and society
9	Information/digital literacy	Excel in use information communication and technology in ongoing learning situations
11.	Multi-cultural competence	Ability to effectively lead and respond in a multicultural society
12.	Lifelong Learning	Demonstrate the ability to acquire knowledge and skills that are necessary for participating in learning activities throughout life, through self-paced and self-directed learning aimed at personal development, meeting economic, social and cultural objectives, and adapting to demands of work place through knowledge/skill development/reskilling.



4. QUALIFICATION DESCRIPTORS:

- a. Apply (i) Advanced and up-to-date knowledge and excel in the academic field of study as a whole and its applications, and links to related disciplinary areas/subjects of study; including a critical understanding of the established theories, principles and concepts, and of a number of advanced and emerging issues in the field of Physiotherapy (ii) Procedural knowledge that creates different types of professionals related to the Physiotherapy, including research and development, teaching and in government and public service; (iii) Professional and communication skills in the domain of Physiotherapy, including a critical understanding of the latest developments, and an ability to use established techniques in the domain of Physiotherapy.
- b. Possess comprehensive knowledge about Physiotherapy, including current research, scholarly, and/or professional literature, relating to essential and advanced learning areas pertaining to the field of study, and techniques and skills required for identifying problems and issues.
- c. Proficient skills in i) identifying the issues in health care needs; ii) collection of quantitative and/or qualitative data relevant to client's needs and professional practice; iii) analysis and interpretation of data using methodologies as appropriate for formulating evidence based hypotheses and solutions.
- d. Apply knowledge, understanding and skills for critical assessment of a wide range of ideas and complex problems and issues relating to Physiotherapy in various specialties.
- e. Communicate efficiently with all stakeholders, and provide relevant information to the members of the healthcare team.
- f. Optimize one's own learning needs relating to current and emerging areas of study, making use of research, development and professional materials based on new frontiers of knowledge.
- g. Execute one's disciplinary knowledge and transferable skills to new/unfamiliar contexts and to identify and analyse problems and issues and seek solutions to real-life problems.



5. PROGRAM OUTCOMES (POs):

After successful completion of Master of Physiotherapy (Cardiopulmonary Sciences) program, students will be able to:

PO No.	Attribute	Competency
PO 1	Professional	Apply current evidence and scientific
	knowledge	knowledge to work as an expert
		member of health care system
PO 2	Clinical/	Employ clinical skills to provide quality health
	Technical skills	care services
PO 3	Team work	Empower the team with shared goals with the
		interdisciplinary health care team to improve
		societal health
PO 4	Ethical value &	Impart ethical values and
	professionalism	professionalism within the legal framework of
		the society
PO 5	Communication	Communicate professionally with
		the multidisciplinary health care team and the
		society
PO 6	Evidence based	Appraise and adopt high quality evidence
	practice	based practice that leads to excellence in
		professional practice
PO 7	Life-long	Advance knowledge and skills with the use
	learning	of recent technology for the continual
		improvement of professional practice
PO 8	Entrepreneurship	Build entrepreneurship, leadership and
	, leadership and	mentorship skills to practice independently as
	mentorship	well as in collaboration
		with the multidisciplinary health care team



6. COURSE STRUCTURE, COURSE WISE LEARNING OBJECTIVE, AND COURSE OUTCOMES (COs)

SEMESTER - I

Course Code	Course Title	C			istrib s/wee	Marks Distribution			
Code		L	Т	Р	CL	CR	IAC	ESE	Total
ABS6101	Advanced Biostatistics & Research Methodology		1	-	-	4	30	70	100
PTH6001	Principles of Physiotherapy Practice		2	-	-	3	100	-	100
PTH6003	Clinical Practice in Physiotherapy		-	-	36	12	100	-	100
PTH6170 Research Proposal in Cardiopulmonary Sciences		-	-	4	-	2	100	-	100
	Total	4	3	4	36	21	330	70	400
Note:									

Note:

ABS6101 will be conducted for 50 marks and normalized to 70 marks

SEMESTER - II

Course Code	Course Title				edit outio /weel		Marks Distribution		
		L	Т	Р	L	CR	IAC	ESE	Total
EPG6201	Ethics and Pedagogy	1	1	-	ı	2	100	ı	100
PTH6102	Foundations of Physiotherapy in Cardiopulmonary Sciences	1	2		1	3	50	50	100
PTH6104	Physiotherapy Clinical Practice in Cardiopulmonary Sciences - I	-	-	1	36	12	100	1	100
PTH6180	Research Progress in Cardiopulmonary Sciences – I	-	-	4	-	2	100	-	100
	Total	2	3	4	36	19	350	50	400

Note:

PTH6102 will be conducted for 100 marks and normalized to 50 marks



SEMESTER - III

Course Code	Course Title	Cr			stribu /wee	ution k)	Marks Distribution			
Code	Jode		Т	Р	CL	CR	IAC	ESE	Total	
PTH7101	Physiotherapy in General Cardiopulmonary Sciences	1	2	ı	ı	3	50	50	100	
PTH7103	Physiotherapy Clinical Practice in Cardiopulmonary Sciences - II	-	-	1	36	12	50	50	100	
PTH7105	Physiotherapy Practice in Cardiopulmonary Sciences		1	1	-	2	100	-	100	
PTH7170	Research Progress in Cardiopulmonary Sciences -II	-	-	6	ı	3	100	-	100	
	Total	2	3	6	36	20	300	100	400	

Note

PTH7101 will be conducted for 100 marks and normalized to 50 marks

PTH7103 will be conducted for 100 marks and normalized to 50 marks

SEMESTER - IV

Program Elective

The student may choose from anyone options from the list of Program Elective combinations provided in the table below.

Option-1: Elective in Critical care Physiotherapy

Course Code	Course Title	Cı			tribu week	Marks Distribution			
Code			Т	Р	CL	CR	IAC	ESE	Total
PTH7112	Physiotherapy in Critical care Physiotherapy	1	2	-	-	3	50	50	100
PTH7114	Clinical practice in Critical care Physiotherapy		-	-	36	12	50	50	100
PTH7180	Research Project in Cardiopulmonary Sciences	-	-	10	-	5	50	50	100
Total				10	36	20	150	150	300

Note:

PTH7112 will be conducted for 50 marks

PTH7114 will be conducted for 100 marks and normalized to 50 marks



Option-2: Elective in Cardiopulmonary rehabilitation

Course Code	Course Title	Cı		-	tribu week	Marks Distribution			
Code		L	Т	Р	L	CR	IAC	ESE	Total
PTH7122	Physiotherapy in Cardiopulmonary Rehabilitation	1	2	-	-	3	50	50	100
PTH7124	Clinical Practice of Physiotherapy in Cardiopulmonary Rehabilitation	-	-	-	36	12	50	50	100
PTH7180	Research Project in Cardiopulmonary Sciences	-	-	10	1	5	50	50	100
	Total				36	20	150	150	300

Note:

PTH7122 will be conducted for 50 marks

PTH7124 will be conducted for 100 marks and normalized to 50 marks

SEMESTER – IV-Elective in Health Promotion and Fitness

Course Code	Course Title	Cı			tribu weel	Marks Distribution			
Code		L	Т	Р	CL	CR	IAC	ESE	Total
PTH7132	Physiotherapy in Health Promotion and Fitness	1	2	ı	-	3	50	100	150
PTH7134	Clinical Practice of Physiotherapy in Health Promotion and Fitness	-	-	-	36	12	50	100	150
PTH7180	Research Project in Cardiopulmonary Sciences	-	-	10	-	5	50	50	100
	Total			10	36	20	150	250	400

Note:

PTH7132 will be conducted for 50 marks

PTH7134 will be conducted for 100 marks and normalized to 50 marks



OVERALL CREDIT DISTRIBUTION

Semester		Credit	t distril	oution		Marks Distribution			
	L	Т	Р	CL	CR	IAC	ESE	Total	
I - SEMESTER	4	3	4	36	21	330	70	400	
II - SEMESTER	2	3	4	36	19	350	50	400	
III - SEMESTER	2	3	6	36	20	300	100	400	
IV - SEMESTER	1	2	10	36	20	150	150	300	
Grand Total	9	11	24	144	80	1130	370	1500	

INTERNAL ASSESSMENT COMPONENT (IAC) WEIGHTAGE DISTRIBUTION

Theory		Practical		Research			
Components	%	Components	%	Components	%		
Mid semester exam	50	Case presentation	50	Performance evaluation	50		
Class seminar	30	Clinical performance	50	Presentation/ Report submission	50		
Assignments	20						



SEMESTER - I

COURSE CODE: COURSE TITLE

ABS6101 : Advanced Biostatistics & Research

Methodology

PTH6001 : Principles of Physiotherapy Practice

PTH6003 : Clinical Practice in Physiotherapy

PTH6170 : Research Proposal in Cardiopulmonary

Sciences



		Manip	al Colleg	je of Hea	Ith Profe	ssions			
Name o	f the Dep	artment	Phys	Physiotherapy					
Name o	f the Pro	gram	Mast	er of Phy	siotherap	у			
			(Car	diopulmor	nary scier	nces)			
Course	Title			anced Bio nodology		s & Rese	earch		
Course	Code		ABS	6101					
Acaden	nic Year		First						
Semest	er		1						
Number	r of Credi	its	04						
Course	Prerequi	isite		ents shou statistical		asic knov	vledge of	research	
Course Synopsis Course Outcomes (COs): At a CO1 Define the terms related CO2 List and explain the recoording Explain, calculate and			basic proto the content of the conte	cs of rese ocol for the course als ole size for yse the re ningful int and of the statistics on design pret the no	arch metheir resear o enables or their stussults of the erpretation courses and reseas and sameasures udies usi	nods and och questions the study as the study as the study as the study as the student sectors. Student sectors method of central and means the student sectors are the secto	hall be at nods (C1) chniques (research conally mate ests to cole to:	
Mannin	(C4)	roo Outoe	(CC)o) to Dro	arom Ou	itoomoo ((DOs):		
		rse Outco		1			1	DOS	
COs	P01	PO2	PO3	PO4	PO5	PO6	PO7	PO8	
CO1	X					.,			
CO2	X					Х			
CO4	X						.,		
CO4	X						Х		
CO5	Х	x							

Content	Competencies	Number of Hours
Unit 1	 Define statistics (C1) List the uses of statistics in health science research. (C1) Explain the role of Statistics in clinical and 	4



Content	Competencies	Number of Hours
	preventive Medicine. (C2)	
	Differentiate qualitative and quantitative	
	variables with examples. (C3)	
	5. Differentiate discrete and continuous variables	
	with examples. (C4)	
	6. List the properties of various scales of	
	measurement with example. (C1) 7. Define central tendency, measure of central	
	tendency. (C1)	
	8. Define arithmetic mean, median and mode. List	
	the properties, situation for use, and examples.	
	(C1)	
	9. Determine the three measures from raw data.	
	(C5)	
Unit 2:	I a	
	 Define and calculate quartiles and percentiles. (C4) 	4
	2. Define measures of dispersion (C1)	
	3. Define, calculate and interpret range, quartile	
	deviation, interquartile range, standard deviation,	
	variance and coefficient of variation.(C4)	
	4. Give the situation for the use of these measures	
	(C2).	
	1. Describe the properties of Normal and Standard	5
	Normal Distribution with sketch (C2)	
	2. List the applications.(C1)	
	3. Calculate probabilities recollecting the coverage	
	of the intervals mean±SD, , mean±2SD,	
	mean±3SD (C4)	
	4. Define skewness and list the characteristics with	
	sketch.(C1)	
	5. Define kurtosis and list the characteristics with	
	sketch.(C1) 6. Define and differentiate parameter and statistic	
	Define and differentiate parameter and statistic with examples (C4).	
	7. Define the basic terms-population, sample,	
	sampling, parameter, statistic, estimate and	
	estimator. (C1)	
	8. Define Point estimate (C1)	
	9. Define and Differentiate standard deviation and	
	standard error (C4)	
	10. Define sampling distribution (C1)	
	11. Describe the importance of sampling	
	distributions of different statistics.(C2)	
	12. Determine the sampling distribution of sample	
	mean, sample proportion, difference between	
	two means, difference between two proportions	



Content	Competencies	Number of Hours
	(Large sample approximation (CLT).(C5) 13. Calculate the standard error of mean, proportion, difference between two means, and difference between two proportions. (Large sample approximation (CLT). (C4)	
	 Construct and interpret confidence interval for mean, difference between two means, proportion, difference between two proportions (large sample approximation) (C5) 	3
Unit 3:		<u> </u>
	 Define /explain with example the concept of null hypothesis, alternative hypothesis, type I and type II errors. (C2) Define level of significance, power of the test and p-value (C1) Explain the difference between one sided and two-sided test (C2) Give the situation for non-parametric tests. (C2) List the differences, merits and demerits of non-parametric over parametric tests. (C1) 	4
	 Explain the situation, hypothesis tested, assumptions and example for paired and unpaired t-test. (C2) Interpret the output of paired and unpaired t-test (C4) Explain the situation, hypothesis tested, assumptions and example for one-way and repeated measures ANOVA (C2) 	3
	 Explain the situation, hypothesis tested, assumptions and example for : Mann-Whitney U-test, Wilcoxon signed rank test, Kruskal-Wallis ANOVA and Friedman's ANOVA (C2) Explain the situation, hypothesis tested, assumptions and example for Chi square test association/independence and McNemar's test for association (C2) Computation and interpretation of chi-square test (2 x2 table) and McNemar's test result (C2) 	4
	 Give example for positive and negative correlations. (C2) Explain different types of correlation with the help of scatter diagrams. (C2) Give the assumptions, properties, and interpretation of correlation coefficient.(C4) Explain the situation for the computation of Pearson's and Spearman's correlation 	4



Content	Competencies	Number of Hours
	 coefficient. (C2) 5. Interpret coefficient of determination.(C4) 6. Explain the situation, example, application and assumptions for linear and multiple regression.(C2) 7. Interpret regression coefficients in simple and multiple regression.(C4) 8. Explain the need for sample size computation.(C2) 9. Given the situation/ingredients, should be able to determine sample size for estimating mean and proportion, testing of difference in means and proportions of two groups.(C5) 	
	 Explain the difference between rate, ratio, and proportion with example. (C2) Calculate rate, ratio, and proportion (C4) Define and calculate Incidence and prevalence rates.(C4) Explain the design, merits and demerits of Case report, case series analysis, prevalence studies and ecological studies with example (C2) 	3
	 Explain the design, analysis (2x2 table and odds ratio), merits and demerits ((unmatched and 1:1 matched design) of case control study with example.(C2) Explain the design, analysis (2x2 table and relative risk), merits and demerits of cohort study with example.(C2) 	3
	 Explain confounding with example. (C2) List the methods to deal with confounding at design and analysis stage.(C1) Explain the design, analysis, merits and demerits of RCT with example. (C2) Explain the need of simple, block and stratified randomization with example.(C2) Explain the need and type of blinding with example (C2) 	4
	Explain the situation for the use of logistic regression and survival analysis with example.(C2)	3
	 Define Population, sample, sampling, and sampling frame. Give one example each.(C1) List the characteristics of a good sample.(C1) Differentiate and list the advantages and disadvantages of random and non- random sampling techniques.(C4) 	4



Content	Competencies	Number of Hours
	 Explain simple, stratified, systematic, cluster and multistage random sampling techniques with examples. List the merits and demerits of each of them.(C2) Explain Convenience, quota, judgment and snowball sampling with examples. List the merits and demerits of each of them.(C2) Explain the difference between sampling and non-sampling errors. Give example for sampling and non-sampling errors. List the methods to minimize these errors.(C2) 	
	 Define Sensitivity, specificity, PPV and NPV. (C1) Explain with example method of computation and interpretation. (C4) Explain with example, the situation for the application of Bland Altman plot, Kappa statistic. (C2) Explain the interpretation of Kappa Statistics.(C2) Explain the format of various research documents. (C2) 	4
	Total	52

Learning Strategies, Co	ntact H	ours and S	Studen	t Le	arning Ti	ime (SLT)	
Learning Strategies	Contact H	lours	Student Learning Time (SLT)				
Lecture		42				84	
Tutorial		4				8	
Self-directed learning (SE	DL)	6				12	
Total		52				104	
Assessment Methods							
Formative	Summat	Summative					
Assignments/Presentatio	ns/Quiz	Mid Semester Exam					
		End Semester Exam					
Mapping of Assessmen	t with C	Os					
Nature of Assessment		CO1	СО	2	CO3	CO4	CO5
Mid Semester Examination	on	Х	Х		Х		
Quiz / Assignment					Х	Х	
End Semester Exam	Х	Х		Х	Х	Х	
Feedback Process Mid-Ser		emester Feedback					
	emester Feedback						



Main Reference:	 Research for Physiotherapists: Project Design and Analysis - Caroline Hicks. (1995) Tests, Measurements and Research in Behavioural Sciences by A K Singh (1986) Rehabilitation Research - E-Book: Principles and Applications by Russell Carter, Jay Lubinsky, et al. (2015)
	 4. Foundations of Clinical Research by Leslie Gross Portney (2020) 5. Essentials of Research Methodology for all Physiotherapy and Allied Health Sciences Students by Ramalingam Thangamani A (2018)



		Manip	al Colle	ge of Hea	alth Profe	ssions		
Name	of the Department Physiotherapy							
Name	of the Pr	ogram	Master	of Physic	therapy (Cardiopul	monary S	ciences)
Cours	e Title		Princip	oles of Ph	nysiother	apy Pract	tice	
Cours	e Code		PTH60	01				
Acade	mic Year	,	First					
Seme	ster		I					
Numb	er of Cred	dits	03					
Cours	e Prerequ	uisite		nts should therapy pi		ic knowled	dge and s	kills in
Course Synopsis The course will provide information about principles evaluation and management of people with musculoskeletal, neurological, cardiorespiratory, paediatric, women health and geriatric disorders to apply basic and applied sciences in the evaluation and management. This course will also help the students to gain insights regarding standards of physiotherapy practice in the institution and community healthcare settings. This course will be delivered in the form of lectures, tutorials, and self-directed learning. Theory examination will be used assess the students' transferable skills and the learning outcomes.						ory, ers to ation he of vill be d self- used to		
	end of the	nes (COs) e course stu						
CO1		he guidelin			· ·		` '	
CO2	-	disability, m					•	<u>, </u>
CO3	Explain t (C4)	the biomech	nanics, p	hysiology	and cont	rol of hum	ian movei	ment
CO4		he principle and disord		•	•			various
CO5	•	the process erapy pract			ing and de	ecision ma	aking in	
Mapping of Course Outcomes (COs) to Program Outcomes (POs):								
COs	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8
CO1	Х							х
CO2	Х							
CO3	Х							
								T
CO4	X					Х		



Content	Competencies	Number of Hours	
Unit 1			
Standards of physiotherapy practice	Outline the national and international guidelines for standards of physiotherapy practice (C4)	01	
Unit 2			
Disability and evaluation	 Explain disability (C4) Distinguish between different models of disability (C4) Explain disability evaluation (C4) 	02	
Unit 3			
Development of Posture and Movement across life span	1. Explain the development of postural control across life span (C4) 2. Explain the development of movement across life span (C4) 3. Explain the development and maturation of reflexes (C4)	02	
Unit 4			
Biomechanics	1. Outline the biomechanics of TMJ, Joints of Thorax, Spine and Pelvis, Joints of Upper and Lower Extremity (C4)	01	
Unit 5			
Exercise Physiology	 Explain the acute responses and chronic adaptations to exercise (C4) Explain the principles of exercise testing and prescription (C2) 	03	
Unit 6			
Pain	Explain the physiology of pain (C4) Distinguish between different mechanisms of pain control (C4) Categorize the strategies of pain management (C4)	01	
Unit 7			
Neurophysiology of balance, coordination and locomotion	Explain the neurophysiology of balance and coordination (C4) Explain the neurophysiology of locomotion (C4)	02	
Unit 8			
Theories of Motor control and Motor Learning	Explain motor control (C4) Compare and contrast between different theories of Motor control (C4)	02	



Content	Competencies	Number of Hours
	3. Explain motor learning and theories of Motor Learning (C4)	
Unit 9		•
Principles of physiotherapy evaluation	 Outline the principles of musculoskeletal, neurological, and cardiopulmonary evaluation (C4) Outline the special considerations for physiotherapy evaluation in children, women and older adults (C4) Outline the evaluation protocols for physical fitness (C4) Explain the principles of diabetic foot examination (C4) 	08
Unit 10		•
Gait	 Distinguish between normal and pathological gait (C4) Explain the methods of gait analysis (C4) 	01
Unit 11		
Principles and applications of Electrodiagnosis	 List the electrodiagnostic methods (C4) Explain the principles of electrodiagnostic testing methods (C4) Outline the clinical applications of electrodiagnostic methods (C4) 	01
Unit 12		
Outcome Measures in Physiotherapy	 Categorize the outcome measures based on body structure and function, activity and participation domains of ICF (C4) Explain the psychometric properties of commonly used outcome measures (C4) Explain the method of administration and interpretation of commonly used outcome measures (C4) 	03
Unit 13		T
Clinical investigations relevant to Physiotherapy practice	 Choose the clinical investigations relevant to Physiotherapy practice (C3): Imaging; Biochemical; Electrophysiological; and systemic functional tests Interpret the findings in clinical investigations relevant to Physiotherapy practice (C2) 	02
Unit 14		
Physiotherapy treatment approaches	Outline the principles of physiotherapy treatment approaches including manual therapy, neurological, paediatric and	02



Content	Competencies	Number of Hours
	cardiopulmonary rehabilitation (C4)	
Unit 15		
Therapeutic electrophysical agents	Categorize therapeutic electrophysical agents (C4) Explain the physiological and therapeutic uses, applications and rationale of electrophysical agents (C4)	01
Unit 16		
Community Based Rehabilitation	Explain the principles of Community Based Rehabilitation (C4)	01
Unit 17		
Clinical Reasoning / clinical decision making in physiotherapy practice	 Outline the models of clinical reasoning (C2) Explain the processes involved in clinical decision making (C2) Explain the principles of evidence based practice in physiotherapy (C2) 	02
Unit 18		
Universal Precautions	Apply the universal precautions for infection control in physiotherapy practice (C3)	01
Unit 19		
Wound care	Explain the principles of tissue healing & physiotherapy assessment and management for wound care (C4)	01
Unit 20		
Prosthetics and Orthotics	 Explain the principles of prosthetic and orthotic prescription (C4) List the types, uses, advantages and disadvantages of upper limb, lower limb and spinal orthosis and prosthesis (C4) 	02
	Total	39

Learning Strategies, Contact Hours and Student Learning Time (SLT)							
Learning Strategies	Contact Hours	Student Learning Time (SLT)					
Lecture	13	26					
Seminar	26	52					
Total	39	78					
Assessment Methods							
Formative	Summative						
Presentations	Sessional Exam	Sessional Exam (theory)					



Mapping of Assessm	ent with COs:					
Nature of Assessmen	CO1	CO2	CO3	CO4	CO5	
Sessional Examination	1	Х	х	х	х	х
Assignments/Presenta	Assignments/Presentations			x	х	х
Feedback Process:	Mid-Semester Fee	dback				
	End-Semester Feedback					
Main Reference:	 Albrecht GL, Se disability studies Bélanger AY. The evidence behind Health/Lippincot Boissonnault Witherapy practice York, NY: Church Braddom's Physical David X et al; 5t Brandt Jr EN, Parchabilitation. Cech DJ, Martin across the life si Tolittmar SS, Greassessment and health professio Enderby P, John measures for relanguage therap John Wiley & Sc Essentials of Exal; Wolters Kluw Exercise Physical Performance & K. Katch; 7the Hausdorff JM, evaluation and 2005 Jul 15. Hausdorff JM, evaluation and 2005 Jul 15. Haywood K, Goth Edition. Hu Levangie PK, Norman Comprehensiv Magee DJ. Orth Health Science McSP PM. States McSP PM. States Misra UK; et all Health Science Misra UK; et all Health Science 	s. Sage Inerapeut de practice to William G, editore screen chill Livin sical Medical M	Publication of Physical of Phy	ons; 200 ophysical elphia: Wins; 201 nation in nedical d 1995 Jul d Rehab 016) of disab moveme alth Scie s. Functi ures for t 1997. Therapy ssionals v, occupa 1. y by Will 016) lutrition a lle, Frank ditors. G aylor & oan Moto 014 Jul 2 structure avis; 201 lassessi Fracey I, Book. Else otherapy	1 May 2- I agents Volters k 0. physical isease. I n. pilitation l ility and nt develor ences; 20 onal the rehal y outcom speech ational th liam McA and Hum k I. Katch ational th francis I or Develor 11. ment. Els Turk D. sevier Ho	4. : (luwer New by Cifu opment 002 Mar oilitation ne and nerapy. Ardle et nan n, Victor ders: JS; opment nction: a sevier Wall & ealth e.



- 18. Neumann DA. Kinesiology of the Musculoskeletal System-E-Book: Foundations for Rehabilitation. Elsevier Health Sciences; 2013.
- Nordin M, Frankel VH, editors. Basic biomechanics of the musculoskeletal system. Lippincott Williams & Wilkins; 2001.
- 20. O'Sullivan SB, Schmitz TJ, Fulk G. Physical rehabilitation. FA Davis; 2013 Jul 23.
- 21. Perry J. Gait analysis. Normal and pathological function. 2010:19-47.
- 22. Shumway-Cook A, Woollacott MH. Motor control: translating research into clinical practice. Lippincott Williams & Wilkins; 2007.
- 23. Shurr DG, Michael JW, Cook TM. Prosthetics and orthotics. Upper Saddle River: Prentice Hall; 2002.
- 24. Siegelbaum SA, Hudspeth AJ. Principles of neural science. Kandel ER, Schwartz JH, Jessell TM, editors. New York: McGraw-hill; 2000 Jan.
- 25. Uustal H. Prosthetics and orthotics. In Essential Physical Medicine and Rehabilitation 2006 (pp. 101-118). Humana Press.
- 26. Wadsworth H, Chanmugam AP. Electrophysical agents in physiotherapy: therapeutic & diagnostic use. Science Press; 1983.
- 27. Woollacott MH, Shumway-Cook A. Changes in posture control across the life span—a systems approach. Physical therapy. 1990 Dec 1;70(12):799-807.
- 28. World Confederation for Physical Therapy. WCPT guideline for standards of physical therapy practice.
- 29. Related scientific publications

NOTE: this is not an exhaustive list of references and there will be other textbooks and articles which should be referenced as well



	Manipal College of Health Professions								
Name	of the Department Physiotherapy								
Name	of the Pro	ogram	Master	r of Physic	otherapy (Cardiopul	monary S	ciences)	
Cours	e Title		Clinical Practice in Physiotherapy						
Cours	e Code		PTH6003						
Acade	Academic Year First								
Seme	ster								
Numb	er of Cred	dits	12						
Cours	e Prerequ	uisite		nts should therapy p		ic knowle	dge and s	skills in	
Cours	e Synops	iis	physiotherapy practice The course will provide information about principles of evaluation and management of people with musculoskeletal, neurological, cardiorespiratory, paediatric, women health and geriatric disorders to apply basic and applied sciences in the evaluation and management. This course will also help the students to gain insights regarding standards of physiotherapy practice in the institution and community healthcare settings. This course will be delivered in the form of practical demonstrations, tutorials, self-directed learning, problem based learning and case based learning. Practical examination will be used to assess the students' transferable skills and the learning outcomes.					ory, ers to lation the of will be ons, ed	
		n es (COs) e course stu	dent sha	all he ahle	to:				
CO1	ı	physiothera				tion in pe	ople with	diseases	
		rders (C4, F							
CO2		physiothera ve health ar				th disease	es and dis	orders	
CO3		ze and relat erapy evalu	•				lecision m	aking in	
CO4		thical and p inical practi			•	•		• ,	
Маррі	ng of Cou	urse Outco	mes (C	Os) to Pro	ogram Ou	ıtcomes ((POs):		
COs	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	
CO1		Х		Х					
CO2		Х		Х					
CO3		Х				Х			
CO4		Х		Х					



Content	Competencies	Number of Hours
Unit 1:		
Physiotherapy evaluation in clinical practice	 Perform musculoskeletal, neurological, and cardiopulmonary physiotherapy evaluation (C4, P4, A2) Explain the special considerations for physiotherapy evaluation in children, women and older adults and display the assessment techniques (C4, P3, A1) Explain the evaluation protocols for physical fitness and measure physical fitness (C4, P3, A1) Explain and demonstrate the components of diabetic foot examination (C4, P2, A1) Explain the methods of analysis and perform posture, balance and gait evaluation (C4, P4, A1) Examine pain and perform pain assessment (C4, P4, A2) Explain and demonstrate the components of physiotherapy assessment in wound care (C4, P2, A1) Choose the outcome measures based on Impairment, activity and participation domains of ICF in the clinical practice (C4, P1, A1) Discuss and display the method of administration of the commonly used outcome measures and interpret it (C4, P3, A1) Choose the clinical investigations relevant to Physiotherapy practice (C3, P1, A1): Imaging; Biochemical; Electrophysiological; and systemic functional tests Identify and interpret the findings in clinical investigations relevant to Physiotherapy practice (C2, P1, A1) Recognize and relate the processes involved in clinical decision making in physiotherapy evaluation (C4, P1, A1) Explain health related information with clients, caregivers, peers and health care professionals and demonstrates the ability to work as a team during evaluation (C4, P5, A3) Demonstrate ethical and professional behavior (Autonomy, beneficence, justice) during physiotherapy evaluation (A3) 	234



Content	Competencies	Number of Hours
Unit 2:		
Physiotherapy management in clinical practice	 Perform physiotherapy techniques in clinical practice including musculoskeletal, neurological, and cardiopulmonary rehabilitation (C4, P4, A2) Explain the special considerations for physiotherapy management in children, women and older adults and display the treatment techniques (C4, P3, A1) Explain the protocols for maintaining and improving physical fitness (C4, P2, A1) Explain the principles of diabetic foot management (C4, P2, A1) Explain the principles of posture, balance and gait rehabilitation and perform treatment techniques to train posture, balance and gait (C4, P4, A1) Categorize and perform the strategies of pain management (C4, P4, A2) Display the method of application of therapeutic electrophysical agents in the clinical practice (C4, P4, A1) Explain the principles of physiotherapy management in wound care (C4, P2, A1) Follow the universal precautions for infection control in physiotherapy practice (C3, P3, A1) Recognize and relate the processes involved in clinical decision making in physiotherapy management (C4, P1, A1) Explain health related information with clients, caregivers, peers and health care professionals and demonstrates the ability to work as a team during treatment (C4, P5, A3) Demonstrate ethical and professional behavior (Autonomy, beneficence, justice) during treatment (A3) 	234
	Total	468



Learning Strategies, C	ontact He	ours and	Studen	t L	earning T	ime (SLT):	
Learning Strategies		Contact Hours		Student Learning Time (SLT)				
Self-directed learning (SDL)		36	36		72			
Case Based Learning (0	CBL)	28	}			56		
Clinic		360)			-		
Practical		28				56		
Assessment		16				32		
Total		468	3			216		
Assessment Methods				1				
Formative		Summat	tive					
Case Presentations								
Clinical Performance								
Mapping of Assessme	nt with C	Os						
Nature of Assessment			CO1		CO2	CO3	CO4	
Presentations			Х		Х	х		
Clinical competency			Х		Х	х	х	
Feedback Process	Mid-Sen	semester Feedback						
	End-Ser	nester Fe	edback					
Main Reference	disab 2. Bélan evide Healtl 3. Boiss practi Churc 4. Brado David 5. Branc reha 6. Cech acros 29. 7. Dittma asses healtl 8. Ender meas langu John 9. Esser al; Wo	ility studies ger AY. The nee behind h/Lippincoronnault Worder screen chill Livings dom's Physical X et al; 5th Jr EN, Probilitation. DJ, Martings the life screen are sement and profession by P, John ures for reage therap Wiley & Sontials of Explores Kluwicise Physical Phy	s. Sage nerapeured practic trick William G, edito ing for restone; 19 sical Medical Me	Publice. Fine 1995 dici in the period in the	polications; electrophy. Philadelph & Wilkins; examination diseased Jun. In eand Revier (2016) odels of diseased Health Standard Bub; 1997 am B. The profession perapy, occurrence (2016) rgy, Nutriti	n in physic se. New You chabilitation sability and ement deve Sciences; a inctional for the reh	24. ts: s Kluwer eal therapy ork, NY: h by Cifu d elopment 2002 Mar abilitation ome ch and therapy. cArdle et man	



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Manipal College of Health Professions								
Name of the	e of the Department Physiotherapy							
Name of the	e Pro	ogram	Master	of Physic	therapy (Cardiopul	monary S	ciences)
Course Title	е		Resea	rch Propo	osal in Ca	ardiopuln	nonary Sc	iences
Course Coo	de		PTH61	70				
Academic Y	ear/		First					
Semester			1					
Number of	Cred	lits	02					
Course Pre	requ	isite	Studer method	nts should dology	have bas	ic knowle	dge in res	earch
Course Syn	•		unders a researce inculcate researce system the app develo approp course on scient	purse is destand the rearch protocete skills each gap of the particular of a principle and the principle application of the react of th	nuances ir col. It will ssential to clinical relature search research omes to pequip the provals requip to to color to c	n developi facilitate to the ident levance the ch. This co n methodo n plan and prove the h student w uired prio o current r	ng and prothe studentification of the use of the use of the the the known to initiation.	at to f a facilitate rds the of s. The owledge on of
Course Out At the end o			dent sha	all he ahle	to:			
		rate literatu				d for the s	study (C5.	P5)
		a research			· ·		- ,	
Mapping of						•		
COs PO	-	PO2	PO3	PO4	PO5	PO6	PO7	PO8
CO1 x		Х						
				i .				

Content	Competencies	Number of Hours
Unit 1:		
Formulation of research question	 Prepare search strategy and demonstrate Literature Search (C5, P5) Critically appraise the literature, identify research gap and need for the study (C3, P4) 	10
Unit 2:		
Method selection	Choose appropriate study design for the research question (C5, P1)	08



Content	Competencies	Number of Hours
	2. Organize procedural steps for implementing the study (C3, P4)	
Unit 3:		
Outcome measures	 Choose appropriate outcome measure based on research question and psychometric properties (C5, P1) Comply with the process of obtaining permission to use outcome measures from sources/developers (A2) 	08
Unit 4:		
Research proposal document	Prepare a research proposal document (P4) Choose appropriate statistical tools and tests (C5)	13
Unit 5:		
Scientific Approvals	 Proposes research protocol to relevant scientific committee(s) (P5, A3) Justifies the need and rationale for the study to the committee (C5,P4, A3) 	13
	Total	52

Learning Strategies, Contact Hours and Student Learning Time (SLT)							
Learning Strategies			Contact Hours		Student Learning Time (SLT)		
Small Group Discussion	on (SGD)		06 12		12		
Self-directed learning	(SDL)		42			-	
Assessment			04			08	
Total			52			20	
Assessment Methods	S						
Formative			Summ	ative			
Presentation							
Research Progress an	d Conduct	t					
Mapping of Assessm	ent with C	COs					
Nature of Assessmen	nt				CO1	CO2	
Viva					Х	Х	
Presentations					Х	Х	
Clinical/Practical Log E	Book/ Reco	ord B	Book		Х	Х	
Feedback Process	Presentation						
Main References	Analys 2. Found Portne	 Research for Physiotherapists: Project Design and Analysis –Caroline Hicks. Foundations of Clinical Research by Leslie Gross Portney Tests, Measurements and Research in Behavioural 					



- Sciences by A K Singh
- 4. Physical Therapy Research: Principles and Applications by Elizabeth Domholdt
- 5. Rehabilitation Research E-Book: Principles and Applications by Russell Carter, Jay Lubinsky, et al.
- 6. Essentials of Research Methodology for all Physiotherapy and Allied Health Sciences Students by Ramalingam Thangamani A

NOTE: this is not an exhaustive list of references and there will be other textbooks and articles which should be referenced as well



SEMESTER - II

COURSE CODE: COURSE TITLE

EPG6201 : Ethics and Pedagogy

PTH6102 : Foundations of Physiotherapy in

Cardiopulmonary Sciences

PTH6104 : Physiotherapy Clinical Practice in

Cardiopulmonary Sciences - I

PTH6180 : Research Progress in Cardiopulmonary

Sciences - I



Manipal College of Health Professions									
Name	of the De	partment	Physic	otherapy					
Name	of the Pr	ogram		er of Physi		ces)			
Cours	e Title		Ethics	Ethics and Pedagogy					
Cours	e Code	e Code EPG6201							
Acade	mic Year	ear First							
Semes	ster		II						
Numb	er of Cred	dits	02						
Cours	e Prerequ	uisite	NIL						
Cours	e Synops	The ethics module will help the post graduate students in understanding the ethical principles, identifying the ethical issues and resolving ethical dilemmas in their professional practice with specif focus on clinical and research ethics. The pedagogy of the module will help the post graduate students in understanding the education philosophy, teaching learning methods and learner.				les, thical specific est cational			
			form of small demonstrated based examinates be use	of didactic group lea nstrations I learning ination, as	lectures in the state of the st	e will be don workshowerials, seminatical section is actical section dentities.	elivered ir op format inars, ssions, pr ning. Theo nonstratio	n the and oblem ory ns will	
Cours	e Outcon	nes (COs)	form of small demondated based examing the use and le	of didactic group lea nstrations I learning ination, as ed to asse earning ou	lectures in the straing fut of the during properties and the strain functions in the strain function in the strain	e will be don workshow rials, seminactical s	elivered ir op format inars, ssions, pr ning. Theo nonstratio ansferable	n the and oblem ory ns will skills	
Cours CO1	1	nes (COs) hical princ	form of small demonds based examing the use and le	of didactic group lea nstrations I learning ination, as ed to asse earning ou	lectures in the straing fut of the strains of the s	e will be don workshorials, semi actical secreted learns and denudent's transmudent shall	elivered ir op format inars, ssions, pr ning. Theo nonstrationsferable	n the and oblem ory ns will skills	
	Apply etl	. , ,	form of small demonders based examing the use and lees. At the entitles in clinical small design.	of didactic group lea nstrations I learning ination, as ed to asse earning ou nd of the inical and	lectures in rning tutor during property & self-direct signment ess the stutcomes.	e will be don workshorials, semi actical semi ected learns and denudent's transmettice (elivered ir pp format inars, ssions, pr ning. The nonstrationsferable [I] be able [C3]	n the and oblem ory ns will skills	
CO1	Apply etl Analyse Integrate	hical princ	form of small demondated based examing the left and left in cliques and respond to the small sure and respondent in the small sure a	of didactic group lea nstrations I learning ination, as earning ound of the cinical and resolve ethalpropersolve ethalpropers	lectures in the state of the st	e will be don workshorials, semi- actical semi- actical semi- ected learns and den s and den udent's tra- udent shall practice (can	elivered ir op format inars, ssions, pr ning. Theo nonstrationsferable	n the and oblem ory ns will skills to:	
CO1	Apply etl Analyse Integrate academi	hical princ ethical iss principles	form of small demonds based examing the use and less in cliques and rest of adult 1 (C2)	of didactic group lea nstrations I learning ination, as ed to assert arning out of the inical and resolve etherning a	lectures i rning tutor during pr & self-dire ssignment ess the stu tcomes. course stu research nical dilen	e will be don workshorials, semi- actical semi- actical semi- ected learns and den- s and den- udent's transport to the udent shall practice (on- mas (C4) s roles of	elivered ir op format inars, ssions, pr ning. Theo nonstrationsferable	n the and oblem ory ns will skills to:	
CO1 CO2	Apply etl Analyse Integrate academi Apply va	hical princ ethical iss principles ic practice	form of small demonds based examing be used and less and respondent soft adult 1 (C2)	of didactic group lea nstrations I learning ination, as earning ou nd of the cinical and resolve etherning and ning method	lectures i rning tutor during pr & self-dire ssignment ess the stu tcomes. course stu research nical dilem and variou	e will be don workshorials, semi- actical semi- actical semi- ected learns and den udent's transition (C4) practice (C4) s roles of	elivered ir op format inars, ssions, pr ning. Theo nonstrationsferable (C3)	n the and oblem ory ns will skills to:	
CO1 CO2 CO3 CO4 CO5	Apply etl Analyse Integrate academi Apply va Assess s	hical princ ethical iss principles c practice rious teac	form of small demonds based examing the use and less and resort an	of didactic group lea nstrations I learning ination, as ed to assert arning out of the cinical and resolve ether learning arning method ents based	lectures i rning tutor during pr & self-directing signment ess the stutcomes. course stutcomes stutcomes and variou ods (C3, Fd on learn	e will be don workshorials, semi- actical serected learns and denudent's transident shall practice (on mas (C4) in some sofe each of e	elivered in properties of format in properties of the properties o	n the and oblem ory ns will skills to:	
CO1 CO2 CO3 CO4 CO5	Apply etl Analyse Integrate academi Apply va Assess s	hical princ ethical iss principles ic practice trious teac students' a	form of small demonds based examing the use and less and resort an	of didactic group lea nstrations I learning ination, as ed to assert arning out of the cinical and resolve ether learning arning method ents based	lectures i rning tutor during pr & self-directing signment ess the stutcomes. course stutcomes stutcomes and variou ods (C3, Fd on learn	e will be don workshorials, semi- actical serected learns and denudent's transident shall practice (on mas (C4) in some sofe each of e	elivered in properties of format in properties of the properties o	n the and oblem ory ns will skills to:	
CO1 CO2 CO3 CO4 CO5 Mappi	Apply etl Analyse Integrate academi Apply va Assess s	hical princ ethical iss e principles ic practice irious teac students' a urse Outc	form of small demonders based examing be used and less and responders for a company of the compa	of didactic group lea nstrations I learning ination, as ed to assert arning out of the cinical and resolve ether learning arning method ents based Os) to Program of the Program of the cents based Os) to Program of the Program of th	lectures i rning tutor during pr & self-direction s	e will be don workshorials, semi- actical servected learns and denudent's transcribe (names (C4) as roles of (C4) ing outcomes (C4)	elivered ir op format inars, ssions, pr ning. The nonstration insferable (C3) teacher ir mes (C3) (POs):	oblem ory ins will skills to:	
CO1 CO2 CO3 CO4 CO5 Mappi COs	Apply etl Analyse Integrate academi Apply va Assess s ng of Cou	hical princ ethical iss e principles ic practice irious teac students' a urse Outc	form of small demonders based examing be used and less and responders for a company of the compa	of didactic group lea nstrations I learning ination, as ed to assert arning out of the cinical and resolve ether learning arning method ents based Os) to Propose PO4	lectures i rning tutor during pr & self-direction s	e will be don workshorials, semi- actical servected learns and denudent's transcribe (names (C4) as roles of (C4) ing outcomes (C4)	elivered ir op format inars, ssions, pr ning. The nonstration insferable (C3) teacher ir mes (C3) (POs):	oblem ory ins will skills to:	
CO1 CO2 CO3 CO4 CO5 Mappi COs CO1	Apply etl Analyse Integrate academi Apply va Assess s ng of Cou	hical princ ethical iss e principles ic practice irious teac students' a urse Outc	form of small demonders based examing be used and less and responders for a company of the compa	of didactic group lea nstrations I learning ination, as ed to assert arning out of the cinical and resolve ether learning arning method ents based Os) to Propose PO4	lectures i rning tutor during pr & self-direction s	e will be don workshorials, semi- actical servected learns and denudent's transcribe (names (C4) as roles of (C4) ing outcomes (C4)	elivered ir op format inars, ssions, pr ning. The nonstration insferable (C3) teacher ir mes (C3) (POs):	oblem ory ins will skills to:	
CO1 CO2 CO3 CO4 CO5 Mappi COs CO1 CO2	Apply etl Analyse Integrate academi Apply va Assess s ng of Cou PO1 x	hical princ ethical iss e principles ic practice irious teac students' a urse Outc	form of small demonders based examing be used and less and responders for a company of the compa	of didactic group lea nstrations I learning ination, as earning out of the cinical and resolve ethers based os) to Propose PO4	lectures i rning tutor during pr & self-direction s	e will be don workshorials, semi- actical servected learns and denudent's transcribe (names (C4) as roles of (C4) ing outcomes (C4)	elivered ir op format inars, ssions, pr ning. The nonstration insferable (C3) teacher ir mes (C3) (POs):	oblem ory ins will skills to:	



Content	Competencies	Number of Hours
Unit 1: Ethics		
Principles of ethics History and evolution of ethics - Helsinki declaration; Nuremberg Code; Principles of ethics and its importance - Autonomy, Beneficence, Non-maleficence, Justice	 Outline the history and evolution of bioethics (C2) Explain the cardinal principles of bioethics (C2) Apply national and international bioethical principles (C3) 	2
Ethics in professional practice Principles of practice in respective profession. Privacy, confidentiality, shared decision making, informed consent, equality and equity, justice	 Outline the principles of ethics in professional practice - clinical, research, academics, administrative domains (C2) Apply the principles of ethics in professional practice (C3) 	
ICMR Guidelines General principles, Responsible conduct of research, Risk benefit assessment	 Outline the general principles of ethics for conduct of research based on ICMR guidelines (C2) Summarize the characteristics for responsible conduct of research (C2) Identify potential ethical issues based on risk benefit analysis (C3) 	3
Informed Consent Process Components of informed consent document, Procedure in obtaining informed consent, Special situations, waivers, and proxy consent	 Explain the components and procedures of informed consent process (C2) Apply suitable methods in obtaining informed consent (C3) Distinguish special considerations of informed consent process for waivers and proxy consent (C4) 	
Roles and Responsibilities of IEC Ethical Review process, Classification of projects for review, Roles and responsibilities of members, Communications with investigators and authorities	 Outline the process of ethical review of research proposals (C2) Relate the types of review based on the research project proposals (C2) Summarize the roles and responsibilities of IEC and its members (C2) Organize the mock ethical 	2



Content	Competencies	Number of Hours
	review meeting (C3) and examine the research proposal for ethical issues (C4)	
Ethics in Special and Vulnerable Populations Types of Vulnerability and vulnerable population, Challenges for research in vulnerable population, Guidelines for research in special and vulnerable population	 Define and explain the types of Vulnerability (C2) Outline the characteristics of special and vulnerable population (C2) Summarize the challenges for research in vulnerable population (C2) Apply the ICMR guidelines for research in special and vulnerable population (C3) 	2
Conflict of Interest Definition and Types of Conflict of Interest, Identifying, mitigating and managing Conflict of Interest, Conflicts of interest in international collaborations	 Define and explain the types of Conflict of Interest (C2) Identify and solve potential Conflict of Interest (C3) 	3
Publication Ethics Importance of publishing, Authorship guidelines according to ICMJE, Plagiarism	 List the importance of publishing scholarly works (C4) Examine the criteria of authorship based on ICMJE guidelines (C4) Test the publication for plagiarism (C4) 	
Unit 2: Pedagogy		
Principles of adult learning Systems approach in education; Curriculum - Definition, Components, Types of Curriculum (Outcomes-based, Competency-based, Performance-based, Objectives-based), Curricular alignment, Integrated Curriculum, Frameworks, Models (Harden's SPICES model) and approaches (problems-based learning, case-based learning).	 Relate 'Systems Approach' in education (C2) Define and explain the components of curriculum (C2) Outline the types of curricular frameworks (C2) Identify the characteristics of curricular frameworks (C3) 	2
Taxonomy of learning Blooms Taxonomy: Knowledge, Psychomotor and Affective domains, Specific Learning	 Classify domains of learning (C2) Distinguish the levels of mastery for each learning domains (C4) 	2



Content	Competencies	Number of Hours
Objectives - Elements, construction, mapping of SLOs to course outcomes.	3. Outline the elements of specific learning objectives (C3)4. Organize specific learning objectives based on domains of learning (C3)	
Teaching Methods Small Group Teaching: Group dynamics, Categories of SGT, Facilitating techniques, Generic & Specific SGT methods Large Group Teaching: Lectures	 Outline small group teaching methods (C3) Explain the generic and specific methods of small group teaching (C3) Outline large group teaching methods (C3) Explain the facilitation methods in large group lectures (C3) Perform microteaching (P4) 	5
Learner Assessment Principles, Characteristics and Types of assessment - Formative/Summative, Tools, Blueprinting	 Outline the principles, characteristics and types of assessment (C3) Identify appropriate tools for assessment. (C3) Construct a blueprint of assessment for theory and practical exam (C3) 	5
	Total	26

Learning Strategies, Contact Hours and Student Learning Time (SLT)							
Learning Strategies	Contact Hou	ırs	Student Learning Time (SLT)				
Lecture	13		26				
Small group discussion (SGD)	09		18				
Assignment / Microteaching	04		08				
Total 26			52				
Assessment Methods							
Formative		Summative					
Unit A		Unit A					
Assignments - Clinical Ethics (10); Research Ethics (10);			Sessional Exam: 30 MCQs = 30 marks				
Unit B			Unit B				
Assignments – Blueprinting (10)			ssional Exam: 20 MCQs = 20 rks				
Presentations – Microteaching sessions (20)							



Mapping of Assessment with COs:							
Nature of Assessment		CO1	CO2	CO3	CO4	CO5	
Mid Semester Examination	n	Х	Х	х	х	х	
Assignments/Presentation	าร	Х	Х	х	х	Х	
Feedback Process	Mid-Semes	ter Feedb	ack				
	End-Semes	ter Feedk	ack				
Main References	 Beaucha Ethics, F Patricia Adesign aresource 2007. National Health R 	 UNIT 1: Ethics Beauchamp and Childress, Principles of Biomedical Ethics, Fourth Edition. Oxford. 1994. Patricia A Marshall. Ethical challenges in study design and informed consent for health research in resource poor settings. World Health Organization. 2007. National Ethical guidelines for Biomedical and Health Research involving human participants. Indian Council of Medical Research. 2017. 					
	 UNIT 2: Pedagogy ABC of Learning and Teaching in Medicine. Editor(s): Peter Cantillon, Diana Wood, Sarah Yardley. Ed: 3 Understanding Medical Education: Evidence, Theory, and Practice, Editor(s): Tim Swanwick Kirs Forrest Bridget C. O'Brien. Ed 3 Principles of Medical Education. Editor(s): Tejinder Singh, Piyush Gupta, Daljit Singh. Jaypee Brothers 2012. NewDelhi. 					, ck Kirsty ejinder	



	Manipal College of Health Professions								
Name	of the De	partment	Physi	otherapy					
Name	of the Pro	ogram	Maste	er of Physi	iotherapy				
			(Card	(Cardiopulmonary Sciences)					
Cours	e Title		Foun	dations o	f Cardiop	oulmonar	y Science	es	
Cours	e Code		PTH6	102					
Acade	mic Year		First						
Semes	ster		П						
Numb	er of Cred	dits	03						
Cours	e Prerequ	uisite		ents should my, physi				•	
	e Synops	is nes (COs)	requir Cardic and re cardic skills the co throug lectur	The course will focus on the basic core subjects required for the practice of Cardiorespiratory physiotherapy. Students will review and recall the fundamentals of cardiorespiratory physiotherapy and will develop skills required for the implementation of the core skill set in cardiorespiratory physiotherapy through self-directed learning methods, supervised lectures and case-based discussions.					
	1	e course							
CO1	-	anatomy, p					• • • •		
CO2		ne evaluat spiratory p		_	and phar	macology	related to)	
CO3	Formulat	e a syster	natic eval	uation and	d treatmer	nt plan (C	4)		
Маррі	Mapping of Course Outcomes (COs) to Program Outcomes (POs):								
COs	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	
CO1	Х								
CO2	Х								
CO3	Х								

Content	Competencies	Number of Hours
Unit 1:		
Development, applied anatomy and physiology of the respiratory system in health and disease across lifespan	 Explain Embryology of the respiratory system (C2) Explain anatomy and physiology of the respiratory system and its application in various diseased states (C4) Explain biomechanics & kinesiology of respiration in health (C4) Relate pathomechanics and altered 	14



Content	Competencies	Number of Hours
	kinesiology to disease conditions (C4) 5. Analyze the investigations of the respiratory system: Pulmonary Function test, (Spirometry, Arterial blood gas analysis, Lung diffusion capacity, pulse oximetry, fractional exhaled nitric oxide tests, respiratory muscle strength and endurance assessment), Chest X ray and Computerized tomography scan of the respiratory system (C4)	
Unit 2		
Development, applied anatomy and physiology of the cardiovascular system in health and disease across lifespan	 Explain embryology (C2) Explain anatomy (including vascular anatomy) and physiology of the cardiovascular system and its application in various diseased states (C4) Analyse the investigations of the cardiovascular system: Electrocardiogram, Echocardiography, Doppler scan, Chest X-ray, angiogram, Holter monitoring (C4) 	8
Unit 3		
Pathophysiology of respiratory diseases	Explain pathophysiology of various acute and chronic diseases affecting the cardiorespiratory, vascular, neuromuscular, renal and metabolic systems (C3)	2
Unit 4		
Pharmocology in respiratory and cardiovascular systems	Explain Pharmacological interventions related to the cardiovascular and respiratory systems (including critical care and pain) (C3)	3
Unit 5		
Multisystem evaluation, assessment and outcome measures	Examine multiple systems related to Cardiopulmonary, neurologic, musculoskeletal, metabolic and integumentary system: Cardiopulmonary exercise testing, skin integrity assessment, wound assessment, Muscular strength & endurance, balance (C4)	6
Unit 6		
Cardiorespiratory physiotherapy techniques and therapeutics	Appraise physiotherapy techniques and adjuncts for management cardiorespiratory disorders (C4) Breathing retraining Lung expansion therapy Bronchial hygiene therapy	6



Content	Competencies		Number of Hours
	Humidification Oxygen therapy Aerosol therapy 2. Explain methods of documentation in cardiorespiratory physiotherapy (C2)		
	,	Total	39

Learning Strategies,	Contact	Hours and	l Stude	nt Lear	rning Time (S	SLT)	
Learning Strategies	Contact	Contact Hours Student Learning T		Time (SLT)			
Lecture	13		26				
Seminar	8			16			
Small group discussion	n (SGD)	12			24		
Problem Based Learni	ng (PBL)	6			12		
Total		39			78		
Assessment Method	ls						
Formative		Summativ	/e				
Seminars		Mid Seme	ster/Ses	ssional	Exam (Theor	ry)	
		End Seme	ester Exa	am (Th	eory)		
Mapping of Assessn	nent with	COs					
Nature of Assessme	nt		CO	1	CO2	CO3	
Mid Semester / Session	onal Exam	nination 1	х		X	Х	
End Semester Exam			х		X	Х	
Feedback Process	Mid-Sem	nester Feed	ester Feedback				
	End-Sen	nester Feed	dback				
Main Reference	 End-Semester Feedback Clinical Anatomy by regions; Editor: Richard Snell, 9th Ed; Wolters Kluwer Guyton & Hall Textbook of Medical Physiology by John E. Hall; 13th ed; Elsevier Pathophysiology of Disease: An Introduction to Clinical Medicine by Gary D. Hammer & Stephen McPhee, 7th Ed: McGraw Hill Education Pharmacology in Rehabilitation by Charles D. Ciccone, 4th Ed; Jaypee Wilkin's Clinical Assessment in Respiratory Care by Al Heuer, 8th Ed; Elsevier Examination in Physical Therapy practice: Screening for Medical Disease by William Boissonault, Churchill Livingstone Bate's Guide to physical examination and history taking by Lynn Bickley; 11th Ed; Wolters Kluwer Cardiorespiratory Physiotherapy: Adults and paediatrics by Eleanor Main & Linda Denehy; 5th Ed, Elsevier Related scientific publications 						



	Manipal College of Health Professions								
Name	of the D	epartmen	t Physic	otherapy					
Name	of the P	rogram	MPT						
Cours	se Title				clinical p ary Scien		1		
Cours	se Code		PTH6	104					
Acad	emic Yea	r	First						
Seme	ster		П						
Numb	er of Cre	dits	12						
Cours	se Prereq	uisite	Students should have basic knowledge in applied anatomy, applied physiology and physiotherapeutic skills.						
Cours	se Synop	sis	require Cardio and re cardio require the co	The course will focus on the basic core subjects required for the practice of Cardiorespiratory physiotherapy. Students will review and recall the fundamentals of cardiorespiratory physiotherapy and will develop skills required for the implementation of the core skill set in cardiorespiratory physiotherapy through self-directed learning methods, supervised					
		mes (COs he course	,	shall be	able to:				
CO1	-	and apply ations and	•	•	•		n, assess	ment,	
CO2	outcome	killed and measures spiratory F	s, demons	strate clini	cal decision	on making	in		
CO3 Discuss health related information and display verbal and written communication with patients/ clients, caregivers, peers and health care professionals and ability to work as a team (C3, P5, A3)									
Mapping of Course Outcomes (COs) to Program Outcomes (POs):									
COs	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	
CO1	X						Х		
CO2		Х					Х		
CO3				Х	Х				



Content	Competencies	Number of Hours
Unit 1		
Multisystem evaluation, assessment, investigations and outcome measures	 Demonstrate physical examination procedures of respiratory system – Lung function, inspiratory muscle strength & endurance; Cardiovascular system – Autonomic control, vascular integrity (C2, P4, A3) Demonstrate physical examination procedures of Cardiopulmonary and metabolic system(Cardiopulmonary exercise testing) integumentary system involving skin integrity breakdown, wound assessment and Neuro musculoskeletal systems – Muscular strength & endurance, balance (disease specific) (C2, P4, A3) Choose validated outcome measures (C3, P5, A2) Discuss health related information with clients, caregivers, peers and health care professionals and displays ability to work as a team (C3, P5, A3) Demonstrate the clinical reasoning and decision making process for the management of the patient based on the evaluation (C3, P5, A3) Display ethical and professional behaviour (Autonomy, Beneficence and Justice) during evaluation (A4) 	282
Physiotherapy management for cardiorespiratory conditions	 Organizes problem list and plan short term and long-term goals based on the evaluation findings (C3, P5, A3) Plan and perform Physiotherapy treatment techniques (C3, P5, A3) Discuss health related information with clients, caregivers, peers and health care professionals and displays ability to work as a team (C3, P5, A3) Displays ethical and professional behavior 	186
	(Autonomy, Beneficence and Justice) during treatment (A4)	
	Total	468



Learning Strategies, Contact						
Learning Strategies	Contact Hours	<u> </u>				
Self-directed learning (SDL)	36	7	7 2			
Case Based Learning (CBL)	28 56					
Clinic	360		-			
Practical	28 56					
Assessment	16	3	32			
Total	468 216					
Assessment Methods						
Formative	Summative					
Case presentations						
Clinical performance						
Mapping of Assessment with	COs					
Nature of Assessment	CO1	CO2	CO3			
Case Presentations	Х	Х	х			
Clinical performance	Х	Х	х			
Feedback Process	Mid-Semester Feedback					
	End-Semester Fo	eedback				
	 Clinical Anatomy by regions; Editor: Richard Snell, 9th Ed; Wolters Kluwer Guyton & Hall Textbook of Medical Physiology by John E. Hall; 13th ed; Elsevier Pathophysiology of Disease: An Introduction to Clinical Medicine by Gary D. Hammer & Stephen McPhee, 7th Ed: McGraw Hill Education Pharmacology in Rehabilitation by Charles D. Ciccone, 4th Ed; Jaypee Wilkin's Clinical Assessment in Respiratory Care by Al Heuer, 8th Ed; Elsevier Examination in Physical Therapy practice: Screening for Medical Disease by William Boissonault, Churchill Livingstone Bate's Guide to physical examination and history taking by Lynn Bickley; 11th Ed; Wolters Kluwer Cardiorespiratory Physiotherapy: Adults and paediatrics by Eleanor Main & Linda Denehy; 5th Ed, Elsevier 					
Additional References	9. Related scient NOTE: This is not and there will be which should be	other textbooks	and articles			



Manipal College of Health Professions								
Name	of the De	partment	Physio	therapy				
Name	of the Pr	ogram	Master	of Physic	therapy (Cardiopul	monary S	ciences)
Cours	e Title			rch Progi pulmona		ces - I		
Cours	e Code		PTH61	80				
Acade	mic Year	,	First					
Semes	ster		П					
Numb	er of Cred	dits	02					
Cours	Course Prerequisite Students should have acquired basic knowledge research					dge in		
mor rela cou Pra acc requ stud of s				aware of the proper methods of data collection, monitoring and obtaining necessary documentation related to the study (i.e., informed consent). The course will facilitate certification in Good Clinical Practice to ensure research is conducted in accordance to the current regulations and requirements. The course will also motivate the student stay up-to-date with the research in the area of study through regular updates of the literature review.			n, htation The cal ne ne area	
		nes (COs) e course s		all be able	to:			
CO1	Explain a	and demo	nstrate go	od clinica	l practice	during res	search (P	5, A3)
CO2	Demonstrate data collection procedures and document maintenance (P4, A4)					nce (P4,		
Mappi	ng of Cou	urse Outo	omes (C	Os) to Pr	ogram Ou	utcomes	(POs):	
COs	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8
CO1				Х		Х		
CO2		Х	Х					

Content	Competencies	Number of Hours
Unit 1:		
Good Clinical Practice	Explain components of Good Clinical Practice for conducting health related research based on ICMR guidelines (C2, P2, A1)	08



Content	Competencies	Number of Hours
Unit 2:		
Data collection	Perform data collection according to the procedure approved by the approval committees (P5, A3)	26
Unit 3:		
Document maintenance	Obtain, organize and store the documents relevant to the study e.g. Informed Consent document, Ethical approvals, data collection forms (P4, A4)	06
Unit 4:		
Literature Review update	Perform literature search and update the review (P4)	12
	Total	52

Learning Strategies,	Contact F	lours and S	tuder	nt Learning	Time (SLT)
Learning Strate		Contact H			earning Time (SLT)
Small Group Discussion	on (SGD)	10			20
Self-directed learning	32			-	
Practical		10			-
Total		52			20
Assessment Method	S				
Formative			Sum	mative	
Research Progress an	d Conduc	t			
Mapping of Assessm	ent with (COs:			
Nature of Assessmen	nt			CO1	CO2
Assignments/Presenta	ations				Х
Clinical/Practical Log E	Book/ Rec	ord Book		Χ	
Feedback Process:	Mid-Semester Feedback				
	End-Semester Feedback				
Main Reference:	Analys 2. Found 3. Tests, Science 4. Physic by Eliz 5. Rehab Applic 6. Essen and Al	Measurement of the seas by A K Since I Therapy Report of the season of t	Hicks. hical Rents and high deseard oldt earch - ssell Carch M	esearch by L I Research in ch: Principles E-Book: Prin arter, Jay Luk ethodology fo	eslie Gross Portney Behavioural and Applications ciples and



SEMESTER - III

COURSE CODE: COURSE TITLE

PTH7101 : Physiotherapy in General

Cardiopulmonary Sciences

PTH7103 : Physiotherapy Clinical Practice in

Cardiopulmonary Sciences - II

PTH7105 : Evidence Based Physiotherapy Practice

in Cardiopulmonary Sciences

PTH7170 : Research Progress in Cardiopulmonary

Sciences - II



Manip	Manipal College of Health Professions						
Name	of the Department	Physiotherapy					
Name	of the Program	MPT					
Cours	e Title	Physiotherapy in General Cardiopulmonary Sciences					
Cours	e Code	PTH7101					
Acade	emic Year	Second					
Semes	ster	III					
Numb	er of Credits	03					
Cours	e Prerequisite	Students should have basic knowledge in applied anatomy, physiology and physiotherapeutic skills in cardiopulmonary conditions					
	e Synopsis	The course will focus on the application of physiotherapy principles and skills in various conditions while also ensuring a higher level of knowledge and competency in evidence based physiotherapy for assessment and management of various disorders. The course will emphasize the importance of identification of problems through detailed assessment and evaluations using clinical skills and valid outcome measures to develop and formulate appropriate treatment interventions for management of these problems. Skills and knowledge to deal with acute respiratory complications/symptoms, within the scope of physiotherapy practice, will be delivered through this course. Development of skill and expertise in the assessment and management of patients with cancer, wounds/burns, diabetic foot syndrome, kidney disease and acute respiratory illness will be facilitated through the course. Additionally, students will also learn to manage acute pain (postoperative) and chronic pain (neuropathic pain and chronic pain) and evaluate & prescribe appropriate exercises for various chronic conditions (with an emphasis on diabetes, hypertension, obesity and metabolic syndrome)					
		tudent shall be able to:					
CO1	Apply knowledge of	basis sciences subjects into clinical practice (C3)					
CO2	, , , , , , , , , , , , , , , , , , , ,	hysiotherapy assessment and management of acute espiratory dysfunctions in cardiopulmonary					
CO3	evidence based phy cardiorespiratory dy	rsiotherapy practice for acute and chronic sfunctions (C5)					



Mapping of Course Outcomes (COs) to Program Outcomes (POs):								
COs PO1 PO2 PO3 PO4 PO5 PO6 PO7 PO8								PO8
CO1	Х	Х						
CO2	Х	Х						
CO3						Х	Х	

Content	Competencies	Number of Hours
Unit 1:		
Exercise Physiology in health and disease across lifespan	 Explain exercise physiology including cellular physiology and genetic pathways (C4) Explain applied exercise physiology in various acute and chronic diseases across the lifespan (C4) 	6
Unit 2:	T	
Assessment, Monitoring, outcome measures and Clinical reasoning in Cardiorespiratory physiotherapy practice	 Analyze the clinical reasoning and decision making process for the assessment of following (C3) Dyspnoea Fatigue Impaired airway clearance Reduced lung volumes and impaired gas exchange Respiratory muscle dysfunction Abnormal breathing pattern Pain musculoskeletal dysfunction (including postural abnormalities and decrease chest wall compliance) Explain and interpret monitoring methods in cardiorespiratory conditions (C2) 	6
Unit 3		
Management and evidence-based physiotherapy in cardiorespiratory physiotherapy practice	 Apply and justify evidence based cardiorespiratory physiotherapy strategies for following with recent evidence (C5) Dyspnoea Fatigue Impaired airway clearance Reduced lung volumes and impaired gas exchange Respiratory muscle dysfunction Abnormal breathing pattern 	4



Content	Competencies	Number of Hours
	 Decreased exercise tolerance musculoskeletal dysfunction (including postural abnormalities andecrease chest wall compliance) Outline risk management and emergency preparedness (including BLS and ACLS) (C4) 	
Unit 4		
Cancer rehabilitation	 Explain pathophysiology and clinical features of cancer (C4) Explain assessment procedures (including exercise testing and musculoskeletal assessment) for cancer patients (C4) Analyze and apply evidence based exercise interventions for cancer patients with medical, surgical and palliative management (C4) 	4
Unit 5		
Burns and wound healing	 Explain pathology, mechanisms, and clinical features of burns and wounds (conservative – positioning, LASER, hyperbaric oxygen therapy, dressing, Ultrasound therapy, splints and surgical management) (C4) Outline methods to assess wound and burns (C3) Use the evidence based physiotherapy intervention to promote the management of wound (C3) 	4
Unit 6		•
Diabetic foot	 Explain pathophysiology, clinical features and complications of diabetic foot (conservative- LASER, offloading tools, hyperbaric oxygen therapy, dressings, ultrasound therapy, splints and surgical management) (C4) Explain how the screening of musculoskeletal and neurological assessment is carried out in Diabetic foot (C3) Outline evidence based physiotherapy interventions (including exercise prescription) and rehabilitation strategies for Diabetic foot (C4) 	3



Content	Competencies	Number of Hours
Unit 7	I	
Renal rehabilitation	 Explain pathophysiology, clinical features & complications and the management (conservative and surgical) of acute and chronic renal disease (C4) Outline evidence based physiotherapy interventions (including exercise prescription) and rehabilitation strategies for renal disease (C4) 	2
Unit 8		
Acute cardiorespiratory care	 Explain assessment and monitoring of patients on organ support systems (mechanical ventilation, renal replacement therapy, IABP, pacemakers/LVADs, ECMO) (C4) Explain bedside technology (monitoring systems, infusion devices, external temperature control devices, sequential compression decompression devices and bed electronics (C4) Explain primary and secondary complications of acute illness Explain physiotherapy management for prevention and treatment of primary and secondary complications in medical and surgical patients (including pre and post operative management) (C4) Outline the role physiotherapist in interprofessional team approach (C4) Analyze physiotherapy interventions to prevent primary and secondary complications in patients with acute cardiorespiratory care (C4) 	3
Unit 9	4. Explain physical and a first (OA)	0
Assessment and management of pain in cardiorespiratory and metabolic disorders	 Explain physiology of pain (C4) Explain pathophysiology of acute and chronic pain (C4) Apply clinical reasoning in choosing appropriate assessment methods of pain (C3) Justify evidence based physiotherapy interventions for pain management 	3



Content	Competencies	Number of Hours
	towards in conditions like cancer pain, post- operative pain, neuropathic pain and myalgia (C5)	
Unit 10		
Exercise evaluation and prescription	 Explain physiological basis and rationale for exercise-based evaluations and interventions (C4) Analyze and interpret exercise evaluation: body composition, strength, flexibility and endurance (C4) Structure an exercise program for following conditions (C4) Diabetes HTN Obesity Metabolic syndrome 	4
	Total	39

Learning Strategies, Contact Hours and Student Learning Time (SLT)						
Learning Strategies		Contact Hours		Student Learning Time (SLT)		
Lecture		13		26		
Seminar		8			16	
Small group discussion (SGD)	12			24	
Problem Based Learning	(PBL)	2			4	
Assessment		4			8	
Total		39			78	
Assessment Methods	Assessment Methods					
Formative		Summat	ive			
Seminars		Mid Semester/Sessional Exam (Theory)				
		End Semester Exam (Theory)				
Mapping of Assessmen	t with C	COs				
Nature of Assessment			CO)1	CO2	CO3
Mid Semester / Sessiona	I Exami	nation 1	Х		X	Х
Presentations			Х		X	X
End Semester Exam			Х		X	X
Feedback Process	Mid-Se	Semester Feedback				
	End-S	emester F	eedbacl	K		
Main Reference	 Cardiorespiratory Physiotherapy: Adults and paediatrics by Eleanor Main & Linda Denehy; 5th Ed,Elsevier Exercise Physiology: Energy, Nutrition and Human Performance by William McArdle, Frank I. Katch, 					



- Victor K. Katch; 7th edition (2010)
- 3. Essentials of Exercise Physiology by William McArdle et al; Wolters Kluwer Health Inc (2016)
- 4. Physiology of Sport and exercise by Kenney W Larry; Wilmore Jack H; Human Kinetics Illinois 6th ed (2015)
- 5. Cardiovascular and Pulmonary Physical Therapy: Evidence to Practice by Donna Frownfelter & Elizabeth Dean; 5th Ed, Elsevier (2012)
- 6. Essentials of Cardiopulmonary Physical Therapy by Hillegass Ellen; 4th Ed, Elsevier (2017)
- 7. Cardiopulmonary Physical Therapy: A Guide to Practice by Irwin Scot &Tecklin Jan Stephen; 4th Ed, Mosby (2004)
- 8. Physiotherapy in Respiratory Care: An Evidence based approach to Respiratory and Cardiac Management by Alexandra Hough; 3rd Ed, Nelson Thornes Ltd (2001)
- 9. Emergency Physiotherapy by Beverley Harden; Churchill Livingstone (2004)
- 10. Braddom's Physical Medicine and Rehabilitation by Cifu David X et al; 5th Ed, Elsevier (2016)
- 11. Related scientific publications including position statements, guidelines, landmark trials, systematic reviews and meta-analysis and recent trials



Manip	oal Colleg	ge of Heal	th Profes	sions					
		<u>,</u> epartmen		therapy					
	of the Pi	•	MPT						
	se Title			Physiotherapy Clinical Practice in Cardiopulmonary Sciences - II					
Cours	se Code		PTH71	03					
Acad	emic Yea	r	Secon	d					
Seme	ster		III						
Numb	er of Cre	dits	03						
Cours	se Prereq	uisite		nts should ny, applied			•		
advar demo and ir treatment reatment re				This module is designed to apply fundamental and advanced knowledge in therapeutic sciences, demonstrate comprehensive assessment techniques and interpret findings, formulate and prescribe specific treatment plan, conduct a holistic and comprehensive treatment intervention safely and competently, monitor and re-evaluate treatment plans, use problem-solving principles and evidence-based practice in decision making of patient/client management, identify the scope and limitations of professional practices, manage and refer appropriately and communicate effectively in verbal and written forms with patients, their family/caregiver, peers, healthcare professionals and the stakeholders at large					
		mes (COs e course s	•	all be able	e to:				
CO1		trate phys and secon A3)							
CO2		trate evide learance a						nea,	
CO3	commun	health relation with onals and	h patients	/ clients, d	caregivers	, peers an		care	
CO4	Demonstrate the assessment procedures and evidence based physiotherapy interventions for patients in dialysis, Diabetic foot, wound and cancer (C4, P5, A3)						ound and		
	Mapping of Course Outcomes (COs) to Program Outcomes (POs):								
COs	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	
CO1	Χ	Х							
CO2						Х	Х		
CO3			Х		Х				
CO4						X	Х		



Content	Competencies	Number of Hours
Unit 1		
Assessment in Acute respiratory care Primary and secondary complication in acute respiratory care Dialysis Diabetic foot Wound Pain	 Apply the physiotherapy assessment to primary and secondary complications following acute respiratory care (C3, P4, A3) Apply physiotherapy assessment for patients with Dialysis (C3, P4, A3) Screening and demonstrate assessment procedures for diabetic foot (C2, P4, A3) Demonstrate and justify the assessment procedures of wound (C3, P5) Analyse and apply assessment of cancer pain, post operative pain and myalgia (C4, P5, A3) Discuss health related information with clients, caregivers, peers and health care professionals and displays ability to work as a team (C3, P5, A3) Display ethical and professional behaviour (Autonomy, Beneficence and Justice) during fitness testing and exercise prescription in adolescent girls and female athlete (A4) 	282
Physiotherapy management in cardiopulmonary conditions Primary and secondary complication in acute respiratory care Dialysis Diabetic foot Wound Pain	 Apply the physiotherapy interventions to prevent primary and secondary complications following acute respiratory care (C3, P4, A3) Construct a structured exercise program for patients with Dialysis (C3, P4, A3) Screening and demonstrate assessment procedures, evidence based physiotherapy interventions of diabetic foot (C2, P4, A3) Demonstrate and justify the assessment procedures of wound and evidence based physiotherapy interventions of wound (C3, P5) Analyse and apply evidence based practice in pain management of cancer pain, post operative pain and myalgia (C4, P5, A3) Organizes problem list and plan short 	186



Content	Competencies	Number of Hours
	term and long-term goals based on the evaluation findings (C3, P5, A3) 7. Plan and perform Physiotherapy treatment techniques involving airway clearance technique, lung expansion therapy and dyspnoea management (C3, P5, A3) 8. Discuss health related information with clients, caregivers, peers and health care professionals and displays ability to work as a team (C3, P5, A3) 9. Displays ethical and professional behavior (Autonomy, Beneficence and Justice) during assessment and treatment of clients. (A4)	
	Total	468

Learning Strategies, Co	ntact H	lours and	Studen	t Lear	ning 1	Time (SLT)
Learning Strategies		Contact Hours		Student Learning Time (SLT)			
Self-directed learning (SI	DL)	36		72			
Case Based Learning (C	28	1			56		
Clinic	360)			-		
Practical		28	1			56	
Assessment		16				32	
Total		468	3			216	
Assessment Methods							
Formative		Summat	ive				
Case presentations		End Sem	ester E	xam			
Clinical performance							
Mapping of Assessmen	t with C	COs					
Nature of Assessment			CO1	C	02	CO3	CO4
Case Presentations			х		Х	Х	Х
End Semester Exam			х		Х	Х	Х
Feedback Process	Mid-Se	emester Fe	eedback	(
	End-S	emester F	eedbacl	<			
Main Reference	 Cardiorespiratory Physiotherapy: Adults and paediatrics by Eleanor Main & Linda Denehy; 5th Ed,Elsevier Exercise Physiology: Energy, Nutrition and Human Performance by William McArdle, Frank I. Katch, Victor K. Katch; 7th edition (2010) Essentials of Exercise Physiology by William McArdle et al; Wolters Kluwer Health Inc (2016) 						



- 4. Physiology of Sport and exercise by Kenney W Larry; Wilmore Jack H; Human Kinetics Illinois 6th ed (2015)
- 5. Cardiovascular and Pulmonary Physical Therapy: Evidence to Practice by Donna Frownfelter & Elizabeth Dean; 5th Ed, Elsevier (2012)
- 6. Essentials of Cardiopulmonary Physical Therapy by Hillegass Ellen; 4th Ed, Elsevier (2017)
- 7. Cardiopulmonary Physical Therapy: A Guide to Practice by Irwin Scot &Tecklin Jan Stephen; 4th Ed, Mosby (2004)
- 8. Physiotherapy in Respiratory Care: An Evidence based approach to Respiratory and Cardiac Management by Alexandra Hough; 3rd Ed, Nelson Thornes Ltd (2001)
- 9. Emergency Physiotherapy by Beverley Harden; Churchill Livingstone (2004)
- 10.Braddom's Physical Medicine and Rehabilitation by Cifu David X et al; 5th Ed, Elsevier (2016)
- 11.Related scientific publications including position statements, guidelines, landmark trials, systematic reviews and meta-analysis and recent trials



		Mani	pal Colle	ge of Hea	alth Profe	ssions					
Name	of the De	partment		therapy							
Name	of the Pr	ogram	Master	of Physic	therapy (0	Cardiopuli	monary S	ciences)			
Cours	e Title			nce Based pulmona			ractice in	l			
Cours	e Code		PTH71	05							
Acade	mic Year	•	Second	d							
Seme	ster		Ш								
Numb	er of Cred	dits	02								
Cours	e Prerequ	uisite		its should physiothe			dge in evi	dence			
	e Synops	nes (COs)	search and ap for the of card studen develop assess literatu landma controv	urse will for evider ply the rel physiothe iopulmonats will lear pments in the lark studies versies, or	nce, appra levant evid rapy asse ary conditi in to sumn cardiopul treatment ast 5-10 y	dence into dence into essment a ons. Thro narise rec monary (i t) by revie ears while els of evic	vailable lit o clinical p nd managough this c ent trends ncluding wing the se e emphasidence, on-	erature ractice gement course, and scientific zing on going			
		n es (COs) e course si		all be able	to:						
CO1	Appraise	e the proce practice (C	ess of evid			e and imp	olementat	ion to			
CO2		e the proces across lif			sed praction	ce in cardi	iopulmona	ary			
CO3	Appraise diseases	e the proces s (C5)	ess of evid	dence-bas	sed praction	ce cardiop	oulmonary				
		urse Outc					ī				
COs	PO1	PO2	PO3								
CO1						Х	Х				
CO2	Х					Х					
CO3	Х					Х					

Content	Competencies	Number of Hours
Unit 1:		
Evidence based practice	1. Define evidence-based practice (EBP) (C1) 2. Explain the process of evidence-based practice (C4) 3. Adopt a search strategy and appraise the available literature (C5)	2



Content	Competencies	Number of Hours
Unit 2		
Evidence based Physiotherapy assessment in cardiopulmonary conditions across life span	 Identify, appraise and summarize evidence through systematic searches of databases for the assessment of cardiopulmonary diseases across life span (C5) Recommend strategies for implementation of evidence based practice assessment of cardiopulmonary diseases (C5) 	12
Unit 3 Evidence based Physiotherapy management in cardiopulmonary conditions	I. Identify, appraise and summarize evidence through systematic searches of databases for management of cardiopulmonary conditions (C5) Recommend strategies for implementation of evidence based management strategies in cardiopulmonary conditions (C5)	12
	Total	26

Learning Strategies, Contact Hours and Student Learning Time (SLT)							
Learning Strate	gies	Contac	t Hours	Stu	Student Learning Time (SLT)		
Lecture			2		4		
Seminar			24		48		
Total			26		52		
Assessment Method	s						
Formative		Summa	tive				
Presentation		Session	al Exam	(theoı	y)		
Mapping of Assessm	ent with C	Os					
Nature of Assessme	nt		CO1		CO2	CO3	
Sessional Examination	า		Х		Х	X	
Assignments/Presenta	ations		Х		X	X	
Feedback Process	Mid-Seme	ester Fee	dback				
Main Reference	Dianne 2. http://w 3. https://w tml 4. https://w readers, 5. Young article. N 91 6. I stateme	V Jewell; ww.apta. www.nlm. www.bmj. /publicati JM, Solo Nat Clin F Related ents, guid	Jones an org/Evide nih.gov/b com/abou ons/how-omon MJPract Gas scientific	nd Ba enceR sd/dis ut-bm read- read- l. Ho stroen publ ndma	rtlett Publishe Research/EBP sted/pubmedtu j/resources paper w to critically terol Hepatol. lications inclurk trials, syste	Tools/	



		Manip	al Colle	ge of Hea	alth Profe	ssions		
Name	of the De	partment	Physiot	herapy				
Name	of the Pro	ogram	Master	of Physio	therapy (C	Cardiopuln	nonary So	ciences)
Course	e Title		Resear	ch Progre	ess in Car	diopulmo	nary Scie	ences - II
Course	e Code		PTH71	70				
Acade	mic Year		Second	l				
Semes	ster		Ш					
Numbe	er of Crec	lits	03					
Course	e Prerequ	iisite	Studen project	ts should	have basi	c knowled	lge on res	earch
Course	e Synops	is	This course is developed to introduce the student to the art of scientific writing. Students will be facilitated to complete a required certification in scientific writing during this time and will be prepared to implement the knowledge from this course into writing their research project. This course will ensure that students continue to adhere to guidelines and good clinical practice recommendations related to enrolment, data collection and storage. The course will enhance the skill of the student to keep abreast with recent developments in the area of study through periodic literature updates.					
At the	end of the	nes (COs) course stu						
CO1	-	and compon						
CO2	Demonst A4)	rate data d	collection	n procedu	res and o	document	maintena	ince (P4,
CO3	Perform	literature se	arch an	d update	(P4)			
Mappi	ng of Coເ	ırse Outco	mes (CC	Os) to Pro	ogram Ou	tcomes (POs):	
COs	PO1	PO2	PO3	PO4	PO5	PO6	P07	PO8
CO1	Х	Х						
CO2			Х		Х			
CO3		Х				X		

Content	Competencies	Number of Hours
Unit 1:		
Basics of scientific writing	1. Explain the components of scientific writing in dissertation and manuscript (C2, P2)	08
Unit 2:		
Data collection	Perform data collection according to the procedure approved by the approval committees (P5, A3)	39



Content	Competencies	Number of Hours
Unit 3:		
Document maintenance	Obtain, organize and store the documents relevant to the study e.g. Informed Consent document, Ethical approvals, data collection forms (P4, A4)	06
Unit 4:		
Literature update	Perform literature search and update the review (P4)	25
	Total	78

Learning Strategies, Cor	ntact F	lours and	Studer	nt Lea	ning Time (S	SLT)	
Learning Strategies	}	Contact	Hours	Student Learning Time (SLT)			
Small Group Discussion (S	SGD)	10	20				
Self-directed learning (SD	L)	48			-		
Practical		20			-		
Total		78			20		
Assessment Methods							
Formative			Sumn	native			
Research Progress and C	onduct	t					
Mapping of Assessment	with (COs					
Nature of Assessment			CC)1	CO2	CO3	
Assignments/Presentation	S				x		
Clinical/Practical Log Bool	k/ Reco	ord Book	X			x	
Feedback Process	Mid-S	Semester F	eedbac	k			
	End-S	Semester I	Feedba	ck			
Main Reference	An. 2.Fot Po 3.Tes Sci 4.Phy 5.Ref Ap 6.Ess Ph by NOTI	alysis –Caundations rtney sts, Measu fences by risical Ther plications be retailed of sentials of sysiotherap Ramalingations is not sentials of sysiotherap retails is not sentials.	roline Hof Clini rements A K Singapy Researcy Researcy y and A am Than of an exe	licks. cal Re s and F gh search beth C ch Het ch Met ngama hausti textbook	-Book: Princip rter, Jay Lubin hodology for a ealth Science	Leslie Gross ehavioural oles and osky, et al. all s Students ences	



SEMESTER - IV

Option1: Elective in Critical Care Physiotherapy

COURSE CODE : COURSE TITLE

PTH7112 : Critical Care Physiotherapy

PTH7114 : Clinical Practice in Critical Care

Physiotherapy

PTH7180 : Research project in Cardiopulmonary

Sciences



Manip	al Colleg	e of Heal	th Profes	ssions			
Name of the Department	Physioth	nerapy					
Name of the Program	MPT						
Course Title	Critical	Care Phy	ysiothera	ру			
Course Code	PTH711	2					
Academic Year	Second						
Semester	IV						
Number of Credits	03						
Course Prerequisite				nce know tory phys	_	eutic	
Course Synopsis	application of cardiorespiratory physiotherapeutic skills. This course will work towards improving skill, knowledge and competency of the physiotherapist in performing planned and unplanned assessments in critically ill patients (with and without supported ventilation) through the appropriate choice of tests. The course will help the student develop expertise in performing rapid and thorough review of investigations to adapt and modify evaluations and interventions for the critically ill patient. It will enhance knowledge and evidence-based practice for providing critical care rehabilitation in the acute and sub-acute settings. The role of physiotherapists in providing care to the critically ill neonate and paediatric client will be touched upon as well. Clinical decision making, and team dynamics will be emphasized through evidence based practice and clinical supervised practical's. Emphasis will be given to safe, ethical practices in the critical care unit and students will be taught to identify						
Course Outcomes (COs):	'						
At the end of the course stu			unsafe pra		taught to	al's. es in the	
		l be able	to:	actice.		al's. es in the identify	
CO1 Evaluate and plan a ill patients (C4)	n multisys	l be able tem asse	to: ssment a	actice. nd manag		al's. es in the identify	
CO1 Evaluate and plan a	multisys	I be able tem asse	to: ssment and	actice. nd manag	gement of	al's. es in the didentify	
CO1 Evaluate and plan a ill patients (C4) CO2 Appraise and discus	n multisys ss evidend gement ar	I be able tem asse ce in Phys nd rehabil	to: ssment and siotherapy itation of	actice. nd manag / critically ill	ement of	al's. es in the didentify	
CO1 Evaluate and plan a ill patients (C4) CO2 Appraise and discus assessment, manage	n multisys ss evidend gement ar	I be able tem asse ce in Phys nd rehabil	to: ssment and siotherapy itation of	actice. nd manag / critically ill	ement of	al's. es in the didentify	
CO1 Evaluate and plan a ill patients (C4) CO2 Appraise and discus assessment, manage Mapping of Course Outco	multisys ss evidend gement ar mes (CO	I be able tem assected in Physical tem assected in Physical tem as a but	to: ssment and siotherapy itation of o	nd manag / critically ill	ement of I patients POs):	al's. es in the didentify critically	



Content	Competencies	Number of Hours			
Unit 1					
Basics of critical care units	 Define critical care (C1) Explain Critical care set up, Equipment, drugs, nutrition and common medical procedures in critical care (C3) Justify the role of physiotherapists in critical care (C5) 				
Unit 2					
Assessment, monitoring, clinical reasoning and outcome measures in Critical Care rehabilitation	Evaluate monitoring methods and evaluation of critically ill patients (C5) Sustify evaluation methods to Predict and identify critical care complications of the cardiopulmonary, neuromusculoskeletal, vascular and integumentary systems (C5) Explain documentation of initial assessment and daily progress (C3)	6			
Unit 3					
Critical Care investigations and its implications for Physiotherapy	 Examine and Interpret investigations like Arterial blood gas, chest Xray, CT scan, chest ultrasound and Echocardiography (C4) Justify treatment goals and intervention priorities based on physical examination and investigations (C5) 	6			
Unit 4					
Physiotherapy techniques and rationale	 Explain rationale and physiological basis for medical and physiotherapy techniques in critically ill patients (C2) Appraise evidence based physiotherapy techniques for optimisation of cardiopulmonary function in critically ill patients involving humidification, oxygen therapy, aerosol therapy, body positioning, lung expansion therapy, Ventilation (invasive and non-invasive) and airway clearance techniques to promote rehabilitation of critically ill patients (C5) 	10			
Unit 5					
Management of critical care adult patients	 Explain conditions requiring critical care and their management (medical and surgical) (C3) Apply an evidence based physiotherapy management of an adult patients with 	6			



Content	Competencies	Number of Hours
	primary and secondary cardiac, pulmonary, musculoskeletal, neurological, vascular and integumentary dysfunctions in critical care units inclusive of care of organ donors, transplant patients, patient on organ supports, epidemics and disaster (C3) 3. Explain rationale, evidence, safety and technique of early mobilization (C3)	
Unit 6		
Critical Care management of neonates, infants and paediatric patients	 Explain medical and physiotherapy techniques in critically ill neonates, infants and paediatric patients (C3) Explain physiotherapy interventions in the management of neonates, infants and paediatric patients affected with primary and secondary cardiac, pulmonary, musculoskeletal and neurological conditions (C3) 	4
Unit 13		
Safety, infection control and ethical considerations in Critical Care practice	 Appraise the infection control process, risk assessment and emergency management skills: (C3) Explain ethical considerations in critical care practice (C2) 	3
	Total	39

Learning Strategies, Contact Hours and Student Learning Time (SLT)						
Learning Strategies	Contac	Contact Hours		Student Learning Time (SLT)		
Lecture	1	13 26				
Seminar	4	4		8		
Small group discussion (SGD)	1	2		24		
Problem Based Learning (PBL)	(3		12		
Assessment	4	4 8				
Total	39 78					
Assessment Methods						
Formative	Summa	ative				
Presentations	Mid Ser	nester/S	essional Exa	ım (Theory)		
	End Se	mester E	xam (Theory	/)		
Mapping of Assessment with C	Os					
Nature of Assessment		(CO1	CO2		
Mid Semester / Sessional Exami	nation 1		Х	Х		
Presentations	·		X	X		
End Semester Exam		Х	Х			



Feedback Process:	Mid-Semester Feedback
	End-Semester Feedback
Main Reference:	 End-Semester Feedback Nunn's Applied Respiratory Physiology by Andrew B Lumb; 8th Ed, Elsevier (2017) Cardiovascular and Pulmonary Physical Therapy: Evidence to Practice by Donna Frownfelter & Elizabeth Dean; 5 th Ed, Elsevier (2012) Essentials of Cardiopulmonary Physical Therapy by Hillegass Ellen; 4th Ed, Elsevier (2017) Cardiopulmonary Physical Therapy: A Guide to Practice by Irwin Scot &Tecklin Jan Stephen; 4th Ed, Mosby (2004) Physiotherapy in Respiratory Care: An Evidence based approach to Respiratory and Cardiac Management by Alexandra Hough; 3rd Ed, Nelson Thornes Ltd (2001) Emergency Physiotherapy by Beverley Harden; Churchill Livingstone (2004) ICU Book by Paul Mariono; 4th Ed, Wolters Kluwer Health (India) Pvt Ltd (2014) Surgical Critical Care Hand Book: Guidelines for Care of the Surgical Patient in the ICU by Ali Jameel; World Scientific (2016) Critical Care by John M. Oropello, Stephen M. Pastores, Vladimir Kvetan; McGraw Hill Education (2017) Pilbeam's Mechanical Ventilation: Physiological and Clinical Applications by JM Cairo; 6th Ed Elsevier (2016) Cilnical application of mechanical ventilation by David Chang; 4th Ed, Cengage Learning India Pvt Ltd (2014) Management of the Mechanically Ventilated Patient by Lynelle B Pierce; 2nd Ed, Elsevier (2007) Related scientific publications including position statements, guidelines, landmark trials, systematic reviews and meta-analysis and recent trials a. Mobilization of intensive care patients: a multidisciplinary practical guide for clinicians. J Multidiscip Healthc. 2016 May 25;9:247-56



	Manipal College of Health Professions						
Name	of the Department	Physiotherapy					
Name	of the Program	MPT					
Cours	e Title	Clinical Practice in Critical Care Physiotherapy					
Cours	e Code	PTH7114					
Acade	mic Year	Second					
Semes	ster	IV					
Numb	er of Credits	03					
Cours	e Prerequisite	Students should have advance knowledge in application of cardiorespiratory physiotherapeutic skills.					
Cours	e Synopsis	This course will work towards improving skill, knowledge and competency of the physiotherapist in performing planned and unplanned assessments in critically ill patients (with and without supported ventilation) through the appropriate choice of tests. The course will help the student develop expertise in performing rapid and thorough review of investigations to adapt and modify evaluations and interventions for the critically ill patient. It will enhance knowledge and evidence-based practice for providing critical care rehabilitation in the acute and sub-acute settings. The role of physiotherapists in providing care to the critically ill neonate and paediatric patient will be touched upon as well. Clinical decision making, and team dynamics will be emphasized through evidence based practice and clinical supervised practicals. Emphasis will be given to safe, ethical practices in the critical care unit and students will be taught to identify potential risks of unsafe practice. The course will be delivered through supervised clinical practice.					
	e Outcomes (COs): end of the course s						
CO1	To apply fundamental and advanced knowledge in therapeutic sciences (C4, P5, A3)						
CO2	To use problem-solving principles and evidence-based practice in decision making of patient/client management (C4, P5, A3)						
CO3	To identify the scope and limitations of professional practices, manage and refer appropriately(C4, P5, A3)						
CO4	To communicate effectively in verbal and written forms with patients, their family/caregiver, peers, healthcare professionals and the stakeholders at large (C4, P5, A3)						



Mappir	Mapping of Course Outcomes (COs) to Program Outcomes (POs):							
COs	Os PO1 PO2 PO3 PO4 PO5 PO6						PO7	PO8
CO1		Х			Х			
CO2							Х	Х
CO3			Х				Х	
CO4				Х	Х			

Content Content and Ou	Competencies	Number
		of Hours
Unit 1:		
Evaluations in the critically ill neonates, infants, pediatric and adult patient	 Demonstrate monitoring methods and evaluations in the critically ill patient (C3, P5, A3) Demonstrate physiotherapy assessment of patients with medical and surgical management (C5, P5, A3) Demonstrate Physiotherapy assessment of neonates, infants and paediatric patients affected with cardiac, pulmonary, musculoskeletal and neurological conditions (C5, P5, A3) Demonstrate the use of validated outcome tools (C3, P5, A3) Discuss health related information with clients, caregivers, peers and health care professionals and displays ability to work as a team (C3, P5, A3) Display ethical and professional behavior (Autonomy, Beneficence and Justice) during assessment and intervention (A4) 	282
Unit 2:		
Management of critically ill neonates, infants, pediatric and adult patients	 Evaluate and plan a detailed evidence based Physiotherapy assessment and intervention for optimization of cardiopulmonary function in critically ill patients (C5, P5, A3) Demonstrate an evidence based physiotherapy management for patients with medical and surgical management (C5, P5, A3) Demonstrate a detailed evidence based Physiotherapy management of neonates, infants and pediatric patients affected with cardiac, pulmonary, musculoskeletal and neurological conditions (C5, P5, A3) Demonstrate the Safety, infection control and ethical considerations in Critical Care 	186



Content	Competencies	Number of Hours
	practice (C3, P5, A3) 5. Demonstrate the use of validated outcome tools (C3, P5, A3) 6. Discuss health related information with clients, caregivers, peers and health care professionals and displays ability to work as a team (C3, P5, A3) 7. Display ethical and professional behaviour (Autonomy, Beneficence and Justice) during assessment and intervention (A4)	
	Total	468

Learning Strategies,	Conta	ct Hours and	Stude	ent Lea	arning Time	(SLT)
Learning Strategies	Contact Hours		Student Learning Time (SLT)			
Self-Directed Learning (S	36		72			
Case Based Learning (Cl	BL)	28			56	
Clinic		360			-	
Revision		28			56	
Assessment		16			32	
Total		468			216	
Assessment Methods		•	•			
Formative		Summative				
Case presentations		End Semest	er Exa	ım (Pra	ctical)	
Clinical performance						
Mapping of Assessmen	t with (COs				
Nature of Assessment		CO1	(CO2	CO3	CO4
Case Presentations		x		Χ	x	Х
Clinical performance		x		Χ	x	Х
End Semester Exam		x		Χ	x	Х
Feedback Process	Mid	Mid-Semester Feedback				
	End-Semester Feedback					
Main Reference	2. C E E 3. E 4. C P	Nunn's Applied Respiratory Physiology by Andrew E Lumb; 8th Ed, Elsevier (2017) Cardiovascular and Pulmonary Physical Therapy: Evidence to Practice by Donna Frownfelter & Elizabeth Dean; 5 th Ed, Elsevier (2012) Essentials of Cardiopulmonary Physical Therapy by Hillegass Ellen; 4th Ed, Elsevier (2017) Cardiopulmonary Physical Therapy: A Guide to Practice by Irwin Scot &Tecklin Jan Stephen; 4th Ed Mosby (2004) Physiotherapy in Respiratory Care: An Evidence				



- based approach to Respiratory and Cardiac Management by Alexandra Hough; 3rd Ed, Nelson Thornes Ltd (2001)
- 6. Emergency Physiotherapy by Beverley Harden; Churchill Livingstone (2004)
- 7. ICU Book by Paul Mariono; 4th Ed, Wolters Kluwer Health (India) Pvt Ltd (2014)
- Surgical Critical Care Hand Book: Guidelines for Care of the Surgical Patient in the ICU by Ali Jameel; World Scientific (2016)
- 9. Critical Care by John M. Oropello, Stephen M. Pastores, Vladimir Kvetan; McGraw Hill Education (2017)
- Pilbeam's Mechanical Ventilation: Physiological and Clinical Applications by JM Cairo; 6th Ed Elsevier (2016)
- Clinical application of mechanical ventilation by David Chang; 4th Ed, Cengage Learning India Pvt Ltd (2014)
- 12. Management of the Mechanically Ventilated Patient by Lynelle B Pierce; 2nd Ed, Elsevier (2007)
- 13. Related scientific publications including position statements, guidelines, landmark trials, systematic reviews and meta-analysis and recent trials
- a. Mobilization of intensive care patients: a multidisciplinary practical guide for clinicians. J Multidiscip Healthc. 2016 May 25;9:247-56



	Manipal College of Health Professions							
Name	of the De	partment	Physio	therapy				
Name	of the Pro	ogram	Master of Physiotherapy (Cardiopulmonary Sciences)					ciences)
Course	e Title		Research Project in Cardiopulmonary Sciences					ences
Course	e Code		PTH71	80				
Acade	mic Year	,	Secon	d				
Semes	ster		IV					
Numbe	er of Cred	dits	05					
Course	e Prerequ	uisite				anced knoethodolog	_	n
Course	Course Synopsis This course is designed to facilitate the student to apply knowledge in Biostatistics to the data collected through data entry, data analysis and interpretation. The course will develop skills in the use of essential statistical software for the management and analyse of data. The course will also facilitate the application of knowledge of scientific writing into the final submission of the research project. The course will promote the student's ability to justify the study and its findings through both written and spoken method It will also sensitize the student to the process of developing a manuscript to a journal. The course was also expose the student to the guidelines on completion of a research project as per prevailing regulatory and institutional norms.					ollected etation. sential analysis lication se will dy and nethods. s of urse will		
		course stu	dent sha	all be able	to:			
CO1	Perform	data analys	is and i	nterpret re	sults (C4	, P4)		
CO2	Prepare and submit dissertation document and manuscript (P4)							
CO3	CO3 Present and defend dissertation (P4,A3)							
Mappi	Mapping of Course Outcomes (COs) to Program Outcomes (POs):							
COs	PO1	PO2	PO3 PO4 PO5 PO6 PO7 PO8					PO8
CO1	Х	Х						
CO2						Х	х	
CO3		X	Х	X				

Content	Competencies	Number of Hours
Unit 1:		
Data compilation	Perform data entry and prepare for analysis in statistical software (P4)	26



Content	Competencies	Number of Hours
Unit 2:		
Statistical analysis 1. Perform appropriate statistical tests and interprets the results (C5,P4) is the student expected to do the analysis		13
Unit 3:		
Dissertation and Manuscript writing	Prepare the dissertation document according to institutional guidelines (P4) Prepares manuscript for submission to an indexed journal (P4)	52
Unit 4:		
Dissertation presentation	Present and defend the dissertation to the relevant scientific committee(s) (P4, A3)	13
Unit 5:		
Closure report	Complete requirements regarding closure of research project (P4)	26
	Total	130

Learning Strategies, Contact Hours and Student Learning Time (SLT)							
Learning Strategi	es	Contact Hou	urs Student Learning Time (SLT)				
Small Group Discussion	(SGD)	16			32		
Self-directed learning (S	DL)	80			-		
Practical		10			-		
Assessment		24			48		
Total		130			80		
Assessment Methods							
Formative			Su	mmative	•		
Research Progress and	Conduc	t	Presentation and Viva				
Mapping of Assessme	nt with (COs					
Nature of Assessment				CO1	CO2	CO3	
Quiz / Viva						Х	
Assignments/Presentati	ons				х		
Clinical/Practical Log Bo	ok/ Rec	ord Book		Х			
End Semester Exam- V	iva					Х	
Feedback Process	Mid-Se	mester Feedb	ack				
	End-Se	emester Feedb	ack				
Main Reference	 Research for Physiotherapists: Project Design and Analysis – Caroline Hicks. Foundations of Clinical Research by Leslie Gross Portney 						



- 3. Tests, Measurements and Research in Behavioural Sciences by A K Singh
- 4. Physical Therapy Research: Principles and Applications by Elizabeth Domholdt
- 5. Rehabilitation Research E-Book: Principles and Applications by Russell Carter, Jay Lubinsky, et al.
- 6. Essentials of Research Methodology for all Physiotherapy and Allied Health Sciences Students by Ramalingam Thangamani A

NOTE: this is not an exhaustive list of references and there will be other textbooks and articles which should be referenced as well



SEMESTER - IV

Option 2: Elective in Cardiopulmonary rehabilitation

COURSE CODE: COURSE TITLE

PTH7122 : Physiotherapy in Cardiopulmonary

Rehabilitation

PTH7124 : Clinical Practice of Physiotherapy in

Cardiopulmonary Rehabilitation

PTH7180 : Research Project in Cardiopulmonary

Sciences



Manipal College of Health Professions										
Name	of the De	partment	Physiot	herapy						
Name	of the Pro	ogram	MPT	MPT						
Course	e Title		Physio	therapy i	n Cardio	pulmona	ry Rehabi	ilitation		
Course	e Code		PTH71	22						
Acade	mic Year		Second	<u> </u>						
Semes	ter		IV							
Numbe	er of Cred	dits	03							
Course	e Prerequ	iisite					_	eutic		
application of cardiorespiratory physiotherapeutic						atients nary ation will agement vascular an on the with ence to ence. Indary ous on about difference to the ence of the ence				
At the	end of the	course st	udent sha							
CO1		and plan ovascular	•				•	_		
Appraise and discuss evidence in Physiotherapy assessment and management for the prevention and rehabilitation of cardiovascular, pulmonary diseases and chronic diseases (C5)										
		rse Outc		-			· ·			
COs	PO1	PO2	PO3	PO4	PO5	PO6	P07	PO8		
CO1						Х	Х			
CO2						Х	Х			



Content	Competencies	Number of Hours
Unit 1:		
Essentials of cardiopulmonary rehabilitation and related outcome measures	 Recall the history of cardiac and pulmonary rehabilitation across the years. (C1) Explain in details the components of cardiac and pulmonary rehabilitation with reference to different guidelines.(C2) Assess exercise intolerance in cardiopulmonary, vascular and metabolic disease (C5) Explain biochemical primers, genetic factors and circulating microparticles in exercise and their contribution to exercise intolerance (C2) 	4
Unit 2	,	
Clinical Exercise Testing and Prescription	 Explain various purposes, basic principles and guidelines for health related fitness assessment (C2) Apply FIIT principle for aerobic, muscular and flexibility exercises (C3) Apply an evidence based exercise prescription (C3) 	10
Unit 3		
Physical activity for cardiovascular and pulmonary health,	 Definition of physical activity, its importance in health and disease (C1) Explain theories related to physical activity in adults (C3) Explain the use physical activity through use of validated outcome tools to evaluate physical activity (C4) Appraise strategies to promote physical activity to achieve cardiovascular and pulmonary health (C5) 	10
Unit 4	,	
Prevention of cardiovascular, endocrine, metabolic and pulmonary diseases	 Outline rationale for primary prevention and demonstrates competency in exercise-based treatments for primary prevention of cardiovascular, endocrine, metabolic and pulmonary diseases(C4) Explain public health programs for cardiovascular and pulmonary diseases in India and globally(C3) 	3



Content	Competencies	Number of Hours
Unit 5		
Delivery models of cardiac and pulmonary rehabilitation	 Justify modes of delivery for cardiovascular and pulmonary rehabilitation involving in- hospital, out-of-hospital, community based, home-based, worksite, telerehab/mHealth (C5) 	2
Unit 6		
Evidence based practice in cardiac and pulmonary rehabilitation for secondary and tertiary prevention and for target populations	 Outline core components of cardiac rehabilitation(C2) Appraise an evidence for cardiac rehabilitation/exercise in coronary artery disease ,post revascularization(medical PCI and CABG),heart failure, valve disease, arrhythmias(atrial fibrillation) , pacemakeres , congenital heart diseases, pulmonary hypertension, peripheral vascular disease and abdominal aortic aneurysm (C5) Appraise the evidence to support practice of cardiac rehabilitation and its guidelines for implementation in India, high income and low middle income countries (C5) Appraise the evidence for implementation of pulmonary rehabilitation/exercise in conditions like COPD,Cor pulmonale, Asthma, bronchiectasis, Interstitial Lung Disease, lung cancer, Obstructive Sleep Apnoea, and post thoracic surgery (C5) 	10
Exercise is medicine in chronic disease	 Explain concept of exercise is medicine (C3) Appraise the role of exercise in long term rehabilitation for chronic diseases (cardiovascular, pulmonary, metabolic and neuromuscular) with multisystem involvement (C5) 	
	Total	39

Learning Strategies, Contact Hours and Student Learning Time (SLT)						
Learning Strategies	Contact Hours	Student Learning Time (SLT)				
Lecture	13	26				
Seminar	4	8				
Small group discussion (SGD)	12	24				
Problem Based Learning (PBL)	6	12				
Assessment	4	8				
Total	39	78				



Assessment Method		or r rydiotriorapy (Gare				
Formative		Summative				
Presentations		Mid Semester/Sessional Exam (Theory)				
		End Semester Exam	` ,			
Mapping of Assessn	nent with COs		· · · · · · · · · · · · · · · · · · ·			
Nature of Assessme		CO1	CO2			
Mid Semester / Session	onal Examination 1	Х	Х			
Presentations		Х	Х			
End Semester Exam		Х	Х			
Feedback Process	Mid-Semester Fee	edback				
	End-Semester Fee	edback				
Main Reference	Eleanor Main & 2. Cardiovascular a Practice by Don Elsevier (2012) 3. Essentials of Ca Ellen; 4th Ed, El 4. Cardiopulmonar Irwin Scot &Tec 5. Pulmonary Reha Hodgkin et al.; 4 6. Pulmonary Reha Rachel Garrod; 7. Training Technic et al; Human Kir 8. ACSM's Guidelin Linda S Pescate (2014) 9. ACSM's Exercis Diseases and D Human Kinetics 10. Exercise Leader Based Approach 11. Related scientific guidelines, landra analysis and recardiovascular soutcomes. Circ In Spruit M et al. A Respiratory Soc pulmonary rehal 2013;188(8): e1 13. Fletcher GE et a a scientific state	y Physical Therapy: A G klin Jan Stephen; 4th Ed abilitation: Guidelines to th Ed, Mosby (2009) abilitation: An Interdiscip Whurr Publishers Ltd (2 ques in Cardiac Rehabili- netics Illinois (1998) nes for Exercise Testing ello et al; 9th Ed, Wolters e Management for Pers isabilities by Geoffrey M , Illinois (2016) eship in Cardiac Rehabili- n by Morag Thow; Wiley c publications including mark trials, systematic re- tent trials a. Lavie CJ, et system: clinical science a Res. 2015;117(2):207-15 n official American Thor- iety statement: key condoilitation.Am J Respir Cr	Elsevier Therapy: Evidence to eth Dean; 5th Ed, Therapy by Hillegass Guide to Practice by d, Mosby (2004) Success by John E. Indianay Approach by (2004) Success by Jo			



		Mani	pal Colle	ge of Hea	Ith Profe	ssions			
Name	of the Dep		-	Physiotherapy					
Name	of the Pro	gram	Master	Master of Physiotherapy (Cardiopulmonary Sciences)					
Course	e Title		Clinica		of Phys	iotherapy		,	
Course	Code		PTH71	•	,				
	mic Year		Second						
Semes			IV						
Numbe	er of Cred	its	03						
Course	e Prerequ	isite				nce knowl herapeutic	•	oplication	
Course Synopsis This course will work towards improving skill knowledge and competency of the physiother evaluating exercise capacity, fitness assess physical activity in patients with cardiopulmor diseases through the appropriate choice of The various of models of delivery for cardioperehabilitation will be discussed and methods integrate technology with rehabilitation will be addressed. Specific assessment and managestrategies will be discussed in various cardioperetunity for students to implement an increhabilitation program for patients with various cardiopulmonary disorders in accordance to practice guidelines and available evidence. importance of prevention (primary, secondatertiary) will be emphasized and the various available for this will be covered. The course				hysiother assessmaliopulmon oice of termotheds to manage us cardiover provide an indivitance to condary various secondary	erapist in ments and nary ests. ulmonary to e ement vascular an vidualized us current he y and schemes				
	Outcomend of the	•		shall be a	ble to:				
CO1	1	fundame				e in thera	peutic sci	ences	
CO2	making c	of patient/	client mar	nagement	(C4, P5,	•			
CO3	refer app	ropriately	(C4, P5,	A3)	<u> </u>	ional prac	· 		
CO4			•			forms with	•		
						and the s		rs at large	
	ng of Cou		•	1 -	1	1	1	T	
COs	PO1	PO2	PO3	PO4	PO5	P06	PO7	PO8	
CO1	Х	Х							
CO2							Х	Х	
CO3			Х		Х				
CO4			X		х		1	İ	



Content	Competencies	Number of Hours
Unit 1:		
Clinical Exercise Testing	 Demonstrate an evidence based health related fitness assessment (C4, P5, A3) Demonstrate a physiotherapy assessment based on physical activity (C4, P5, A3) Demonstrate assessment of post CABG, post valve replacement surgeries, heart failure, congenital heart diseases, pulmonary hypertension and peripheral vascular disease (C5, P5, A3) Demonstrate assessment of following conditions COPD, Cor pulmonale, Asthma, bronchiectasis, Interstitial Lung Disease, lung cancer, Obstructive Sleep Apnoea, and post thoracic surgery Demonstrate the use validated outcome tools (C3, P5, A3) Discuss health related information with clients, caregivers, peers and health care professionals and displays ability to work as a team (C3, P5, A3) Display ethical and professional behavior (Autonomy, Beneficence and Justice) during assessment and intervention (A4) 	282
Unit 2:	1	
Evidence based practice in cardiac and pulmonary rehabilitation for secondary and tertiary prevention and for target populations	 Demonstrate an evidence based exercise prescription for post CABG, post valve replacement surgeries, heart failure, congenital heart diseases, pulmonary hypertension and peripheral vascular disease (C5, P5, A3) Demonstrate an evidence based pulmonary rehabilitation involving exercise program for following conditions COPD, Cor pulmonale, Asthma, bronchiectasis, Interstitial Lung Disease, lung cancer, Obstructive Sleep Apnoea, and post thoracic surgery Demonstrate the use validated outcome tools (C3, P5, A3) Develop an evidence based modes of delivery for cardiac and pulmonary rehabilitation involving in-hospital, out-of-hospital, community based, home-based, worksite, telerehab/mHealth (C3, P5, A3) Plan a detailed evidence based exercise prescription based on physical activity (C4, 	186



Content	Competencies	Number of Hours
	 P5, A3) 5. Discuss health related information with clients, caregivers, peers and health care professionals and displays ability to work as a team (C3, P5, A3) 6. Display ethical and professional behaviour (Autonomy, Beneficence and Justice) during assessment and intervention (A4) 	
	Total	468

Learning Strategies, C	ontact I	Hours and S	tudent	Learn	ing Time (SI	_T)	
Learning Strategies		Contact He	ours	Student Learning Time (SLT)			
Self-Directed Learning (SDL)	36		72			
Case Based Learning (C	28			56			
Clinic		360			-		
Revision		28			56		
Assessment		16			32		
Total		468			216		
Assessment Methods							
Formative		Summative					
Case presentations		End Semest	er Exa	m (Pra	ictical)		
Clinical performance							
Mapping of Assessmen	nt with	COs					
Nature of Assessment		CO1	CC)2	CO3	CO4	
Case presentations		х	Х	(Х	Х	
Clinical performance		Х	Х	(Х	Х	
End Semester Exam		X	Х	(Х	Х	
Feedback Process	Mid-Se	emester Feedback					
	End-Se	emester Feed	lback				
Main Reference	 Cardiorespiratory Physiotherapy: Adults and paediatrics by Eleanor Main & Linda Denehy; 5th Ed, Elsevier Cardiovascular and Pulmonary Physical Therapy: Evidence to Practice by Donna Frownfelter & Elizabeth Dean; 5th Ed, Elsevier (2012) Essentials of Cardiopulmonary Physical Therapy by Hillegass Ellen; 4th Ed, Elsevier (2017) Cardiopulmonary Physical Therapy: A Guide to Practice by Irwin Scot &Tecklin Jan Stephen; 4th Ed, Mosby (2004) Pulmonary Rehabilitation: Guidelines to Success by John E. Hodgkin et al.; 4th Ed, Mosby (2009) 						



- 6. Pulmonary Rehabilitation: An Interdisciplinary Approach by Rachel Garrod; Whurr Publishers Ltd (2004)
- 7. Training Techniques in Cardiac Rehabilitation by Paul Fardy et al; Human Kinetics Illinois (1998)
- 8. ACSM's Guidelines for Exercise Testing and Prescription by Linda S Pescatello et al; 9th Ed, Wolters Kluwer Health Inc (2014)
- ACSM's Exercise Management for Persons with Chronic Diseases and Disabilities by Geoffrey Moore et al.;4th Ed, Human Kinetics, Illinois (2016)
- Exercise Leadership in Cardiac Rehabilitation: An Evidence-Based Approach by Morag Thow; Wiley, (2004)
- 11. Related scientific publications including position statements, guidelines, landmark trials, systematic reviews and meta-analysis and recent trials a. Lavie CJ, et al. Exercise and the cardiovascular system: clinical science and cardiovascular outcomes. Circ Res. 2015;117(2):207-19
- 12. Spruit M et al. An official American Thoracic Society/European Respiratory Society statement: key concepts and advances in pulmonary rehabilitation.Am J Respir Crit Care Med. 2013;188(8): e13-64c
- 13. Fletcher GE et al. Exercise standards for testing and training: a scientific statement from the American Heart Association. Circulation. 2013;128(8):873-934



Manipal College of Health Professions								
Name	of the De	partment	Physio	therapy				
Name	of the Pr	ogram	Master	of Physic	otherapy (Cardiopul	monary S	ciences)
Cours	e Title		Resea	rch Proje	ct in Car	diopulmo	nary Sci	ences
Cours	e Code		PTH71	80				
Acade	mic Year		Secon	d				
Semes	ster		IV					
Numb	er of Cred	dits	05					
Cours	e Prerequ	uisite	Students should have advanced knowledge in application of research methodology					n
Cours		nes (COs)	This course is designed to facilitate the student to apply knowledge in Biostatistics to the data collected through data entry, data analysis and interpretation. The course will develop skills in the use of essential statistical software for the management and analysis of data. The course will also facilitate the application of knowledge of scientific writing into the final submission of the research project. The course will promote the student's ability to justify the study and its findings through both written and spoken methods. It will also sensitize the student to the process of developing a manuscript to a journal. The course will also expose the student to the guidelines on completion of a research project as per prevailing regulatory and institutional norms.					
CO1		course student				D4)		
CO2		and submit		•	` '	·	ipt (P4)	
CO3		and defend					· · · · · /	
Mapping of Course Outcomes (COs) to Program Outcomes (POs):								
COs	PO1	PO2	PO3 PO4 PO5 PO6 PO7 PO8					
CO1	Х	Х						
CO2						х	х	
CO3		Х	Х					
		l l						

Content	Competencies	Number of Hours
Unit 1:		
Data compilation	Perform data entry and prepare for analysis in statistical software (P4)	26



Content	Competencies	Number of Hours
Unit 2:		
Statistical analysis	Perform appropriate statistical tests and interprets the results (C5,P4) is the student expected to do the analysis	13
Unit 3:		
Dissertation and Manuscript writing	 Prepare the dissertation document according to institutional guidelines (P4) Prepares manuscript for submission to an indexed journal (P4) 	52
Unit 4:		
Dissertation presentation	Present and defend the dissertation to the relevant scientific committee(s) (P4, A3)	13
Unit 5:		
Closure report	Complete requirements regarding closure of research project (P4)	26
Total		130

Learning Strategies	, Contact H	lours a	and Studen	t Lear	ning Time (S	LT)	
Learning Strat	egies	Cont	tact Hours	Student Learning Time (SLT)			
Small Group Discuss	sion (SGD)		16		32		
Self-directed learning	g (SDL)		80		-		
Practical			10		-		
Assessment			24		48		
Total			130		80		
Assessment Metho	ds						
Formative			Summative				
Research Progress a	and Conduct	F	Presentations and Viva				
Mapping of Assess	ment with C	COs					
Nature of Assessme	ent		C	D1	CO2	CO3	
Quiz / Viva						Х	
Assignments/Presen	tations				Х		
Clinical/Practical Log	Book/ Reco	ord Boo	ok >	(
End Semester Exam	- Viva					Х	
Feedback Process	Mid-Semes	Mid-Semester Feedback					
	End-Semester Feedback						
Main Reference			Physiotheraroline Hicks	•	Project Desig	n and	



- 2. Foundations of Clinical Research by Leslie Gross Portney
- 3. Tests, Measurements and Research in Behavioural Sciences by A K Singh
- 4. Physical Therapy Research: Principles and Applications by Elizabeth Domholdt
- 5. Rehabilitation Research E-Book: Principles and Applications by Russell Carter, Jay Lubinsky, et al.
- 6. Essentials of Research Methodology for all Physiotherapy and Allied Health Sciences Students by Ramalingam Thangamani A

NOTE: this is not an exhaustive list of references and there will be other textbooks and articles which should be referenced as well



SEMESTER - IV

Option 3: Elective in Health Promotion and Fitness

COURSE CODE: COURSE TITLE

PTH7132 : Physiotherapy in Health Promotion and

Fitness

PTH7134 : Clinical Practice of Physiotherapy in

Health Promotion and Fitness

PTH7180 : Research Project in Cardiopulmonary

Sciences



Name of the Program Physiotherapy Course Title Physiotherapy in Health Promotion and Fitness Course Code PTH7132 Academic Year Second Semester IV Number of Credits 03 Course Prerequisite Students should have advance knowledge in application of cardiorespiratory physiotherapeutic skills. Course Synopsis This course will work towards improving skill, knowledge and competency of the physiotherapist in performing fitness evaluation and physical activity assessments in healthy individuals and among those at risk or with various lifestyle diseases through the appropriate choice of tests. In addition, skills in the choice and use of field tests and sport related evaluations will be delivered through this course. These fitness evaluations will be for both adults, children, and individuals involved in sporting activities. The course will include an in-depth study of how behaviour is related and results in healthy lifestyle and how through various behavioural			Mani	pal Colle	ge of Hea	alth Profe	ssions				
Master of Physiotherapy (Cardiopulmonary Sciences) Course Title	Name	of the De		•							
Course Code PTH7132 Academic Year Second Semester IV Number of Credits 03 Course Prerequisite Students should have advance knowledge in application of cardiorespiratory physiotherapeutic skills. Course Synopsis This course will work towards improving skill, knowledge and competency of the physiotherapist in performing fitness evaluation and physical activity assessments in healthy individuals and among those at risk or with various lifestyle diseases through the appropriate choice of tests. In addition, skills in the choice and use of field tests and sport related evaluations will be delivered through this course. These fitness evaluations will be for both adults, children, and individuals involved in sporting activities. The course will include an in-depth study of how behaviour is related and results in healthy lifestyle and how through various behavioural theories, implementation strategies can be formulated to ensure adherence and motivation to healthy lifestyle. Specific assessment and management strategies will be discussed, which will provide an opportunity for students to implement an individualized rehabilitation program for individuals at risk or with lifestyle diseases in accordance with current practice guidelines and available evidence. Including the worksite as a potential site of delivery of program will be covered and strategies on how to implement such worksite-based programs will be discussed. The importance of primordial and primary prevention will be emphasized. Course Outcomes (COs): At the end of the course student shall be able to: CO1 evaluate and plan a multisystem assessment and management for health promotion and physical fitness (C4) CO2 appraise and discuss evidence in Physiotherapy assessment, prevention, management for health promotion and physical fitness (C5)			•			otherapy (Cardiopul	monary S	Sciences)		
Course Code PTH7132 Second Semester IV											
Seemester IV Number of Credits O3	Cours	e Code									
Semester IV			•								
Students should have advance knowledge in application of cardiorespiratory physiotherapeutic skills. Course Synopsis This course will work towards improving skill, knowledge and competency of the physiotherapist in performing fitness evaluation and physical activity assessments in healthy individuals and among those at risk or with various lifestyle diseases through the appropriate choice of tests. In addition, skills in the choice and use of field tests and sport related evaluations will be delivered through this course. These fitness evaluations will be for both adults, children, and individuals involved in sporting activities. The course will include an in-depth study of how behaviour is related and results in healthy lifestyle and how through various behavioural theories, implementation strategies can be formulated to ensure adherence and motivation to healthy lifestyle. Specific assessment and management strategies will be discussed, which will provide an opportunity for students to implement an individualized rehabilitation program for individuals at risk or with lifestyle diseases in accordance with current practice guidelines and available evidence. Including the worksite as a potential site of delivery of program will be covered and strategies on how to implement such worksite-based programs will be discussed. The importance of primordial and primary prevention will be emphasized. Course Outcomes (COs): At the end of the course student shall be able to: CO1 evaluate and plan a multisystem assessment and management for health promotion and physical fitness (C4) CO2 appraise and discuss evidence in Physiotherapy assessment, prevention, management for health promotion and physical fitness (C5) Mapping of Course Outcomes (COs) to Program Outcomes (POs): Cos PO1 PO2 PO3 PO4 PO5 PO6 PO7 PO8											
Students should have advance knowledge in application of cardiorespiratory physiotherapeutic skills. This course will work towards improving skill, knowledge and competency of the physiotherapist in performing fitness evaluation and physical activity assessments in healthy individuals and among those at risk or with various lifestyle diseases through the appropriate choice of tests. In addition, skills in the choice and use of field tests and sport related evaluations will be delivered through this course. These fitness evaluations will be for both adults, children, and individuals involved in sporting activities. The course will include an in-depth study of how behaviour is related and results in healthy lifestyle and how through various behavioural theories, implementation strategies can be formulated to ensure adherence and motivation to healthy lifestyle. Specific assessment and management strategies will be discussed, which will provide an opportunity for students to implement an individualized rehabilitation program for individuals at risk or with lifestyle diseases in accordance with current practice guidelines and available evidence. Including the worksite as a potential site of delivery of program will be covered and strategies on how to implement such worksite-based programs will be discussed. The importance of primordial and primary prevention will be emphasized. Course Outcomes (COs): At the end of the course student shall be able to: CO1 evaluate and plan a multisystem assessment and management for health promotion and physical fitness (C4) CO2 appraise and discuss evidence in Physiotherapy assessment, prevention, management for health promotion and physical fitness (C5) Mapping of Course Outcomes (COs) to Program Outcomes (POs): Cos PO1 PO2 PO3 PO4 PO5 PO6 PO7 PO8	Numb	er of Cre	dits	03							
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At the end of the course student shall be able to: CO1 evaluate and plan a multisystem assessment and management for health promotion and physical fitness (C4) CO2 appraise and discuss evidence in Physiotherapy assessment, prevention, management for health promotion and physical fitness (C5) Mapping of Course Outcomes (COs) to Program Outcomes (POs): Cos PO1 PO2 PO3 PO4 PO5 PO6 PO7 PO8 CO1 x x	Cours	e Synops	sis	knowled performassess at risk appropriate evaluation activition how be lifestyl theories to ensulate to ensulate evaluation activition how be lifestyl strategoportion individing risk or current lincluding programme implemation activities acti	skills. This course will work towards improving skill, knowledge and competency of the physiotherapist in performing fitness evaluation and physical activity assessments in healthy individuals and among those at risk or with various lifestyle diseases through the appropriate choice of tests. In addition, skills in the choice and use of field tests and sport related evaluations will be delivered through this course. These fitness evaluations will be for both adults, children, and individuals involved in sporting activities. The course will include an in-depth study of how behaviour is related and results in healthy lifestyle and how through various behavioural theories, implementation strategies can be formulated to ensure adherence and motivation to healthy lifestyle. Specific assessment and management strategies will be discussed, which will provide an opportunity for students to implement an individualized rehabilitation program for individuals at risk or with lifestyle diseases in accordance with current practice guidelines and available evidence. Including the worksite as a potential site of delivery of program will be covered and strategies on how to implement such worksite-based programs will be						
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promotion and physical fitness (C4) CO2 appraise and discuss evidence in Physiotherapy assessment, prevention, management for health promotion and physical fitness (C5) Mapping of Course Outcomes (COs) to Program Outcomes (POs): Cos PO1 PO2 PO3 PO4 PO5 PO6 PO7 PO8 CO1 x x											
management for health promotion and physical fitness (C5) Mapping of Course Outcomes (COs) to Program Outcomes (POs): Cos PO1 PO2 PO3 PO4 PO5 PO6 PO7 PO8 CO1 x x	CO1		•	•		essment a	nd manag	gement fo	r health		
Mapping of Course Outcomes (COs) to Program Outcomes (POs):CosPO1PO2PO3PO4PO5PO6PO7PO8CO1XXX	CO2										
CO1	·										
	Cos	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8		
CO2 X X	CO1						Х	Х			
	CO2						Х	Х			



Content	Competencies	Number of Hours
Unit 1:		
Exercise physiology in health and disease across lifespan	 Recall acute response and chronic adaptation to exercise (C1) Explain the concepts of fitness and wellness (C2) Assess exercise intolerance health across lifespan and non-communicable diseases (C5) Explain biochemical primers, genetic factors and circulating microparticles in exercise and their contribution to exercise intolerance (C2) 	6
Unit 2:		T
Exercise Testing and Prescription	 Justify the fitness assessment methods (health related and performance based assessment) (C5)) Justify rationale for exercise prescription (C5) 	6
Unit 3		
Exercise Testing and Prescription in special population	 Justify clinical reasoning for exercise testing and prescription in special populations(C5) Appraise evidence for exercise prescription in special populations across lifespan (C5) 	6
Unit 4		
Physical activity measurement for health	 Define physical activity, its importance in health and disease (C1) Explain theories related to physical activity in adults (C3) Explain the use physical activity through use of validated outcome tools to evaluate physical activity (C4) Appraise strategies to promote physical activity through various sites (Schools, community, worksite) and technologies (mHealth, internet, social media, devices) (C5) 	6
Unit 5		
Worksite health and wellness	 Recall history and description of worksite health and wellness (C1) Justify the strategies on using the workplace as a site for promotion of health and well being for primary, secondary and tertiary prevention (C5) 	5



Content	Competencies	Number of Hours
Unit 6		
Evidence based primordial and primary prevention of noncommunicable diseases	 Justify the strategies used to promote healthy lifestyle in healthy and high-risk individuals to prevent non-communicable diseases (including diabetic foot syndrome) (C5) Appraise evidence- for primordial and primary prevention of non-communicable diseases (including diabetic foot syndrome) (C5) 	5
Unit 7		
Evidence based behavioral strategies for promoting health	 Analyse Behavioural theories related to healthy lifestyle (C4) Discuss the behavioral strategies for promoting and maintaining health (diet, stress, smoking, sedentary behavior) and fitness(C5) 	5
	Total	39

Learning Strategies, C	ontact H	lours and	d Studer	nt Learning	Time (SLT)		
Learning Strategies		1	Hours	<u> </u>			
Lecture		1:	3		26		
Seminar		4	ļ		8		
Small group discussion	(SGD)	1:	2		24		
Problem Based Learnin	g (PBL)	6	6		12		
Assessment		4	ļ		8		
Total		39	9		78		
Assessment Methods							
Formative		Summa	Summative:				
Seminars		Mid Semester/Sessional Exam (Theory)					
		End Semester Exam (Theory)					
Mapping of Assessme	nt with (COs					
Nature of Assessment				CO1	CO2		
Mid Semester / Session	al Exami	nation 1		Χ	X		
End Semester Exam			Х		X		
Feedback Process	Mid-Se	emester F	eedback	(
	End-S	emester F	-eedbac	k			
Main Reference	Per Vic 2. Ess Mc 3. Phy	 Exercise Physiology: Energy, Nutrition and Human Performance by William McArdle, Frank I. Katch, Victor K. Katch; 7th edition (2010) Essentials of Exercise Physiology by William McArdle et al; Wolters Kluwer Health Inc (2016) Physiology of Sport and exercise by Kenney W Larry; Wilmore Jack H; 6th Ed, Human Kinetics 					



- Illinois (2015)
- 4. ACSM's Advanced Exercise Physiology by Peter Farrell et al; 2nd Ed, Human Kinetics Illinois (2012)
- 5. ACSM's Foundations of Strength Training and Conditioning by Nicholas Ratamess et al; Wolters Kluwer Health Inc (2012)
- 6. ACSM's Guidelines for Exercise Testing and Prescription by Linda S Pescatello et al; 9th Ed, Wolters Kluwer Health Inc (2014)
- 7. ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription by David Swain et al. 7th Ed, Wolters Kluwer Health Inc (2014)
- 8. Health Promotion Settings: Principles and Practice by Angela Scriven & Margaret Hodgins; Sage Publications (2012)
- 9. Health Promotion Throughout the Life Span by Carole Edelman et al.; 6th Ed, Elsevier (2006)
- 10.Related scientific publications including position statements, guidelines, landmark trials, systematic reviews and meta-analysis and recent trials
- 11.Lobelo F et al. Routine Assessment and Promotion of Physical Activity in Healthcare Settings: A Scientific Statement From the American Heart Association. Circulation.2018;137(18):e495-e522
- 12.Starth SJ et al. Guide to the assessment of physical activity: Clinical and research applications: a scientific statement from the American Heart Association. Circulation. 2013;128(20):2259-79



Manip	al College of Health Professions
Name of the Department	Physiotherapy
Name of the Program	Master of Physiotherapy (Cardiopulmonary Sciences)
Course Title	Clinical Practice of Physiotherapy in Health Promotion and Fitness
Course Code	PTH7134
Academic Year	Second
Semester	IV
Number of Credits	03
Course Prerequisite	Students should have advance knowledge in application of cardiorespiratory physiotherapeutic skills.
Course Synopsis	This course will work towards improving skill, knowledge and competency of the physiotherapist in performing fitness evaluation and physical activity assessments in healthy individuals and among those at risk or with various lifestyle diseases through the appropriate choice of tests. In addition, skills in the choice and use of field tests and sport related evaluations will be delivered through this course. These fitness evaluations will be for both adults, children, and individuals involved in sporting activities. The course will include an in-depth study of how behaviour is related and results in healthy lifestyle and how through various behavioural theories, implementation strategies can be formulated to ensure adherence and motivation to healthy lifestyle. Specific assessment and management strategies will be discussed, which will provide an opportunity for students to implement an individualized rehabilitation program for individuals at risk or with lifestyle diseases in accordance with current practice guidelines and available evidence. Including the worksite as a potential site of delivery of program will be covered and strategies on how to implement such worksite-based programs will be discussed. The importance of primordial and primary prevention will be emphasized. The course will be delivered through supervised clinical practice



	Outcome	, ,	student s		ble to:			•	
CO1		To apply fundamental and advanced knowledge in therapeutic sciences (C4, P5, A3)							
CO2	To use problem-solving principles and evidence-based practice in decision making of patient/client management (C4, P5, A3)								
CO3		ify the sco	•		of profess	sional pra	ctices, ma	nage	
CO4	their fam	nunicate e nily/caregiv Iders at la	ver, peers	s, healthc				nts,	
Mappir	ng of Cou	rse Outco	mes (CC	s) to Pro	gram Ou	tcomes (POs):		
COs	PO1	PO2	PO3	PO4	PO5	PO6	P07	PO8	
CO1	Х	Х							
CO2							Х	Х	
CO3	Х	Х							
CO4			Х		Х				

Content	Competencies	Number of Hours
Unit 1:		
Clinical Exercise Testing and Prescription	 Demonstrate physiotherapy assessment of strength, endurance, flexibility and body composition and execute exercise prescription (C4, P5, A3) Demonstrate physiotherapy assessment involving field tests in health, disease and sports (C4, P5, A3) Plan a detailed physiotherapy assessment of speed, agility, balance, reaction time, coordination and power (C4, P5, A3) Demonstrate the use validated outcome tools (C3, P5, A3) Discuss health related information with clients, caregivers, peers and health care professionals and displays ability to work as a team (C3, P5, A3) Display ethical and professional behavior (Autonomy, Beneficence and Justice) during assessment and intervention (A4) 	282
Unit 2:		
Evidence based primordial and primary prevention of	Construct an evidence based Physiotherapy intervention for to promote healthy lifestyle in healthy and high-risk individuals to prevent non-communicable diseases (including	186



Content	Competencies	Number of Hours
noncommunicable diseases	 diabetic foot syndrome) (C5, P4, A3) 2. Formulate and apply evidence based behavioral strategies for promoting health including health and fitness counselling (C5, P5, A3) 3. Develop an evidence based exercise prescription based on physical activity (C3, P5, A3) 4. Plan exercise prescription for adult and paediatric population (C4, P5, A3) 5. Evaluate and plan an evidence based strategies on using the workplace as a site for promotion of health and well being for primary, secondary and tertiary prevention (C4, P5, A3) 6. Demonstrate the use validated outcome tools (C3, P5, A3) 7. Discuss health related information with clients, caregivers, peers and health care professionals and displays ability to work as a team (C3, P5, A3) 8. Display ethical and professional behaviour (Autonomy, Beneficence and Justice) during assessment and intervention (A4) 	
	Total	468

Learning Strategies, Contact Hours and Student Learning Time (SLT)								
Learning Strategies	Contact H	ours	Stude	nt Learning	Time (SLT)			
Self-Directed Learning (SDL)	36			72				
Case Based Learning (CBL)	28			56				
Clinic	360			-				
Revision	28			56				
Assessment	16			32				
Total	468			216				
Assessment Methods	•							
Formative	Summative	;						
Case presentations	End Semes	ter Exa	am (Pra	actical)				
Clinical performance								
Mapping of Assessment with	COs							
Nature of Assessment	CO1	C) 2	CO3	CO4			
Case presentations	x x x x							
Clinical performance	х	x x x x						
End Semester Exam	х	>	(Х	х			



Feedback Process	Mid-Semester Feedback
	End-Semester Feedback
Main Reference	 Exercise Physiology: Energy, Nutrition and Human Performance by William McArdle, Frank I. Katch, Victor K. Katch; 7th edition (2010) Essentials of Exercise Physiology by William McArdle et al; Wolters Kluwer Health Inc (2016) Physiology of Sport and exercise by Kenney W Larry; Wilmore Jack H; 6th Ed, Human Kinetics Illinois (2015) ACSM's Advanced Exercise Physiology by Peter Farrell et al; 2nd Ed, Human Kinetics Illinois (2012) ACSM's Foundations of Strength Training and Conditioning by Nicholas Ratamess et al; Wolters Kluwer Health Inc (2012) ACSM's Guidelines for Exercise Testing and Prescription by Linda S Pescatello et al; 9th Ed, Wolters Kluwer Health Inc (2014) ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription by David Swain et al. 7th Ed, Wolters Kluwer Health Inc (2014) Health Promotion Settings: Principles and Practice by Angela Scriven & Margaret Hodgins; Sage Publications (2012) Health Promotion Throughout the Life Span by Carole Edelman et al.; 6th Ed, Elsevier (2006) Related scientific publications including position statements, guidelines, landmark trials, systematic reviews and meta-analysis and recent trials Lobelo F et al. Routine Assessment and Promotion of Physical Activity in Healthcare Settings: A Scientific Statement From the American Heart Association. Circulation.2018;137(18):e495-e522 Starth SJ et al. Guide to the assessment of physical activity: Clinical and research applications: a scientific statement from the American Heart Association. Circulation. 2013;128(20):2259-79



	Manipal College of Health Professions									
Name o	f the De	partment	Physio	therapy						
Name o	f the Pro	ogram	Master	Master of Physiotherapy (Cardiopulmonary Sciences)						
Course	Title	-		Research Project in Cardiopulmonary Sciences						
Course	Code		PTH71	PTH7180						
Academ	nic Year		Secon	d						
Semest	er		IV							
Number	r of Cred	dits	05							
Course	Prerequ	uisite		nts should ation of re			_	n		
Course			application of research methodology This course is designed to facilitate the student to apply knowledge in Biostatistics to the data collected through data entry, data analysis and interpretation. The course will develop skills in the use of essential statistical software for the management and analysis of data. The course will also facilitate the application of knowledge of scientific writing into the final submission of the research project. The course will promote the student's ability to justify the study and its findings through both written and spoken methods It will also sensitize the student to the process of developing a manuscript to a journal. The course will also expose the student to the guidelines on completion of a research project as per prevailing							
		nes (COs) course stu	dent sh:	all he ahle	to:					
		data analys				. P4)				
		and submit			•	•	pt (P4)			
ł – –	CO3 Present and defend dissertation (P4,A3)									
1	Mapping of Course Outcomes (COs) to Program Outcomes (POs):									
COs	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8		
CO1	Х	Х								
CO2						Х	Х			
CO3		Χ	Х							

Content	Competencies	Number of Hours
Unit 1:		
Data compilation	Perform data entry and prepare for analysis in statistical software (P4)	26



Content	Competencies	Number of Hours
Unit 2:		
Statistical analysis	Perform appropriate statistical tests and interprets the results (C5,P4) is the student expected to do the analysis	13
Unit 3:		
Dissertation and Manuscript writing	Prepare the dissertation document according to institutional guidelines (P4) Prepares manuscript for submission to an indexed journal (P4)	52
Unit 4:		
Dissertation presentation	Present and defend the dissertation to the relevant scientific committee(s) (P4, A3)	13
Unit 5:		
Closure report	Complete requirements regarding closure of research project (P4)	26
_	Total	130

Learning Strategies, Contact Hours and Student Learning Time (SLT)							
Learning Strate	gies	Conta	act Hou	ırs	Student Learning Time (SLT)		
Small Group Discussi	on (SGD)		16			32	
Self-directed learning	(SDL)		80			-	
Practical			10			-	
Assessment			24			48	
Total			130			80	
Assessment Methods							
Formative			Summ	nativ	ve		
Research Progress and Conduct			Presei	ntati	ion and	Viva	
Mapping of Assessn	nent with (COs					
Nature of Assessme	nt			CC)1	CO2	CO3
Quiz / Viva							Х
Assignments/Presenta	ations					X	
Clinical/Practical Log	Book/ Reco	ord Boo	ok	Х			
End Semester Exam-	Viva						Х
Feedback Process	Mid-Seme	ester Fe	eedback	(
	End-Semester Feedback						
Main Reference	 Research for Physiotherapists: Project Design and Analysis – Caroline Hicks. Foundations of Clinical Research by Leslie Gross Portney 						



- 3. Tests, Measurements and Research in Behavioural Sciences by A K Singh
- 4. Physical Therapy Research: Principles and Applications by Elizabeth Domholdt
- 5. Rehabilitation Research E-Book: Principles and Applications by Russell Carter, Jay Lubinsky, et al.
- 6. Essentials of Research Methodology for all Physiotherapy and Allied Health Sciences Students by Ramalingam Thangamani A

NOTE: this is not an exhaustive list of references and there will be other textbooks and articles which should be referenced as well



7. Program Outcomes (POs) and Course Outcomes (COs) Mapping

Sem.	Course Code	Course Title	Credits	PO1	PO2	PO3	PO4	PO5	PO6	P07	PO8
I	ABS6101	Advanced Biostatistics & Research Methodology	4	CO1 CO2 CO3 CO4 CO5					CO2	CO4	
I	PTH6001	Principles of Physiotherapy Practice	3	CO1 CO2 CO3 CO4 CO5					CO4 CO5		CO1
I	PTH6003	Clinical Practice in Physiotherapy	12		CO1 CO2 CO3 CO4		CO1 CO2 CO4		CO3		
I	PTH6170	Research Proposal in cardiopulmonary sciences Physiotherapy	2	CO1	CO1 CO2			CO2			
II	EPG6201	Ethics and Pedagogy	2	CO1 CO2 CO3 CO4 CO5	CO4		CO1 CO2 CO3 CO5				
II	PTH6102	Foundations of Physiotherapy in Cardiopulmonary sciences	3	CO1 CO2 CO3	CO1 CO2 CO3						
II	PTH6104	Physiotherapy clinical practice in Cardiopulmonary sciences-I	12	CO1	CO2		CO3	CO3		CO1 CO2	
II	PTH6180	Research progress in cardiopulmonary sciences-I	2		CO2	CO2	CO1		CO1		
III	PTH7101	Physiotherapy in general Cardiopulmonary sciences	3	CO1 CO2	CO1 CO2						
III	PTH7103	Physiotherapy clinical practice in cardiopulmonary sciences –II	12	CO1	CO1	CO3		CO3	CO2 CO4	CO2 CO4	

,	1	ĺ	ı	1	1	1	1	1	1		
Sem.	Course Code	Course Title	Credits	PO1	PO2	PO3	PO4	PO5	PO6	P07	PO8
III	PTH7105	Evidence based physiotherapy practice in cardiopulmonary sciences	2	CO2 CO3					CO1 CO2 CO3	CO1	
III	PTH7170	Research Progress in cardiopulmonary sciences –II	3	CO1	CO1 CO3	CO2		CO2	CO3		
IV	PTH7112	Physiotherapy in critical care physiotherapy	3						CO1 CO2	CO1 CO2	
IV	PTH7114	Clinical Physiotherapy in critical care Physiotherapy	12		CO1	CO3	CO4	CO1 CO4		CO2 CO3	CO2
IV	PTH7180	Research project in cardiopulmonary sciences	5	CO1	CO1 CO3	CO3			CO2	CO2	
IV	PTH7122	Physiotherapy in cardiopulmonary rehabilitation	3						CO1 CO2	CO1 CO2	
IV	PTH7124	Clinical Physiotherapy in cardiopulmonary rehabilitation	12	CO1	CO2	CO3 CO4		CO3 CO4		CO2	CO2
IV	PTH7180	Research project in cardiopulmonary sciences	5	CO1	CO1 CO3	CO3			CO2	CO2	
IV	PTH7132	Physiotherapy in Health Promotion and Fitness	3						CO1 CO2	CO1 CO2	
IV	PTH7134	Clinical Physiotherapy in Health Promotion and Fitness	12	CO1 CO3	CO1 CO3	CO4		CO4		CO2	CO2
IV	PTH7180	Research project in cardiopulmonary sciences	5	CO1	CO1 CO3	CO3			CO2	CO2	



8. MCHP PG PROGRAM REGULATION

1. Program Structure

- 1.1. The program offers a semester based credit system (with few programs offering specialization too).
- An academic year consists of two semesters Odd semester (July December)
 and Even semester (January June)
- 1.3 Each semester shall extend over a minimum period of 13 weeks of academic delivery excluding examination days, semester breaks, declared holidays and non-academic events.
- 1.4 Medium of instruction shall be in English

2 Credit Distribution

2.1 Each semester has minimum 13 weeks of contact sessions. One credit = 13 hours. The credit distribution hours for Lecture, Tutorial, Practical, Clinics and Project are as follows:

Lecture (L) : 1 Hour /week = 1 credit

Tutorial (T) : 1 Hour /week = 1 credit

Practical/Project (P/PR) : 2 Hours/week = 1 credit

Clinics (CL) : 3 Hours/week = 1 credit

2.2 A semester has courses structured as theory, practical, and clinics. Each course is of minimum 2 credits. The maximum credits for theory course is 4; theory and practical combined is 5.

3 Attendance

3.1 Minimum attendance requirements for each course is:

i. Theory : 85 %ii. Clinics / Practical : 90 %

- 3.1 As per the directives of MAHE, there will be no consideration for leave on medical grounds. The student will have to adjust the same in the minimum prescribed attendance.
- 3.2 Students requiring **leave** during the academic session should apply for the same through a formal application to the Head of Department through their respective Class In-charge/ Coordinator. The leave will be considered as absent and reflected in their attendance requirements.



- 3.3 No leverage will be given by the department for any attendance shortage.
- 3.4 Students, Parents/ guardians can access the attendance status online periodically. Separate intimation regarding attendance status would not be sent to parents/students.
- 3.5 Students having attendance shortage in any course (theory & practical) will not be permitted to appear for the End-semester exam (ESE) of the respective course.

4 Examination

- 4.1 Exams are in two forms Sessional examination (conducted as a part of internal assessment) and End semester examination.
- 4.2 The final evaluation for each course shall be based on Internal Assessment Components (IAC) and the End-semester examinations (ESE) based on the weightage (as indicated in clause 5.1) given for respective courses.
- 4.3 IAC shall be done on the basis of a continuous evaluation after assessing the performance of the student in mid semester exam, class participation, assignments, seminars or any other component as applicable to a course.
- 4.4 All the ESE for the odd semesters (regular ESE) will be conducted in November-December. All the ESE for the even semesters (regular ESE) will be conducted in May-June.
- 4.5 For those whose failed to clear any course during regular ESE, a **supplementary/make up exam** is conducted 2 weeks immediately after the ESE result declaration to enable him / her to earn those lost credits. A nominal fee as per MAHE rules will be applicable during this examination.
- 4.6 For core courses, the duration of ESE for a 2 credit course would be 2 hours (50 marks) and for a course with 3 or more credits, 3 hours (100 marks). For program elective course, the exam duration is 3 hours (100 marks).



5. Weightage for Internal Assessment Component (IAC) and End Semester Exam (ESE)

5.1 Any one or a combination of marks distribution criteria applicable to a course.

IAC Weightage (%)	ESE Weightage (%)
30	70
50	50
100	Nil
Nil	100

6. Minimum Requirements for Pass

- 6.1. Pass in a course will be reflected as grades. No candidate shall be declared to have passed in any course unless he/she obtains not less than "E" grade
- 6.2. For all courses (core / non-core), candidate should obtain a minimum of 50% (ESE) to be declared as pass.
- 6.3 When a student appears for **supplementary examination**, the maximum grade awarded is "C" grade or below irrespective of their performance.
- 6.4. For students who fail to secure a minimum of 'E' grade for a course, an improvement examination is conducted to improve their IAC marks. The student can appear for these examination along with the subsequent batches' mid semester / sessional exams. The marks obtained in other components of IAC can be carried forward without reassessment. A nominal fee is charged as per MAHE for per course of improvement in IAC.

7. Calculation of GPA and CGPA

- 7.1. Evaluation and Grading (**Relative Grading**) of students shall be based on GPA (Grade Point Average) & CGPA (Cumulative Grade Point Average).
- 7.2. The overall performance of a student in each semester is indicated by the Grade Point Average (GPA). The overall performance of the student for the entire program is indicated by the Cumulative Grade Point Average (CGPA).
- 7.3. A ten (10) point grading system (**credit value**) is used for awarding a letter grade in each course.

Letter Grade	A+	Α	В	С	D	Е	F/I/DT
Grade points	10	9	8	7	6	5	0

DT – Detained/Attendance shortage, I – Incomplete



7.4 Calculation of GPA & CGPA: An example is provided

Course code	Course	Credits (a)	Grade obtained by the student	Credit value (b)	Grade Points (a x b)
AHS 101	Course - 1	4	В	8	32
AHS 103	Course - 2	4	В	8	32
AHS 105	Course - 3	3	A+	10	30
AHS 107	Course - 4	4	С	7	28
AHS 109	Course - 5	5	Α	9	45
TOTAL		20	-	-	167

1st Semester GPA = Total grade points / total credits

167/20 = 8.35

Suppose in 2nd semester GPA = 7 with respective course credit 25

Then, 1st Year CGPA =
$$\frac{(8.35 \times 20) + (7 \times 25)}{20 + 25} = 7.6$$

8. Progression Criteria to higher semesters

- 8.1 There is no separate criteria / credits required in order to be promoted to the next academic year.
- 8.2 However, in order to be eligible to appear for fourth semester (Theory / practical / project submission), the student should have cleared all his previous semesters (i.e. first, second and third).
- 8.4 The student must complete all the course work requirements by a **maximum of double the program duration**. For e.g. 2 years' program, all the academic
 course work needs to be completed within 4 years. Failure to do so will result in
 exit from the program.

9. Semester Break

9.1 Students will have a short semester break following their odd and even endsemester examinations.



10. Project / Dissertation

- 10.1 Project / Dissertation will carry credits and marks (as applicable to each program)
- 10.2 Final copy of dissertation (e-copy) to be submitted by end of March for plagiarism check and submission to University. A single hardcopy (student copy) of the dissertation to be prepared and presented before the external examiner during the viva-voce.
- 10.3 **Manuscript** format of the thesis also to be submitted to the respective guides / dept.

11. Award of Degree

11.1 Degree is awarded only on successful completion of entire coursework.

Head of the Department	Dean
Deputy Registrar - Academics	Registrar